

THE MESSENGER

YMCA

OFFICIAL NEWSLETTER OF THE PENANG YMCA

JULY TO DECEMBER 2017

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THE MESSENGER OF YMCA PENANG is printed twice yearly and issued free for all Members. All articles published in this Newsletter are strictly for Member and Associates.

The articles and opinions expressed in the Newsletter do not necessarily reflect those of the Board and Editorial Committee. The Editorial Committee reserves the right to reject or edit any contribution to the Newsletter.

We thank you all for your articles, contributions and appreciate your continuous support.



President's Message



It had been widely anticipated that the year 2017 would be the pivotal year for Malaysian politics, as it was commonly accepted that the crucial G.E. 14 was to be held before the year is over. Well, we are now at the close of the year and there is no G.E. 14 in sight. Whatever this might portend, we as loyal citizens must continue in support of justice, freedom, love and peace. Let us not fail to pray fervently for the Lord's blessings, empowerment and success for all forces striving to bring about beneficial transformation in our beloved Malaysia. May those who seemed to have wavered in the past, be now awakened to the real and present danger lurking to destroy all the values we hold dear to our hearts.

Our Penang YMCA is preparing to commemorate and celebrate our 60th Anniversary soon in the year 2019. We are hoping to be able to successfully launch our campsite project in conjunction with this milestone Anniversary Year.

We want to welcome and thank Mr. Albert Lai, an eminent Engineer for consenting to assist us in this project as our Honorary Consultant Advisor. May the Lord bless him with success even as he carries out and performs this role as our Honorary Consultant Advisor. As a service movement with emphasis on Youth, we need to remain focused on what our modern day young people really want. That is why it is necessary to encourage young people to come forward and get committed to the activities of our Y. We need you to

chart your own future interests so that we may always remain relevant. Some of our younger Directors and Staff members have shown deep commitment to the vision and mission of the YMCA movement. They have even been sponsored to attend training courses, seminars and conferences not only within Malaysia but also in other countries in Asia, Europe and the American continent. We hope to reach out to more of such young people to make our Y truly vibrant and responsive to the need of the young people of today.

Youth who respond and serve faithfully in the Y achieve a rewarding and fulfilling life. They are also able to successfully reach out to their fellow youth and help them do likewise!

We want to thank the Lord for the blessings received all these years. May we be worthy to continue to receive such blessings for the years to come.

In closing, I would like to take this opportunity to thank all my Directors, Staff, Members, Volunteers and Supporters for the support given to me and the Penang YMCA. Thank you, every one of you. May I also now wish you 'A Blessed Merry Christmas & A Happy New year 2018'.

TO GOD BE THE GLORY!

*Geh Cheng Lok, DJN, PJK
President
YMCA of Penang*

General Secretary's Reflection

This issue of THE MESSENGER brings us to the end of 2017. I remembered mentioning in the July-December 2016 issue of the Messenger that moving into 2017 is like moving into another challenge.

As I reflected on the above, 2017 passed so fast that the challenges are still staring at us in 2018. To look forward I call it a journey for renewal and correction to churn out creative, relevant activities and programs as we partner and work with our volunteers and local communities.

With challenges also come the joy of meeting and making new friends through our Global Alternative Tourism Network (GATN). I could see the number of youths we were able to engage through this program both locally and internationally. The local community that we worked with at Lahar Yooi was also as enthusiastic and eager to forge their friendship through their traditional activities, culture and food. GATN is truly a good platform for the Y to be connected with each another, learn from each other coupled with the economic support received from the sending Y.

We completed year 2017 with our Christmas Party for the Underprivileged Children in December. This is the 6th year that we organized this event with the theme "Joy and Blessings". The continual support from our benefactors and volunteers was encouraging. We had a good run with 190 children and 70 volunteers. We would like to thank our benefactors and volunteers for journeying the 2nd miles with us for the last 6 years.

Moving into 2018 will be the continual development of our campsite and the search for a suitable candidate/s to be our partner to start a social enterprise at the Y.

With all these on my mind I am also reminded of the joy of a generous God (Psalm 23:5) – The joy of abundance reminds me of the generosity of God. He makes our cup overflow. May the good Lord continue to bless the YMCA of Penang.

Ong Sooi Gaik
General Secretary

The Poor in the Land

Deuteronomy 15:1-18

Poverty is a serious problem not only during the ancient days but more so a pressing issue today in a world rich with resources. This article is a sermon preached by highly respected pastor, Rev. Hwa Jen on social concerns Sunday, 9th July 2017 at Penang Wesley Methodist Church. The scriptural text from Deuteronomy teaches how the poor are liberated from debt which could otherwise trap them in a vicious cycle of poverty. There is much we can learn from this message which is very relevant to YMCA since our mission is to show the love of Christ by helping the poor and needy.

At the start of his sermon Rev. Hwa Jen presents a case story, highlighting how some of the poor in Malaysia are kept perpetually poor by the unscrupulous and greedy. This was his personal experience as a pastor serving in Segamat Johor, 20 years ago where he learnt of the plight of many poor Indian families who had been bonded to the estate for generations and could not escape the vicious cycle that kept them in poverty.



A Case Story in Malaysia – The story of Indentured/Bonded Labour

Many poor families in Malaysia are exploited by unscrupulous people who keep them perpetually poor by a corrupt system of indentured/bonded labour. In principle it seems an ideal instrument where the poor receive financial assistance to learn a trade or venture abroad for better opportunities.

The problem begins when a poor man wants to learn a trade or venture overseas to find work but has no means to do so. He borrows money and indentures himself to work for a master or landowner for a number of years. At the end of the period he is set free to venture on

his own. In practice it is not that straight forward as the poor labourers are subject to all kinds of harsh and dangerous conditions, violence, coercion and abuses.

This was the mode for many poor migrant workers from India and China who came to Malaysia in the early 19th and 20th Century to work in the tin mines and rubber estates.

Bonded labour is a form of slavery where many Indian labourers working in the Rubber and Palm Oil Estates are victims of. It starts off innocently when the poor labourer needs money to get married or to meet some unexpected family expenses. He goes to his boss, estate manager or mandor and gets a salary advance or a loan. After deducting the loan and interest, the worker is left with very little to meet his daily expenses. So he resorts to further borrowing. This continues with no prospects of the worker being able to pay off his debts. Thus he becomes a slave to his employer and is forced to work long hours and under unreasonable conditions. Even in the event of death, the debt is assigned to surviving family members. And this can carry on for generations. The whole family has virtually become a slave to the master.

A system that was meant to help the poor and needy was distorted and corrupted to entrap and enslave them. This kind of practice is not new, it is ancient. Evil selfish men and women have always been able to find ways and means to exploit and trap poor people, control them and keep them in their power.

Now I hope, you begin to realise why the commandment in Deuteronomy 15 was given by God to the Israelites. And we need to ask ourselves what we can learn from the passage and apply this teaching to our life, and our world today.

We are all aware that the expression Social Concerns can be very broad and covers many issues. On this Social Concerns Sunday, I will therefore just focus on this one issue: our concern for the poor. There are many references in the Bible that remind us that our God cares very much for the poor, and I have decided to take this passage from Deuteronomy today.

1. The Teaching from Deuteronomy 15:1-18

a. Year of Cancelling Debts

The command is given that all debts should be cancelled once every seven years - in the Sabbath year, the year of rest. (The root meaning of the word Sabbath is rest.) The fields are not plowed, and there would be no regular harvest. There would be no possibility for any borrower to find enough income to pay their loans. Hence, the Lord's command: the debt should be cancelled, so that no outstanding debt owed by any person or family would be carried on indefinitely from year to year, from one generation to the next. That would be a real sabbath also for all those who were poor and needy. In fact, some of the people might have been so poor that they had to sell themselves off as slaves. Then in the Sabbath year, they would become free again.

(There is also the Jubilee year, when all the land that had been sold or mortgaged would be returned to their original owners at the end of 50 years. Leviticus 25:8-17.)

There are several points we need to note:

b) The Promise (vv.4-6)

In v.4 we read: "However, there should be no poor among you, for in the land the LORD your God is giving you to possess as your inheritance, he will richly bless you, . . ." Under the Lord's generous provision and blessing, God told the Israelites there should be no poor people among them, but only if one primary condition is met: ". . . if only you fully obey the LORD your God and are careful to follow all these commands I am giving you today." (v.5) In fact this passage itself has several references to the blessings and rewards of obedience (see vv.10,14,18).

This promise was never fulfilled in the OT, because the Israelites never could have fully obeyed and followed all of God's commandments. Thus the OT

Scripture is full of longing and future hope for the world to be made right according to God's plan.

Interestingly, it was fulfilled once, and only once, in the NT. In Acts 4:32-35 we read:

“³² All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. ³³ With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God's grace was so powerfully at work in them all ³⁴ **that there were no needy persons among them.** For from time to time those who owned land or houses sold them, brought the money from the sales ³⁵ and put it at the apostles' feet, and it **was distributed to anyone who had need.**”

But sadly, this experiment did not last. By Acts 5, the whole idea began to fall apart with the sin of Ananias and Sapphira. Nowhere else in the Bible was such a model of communal life ever referred to again. In practical terms, it was just too hard to sustain, as the Church was and still is a long way from being perfect in obedience and becoming truly one in Christ.

Over the past 2000 years, Christians in many places had tried time and again to develop such a "perfect" model of church and community sharing. Many lasted just for a short while, and such communities are few and far in between. But we do have this as an ideal given in the Bible, and the Church must still strive toward this model of sharing and oneness in Christ,--but only on God's terms and according to Biblical principles. All other attempts based on human ideas (e.g. Communism) have inevitably failed.



c) The How and the Why (vv.12-18)

The details for how regarding this cancelling of debts are found in Deut. 15 (vv. 7-10, 12-14, 18), and also in a number of other passages in the Books of Moses. But do note the words used for how it is to be done: open-handed (vv.8, 11), freely lend (v.8), give generously without grudging (v.10), and not be hard-hearted or tight-fisted (v.7). We all know how difficult it is to actually put this into practice.

This cancelling of debts was based really on a more fundamental principle--the care and concern for their neighbour, their fellow-country man, who was a brother. When the poor had a need, the Israelites were to help and lend to them, without interest, without hesitation.

This scripture passage also points out why they should do so. (vv. 11,15,16,17)

i) The poor will always be there ... (vv.7,11)

All human societies cannot get away from this one simple truism: the poor will always be there. (vv.7,11) Why? We are not in heaven--not yet, and the world we live in is still waiting to be made new. There will still be inequality and inequity, floods and droughts, illnesses and other problems. In spite of everyone's best efforts, there will always be those who do not do so well; those who are not as successful and capable as others, those who are weaker or less capable; and those who do not have enough. There will always be someone around us in need of help.

We all note that Jesus had made reference to Deut. 15:11 in Matthew 26:11 "The poor you will always have with you, but you will not always have me." It should be taken as a reminder that not only are there times when we can be extravagant in our worship to God, but also that we must be constantly aware of the poor around us needing help.

So what were God's people in God's community,

to do? They were therefore to reach out in love, in concern, in compassion, to help whenever they could. The purpose of cancelling debts of the poor and even lend to the needy was to help those who were poor, those who did not have enough, and even those who had nothing.

ii) We are Brothers (see vv. 2,3,7)

We are not to forget that we are all part of God's community and God's family; we are brothers and sisters. So we are to help one another without counting the cost. The welfare of our brother/neighbour/countryman is our concern. We must recognise that 'we are our brother's keepers.' Cain rejected this responsibility once (Genesis 4:9), and we have all tried to avoid this ever since.

We can see that even the instruction in vv.16,17 is given so that their brother/sister might have a better and happier life under their care in their master's household, even though "in theory" they remained slave(s). We all know from experience that there are always those who are not able to manage their own affairs as they should, or do not have the opportunity, the resources, or the wisdom to do. And it would in fact be better for them to come under your care and protection, and be dependent on you. (As an example, a case may be made that many of the foreign workers and some of maids that have come to work here in Malaysia know that they do have a "better" life here than if they were to return to their home countries. This is especially true if you as their employers care for them and appreciate the contributions these workers have made to your own lives and families. In a very real sense, if they return home, it would not just be your loss, but also theirs.)

In other words, the Bible constantly reminds us that we are all equal in God's sight as His children. Our concern should always be for the welfare and the well-being of our sister, our brother, and our neighbour, and to care for one another in the best way we can.



iii) God Cares

This, obviously, is the most important reason of all. Throughout both OT and NT, God is revealed as a God who cares for His people and for the world, and especially for the poor,--those who have nothing and with no one to help them, the weak and the powerless. God the Almighty will always be the God of the helpless. So He reminded them in v.15 “God has redeemed you from slavery”. In other words, He cared for you and set you free, and you must do what you can in your power to set others free, and not to enslave them.

As NT people, we are to remember that we have been redeemed from the greater slavery to sin and death through God’s own Son, Jesus Christ. He has given us life and hope, joy and peace. He cares and redeems us because you and I were helpless and without hope.

Helping the poor and needy then is only a small token of our thanksgiving and gratitude and our proper response to a generous, gracious, loving and compassionate God. We must so live as to be like our Lord Jesus Christ and our God and Heavenly Father.

D.T. Niles, (1908-1970), a theologian from Sri Lanka once said: “Christianity is one beggar telling another beggar where he found bread.” Such a statement makes sense only if we recognise there are still many beggars around us still looking for bread to survive this life on earth, even as we long to share with them the Gospel of Jesus Christ and the hope of life eternal.


On this Social Concerns Sunday, whether you consider yourself rich or not, we are all doing better than many others around us. We have the food and the resources that many do not, and we can all help in ways big or small. But more importantly, we must become better aware of what the Lord is saying to us in His Word day by day, and learn to live in obedience if we are to fully know His joy and blessings. I hope and pray that what we have learned

through this passage of scripture today will help all of us,--as individuals, as families, as a church, to become more aware of the needs of the people around us and then learn to do what God has given us to do here in Penang and elsewhere.

2. Our Christian and Methodist Heritage

As an overview to what we can learn from Deuteronomy 15 and even more from the counsel of the whole Bible, I would like to close with the following:

- a) There are many exhortations in the Bible to care for the poor and needy, the widows and the fatherless, and also the aliens in the land. We need always to re-examine our own presuppositions, attitudes and prejudices in relating to others in the communities around us.
- b) The history of the Christian Church in the past 2000 years has a wonderful record of doing what is the right for the poor and needy, especially in times of need. Try to read up more of church history to broaden your understanding. We are all aware that the Church is far from perfect and have done or condoned horrible things in the past. But on the whole, when men and women, when institutions and nations sought to live in the light of God’s Word and His truth, the Church has shone brightly often in a world of darkness and despair, and brought light and life to many, many millions throughout history and the world.
- c) John Wesley and the early Methodist societies have left a legacy that we must never forget. Even while studying in the university, Wesley and his friends would visit prisoners (many of whom were in jail because of debt, not for criminal offenses) and poor families, and supply food and clothing, give free schooling for the children, and medical care for



the sick. These works of charity remained a feature of the Methodist Societies, and have become a mark of the Methodist movement everywhere. The Methodist Church in Malaysia has inherited not just the Gospel and churches, but also schools, hospitals, clinics and homes for the needy in many places in both East and West Malaysia. The work of saving souls, building lives and changing society for the better continues today.

- d) Our own local church, Penang Wesley Methodist Church, has also tried to do what is right in the light of the Jesus' teaching and His love, even though imperfectly.

The Christian Care Fund, or the Poor & Needy Fund, is an offering taken on Holy Communion Sundays. As we give thanks for Jesus' death and resurrection and for His salvation to us in our need, we give in thanksgiving a special offering for the poor and needy. These funds are used only for those in need, both inside and outside the church, for whatever reasons,--this may be a one-time help or even on a regular basis.

We began work in the Macallum area about six years ago, renting a shop-lot that still serves as a drop-in community centre for the seniors and lonely people, a tuition centre for many children, and a health clinic for free check-ups,--all with no strings and conditions attached. This Wesley Macallum Community Centre is now well-known and well-recognised. Many lives have been changed, many children have become better educated and better behaved, as they attend our Sunday School and/or join the Boys' and Girls' Brigades. Numerous adults have started coming to our Hokkien service, and some have even been baptised. But there is always more that we can do, and there is also a need for more helpers and volunteers.

In Conclusion

Our Methodist Church in Malaysia has a document called the Social Principles that covers a whole range of issues under the rubric of social concerns in our multi-racial and multi-ethnic Malaysia. It also includes a statement called Our Social Creed, which is not an affirmation of faith, but a statement of what we stand for as a Church with regard to social issues concerning our individual lives, marriage and the home, our society, our country, and the world.

All Methodists are exhorted to read, to study and to apply these Social Principles. It would do well if all of us make an effort to do this. May the Lord bless all of us.

Appendix & References

¹ I am aware that some teachers have misused this verse to insist that there should no poor people in our communities, and that social welfare is unnecessary. They may even take v.6 to mean that Christians or Christian countries should always be triumphant and powerful. They definitely have taken the text out of context and misinterpreted the focus of this passage.

² In the State of Minnesota, USA, there is still a thriving community called Bethany Fellowship that was started in 1945, with an emphasis on communal living, sharing and missions.

(<https://bethanyinternational.org/about>)

³ New York Times, May 11, 1986

⁴ (To download, you can visit the web-site <http://www.methodistchurch.org.my/>)

Malaysia Sign Language (BIM) Awareness

Pusat Majudiri Y has conducted a Bahasa Isyarat Malaysia (BIM) workshop together with Jessica Mak (MyBIM) as our facilitator. In July 22nd, 2017. The workshop has successfully attracted 40 mixed participants from the deaf and hearing community. Participants even got the chance to have more sharing on in-depth knowledge and ideas through group discussions.

Pusat Majudiri Y wants to say a big thank you to Ms Jessica Mak from Malaysian Sign Language and Deaf Studies Association (MyBIM) for her presentation on “Malaysian Sign Language (BIM) Awareness Seminar” and for giving us a deeper understanding and insights about BIM.

We would also like to thank Ms Anita Wong for her help as the interpreter during the workshop. Last but not least, we would to express our gratitude to those who came support our workshop, the Deaf / Hearing Teacher, Parents of deaf children, Deaf parents, Volunteers and Friends of deaf (FOD).

We believe that this workshop will bring a great benefits and greater change for the Deaf community!

We will continue to organise programs on Deaf Culture and Language and we encouragement all deaf community and hearing to join our upcoming 2018 workshops.

*Kelvin Suy
YMCA Staff*



Ms. Jessica passionately explained on the importance of Sign Language.



Participants of Deaf and Hearing worked together in brain storming on the importance of sign Language for both Deaf and Hearing community.



Ms. Anita as our interpreter for the Deaf.



Our General Secretary, Ms. Ong passing the appreciation gift to the speaker.



Ms. Anita as our interpreter for the Deaf.



Group Presentation on “the importance of sign language”



Another group presenting their ideas

Malaysian Sign Language Bible Translation (MySLBT)

Malaysian Sign Language Bible Translation Workshop was held in YMCA Penang on 26th August 2017.

We had an awesome time learning about the importance of translating Bible terms for the Deaf Christian Community. Special thanks to Spring Team - Daphne Eng for successfully enriching us with God's word and her sharing.

We are also grateful to Samuel Chew as well for Interpreting for us. The participants had fun and most importantly, they were given a fresh understanding of Bible translation.

We not only had fun, but we did enjoy ourselves. We also learned sign activities and some sign songs too! It was good for us to gather together and to use MySLBT as a medium for family fellowship with the deaf & the hearing community.

We thank God that He enables Deaf Christians in the community to know more about God's word through our sign language bible translation workshop.

Pusat Majudiri Y will organise another MySLBT to deal deeper into how the gospel can be translated for the deaf next year. You are all encouraged to join the workshop in 2018.

*Kelvin Suy
YMCA Staff*



Ms. Daphne received warm welcome from the participants.



Introduction time between participants.



Interpreter of the day, Mr. Samuel came all the way from Kuala Lumpur to join the workshop.



Ms. Daphne explained what is MySLBT is about.



Group workshop - Participants sharing their thoughts on the topic given.



Group workshop - Participants brainstorming how to create their own version of worship song using Sign Language.



Group workshop - Participants get to reenact on the Bible scripture to have better understanding on the scripture's content.



Group picture of team MySLBT from YMCA Kuala Lumpur.



Big thanks to the MySLBT team and participants that make the programme a success!

Sign Language Class for Volunteers

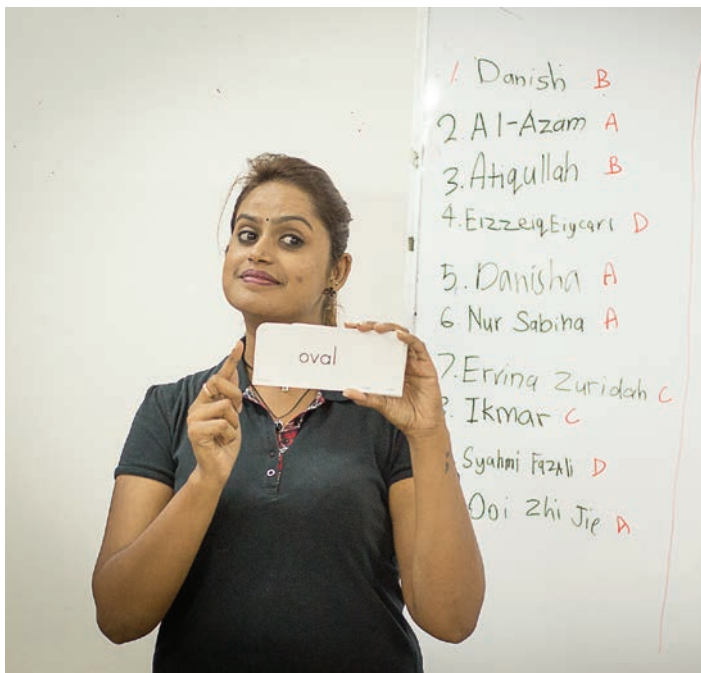
After a long break, the Pusat Majudiri-Y was revived and kicked off with a volunteer tuition partnership programme with the Federation School for the Deaf. Our mission is to help deaf students especially those who are poor in grades to better their English and Mathematics.

The first class consisted of 8 volunteer tutors. In order to give tuition at the deaf school, each volunteer was equipped with easy practical lessons on Sign Language so that they can communicate with the students. The Sign Language class was conducted every Tuesday night in YMCA's premise by Mr. Kelvin Suy, a staff of YMCA Penang.

After completion of the course, they started tuition classes at the Deaf School.

Through this project, we realized how poor and weak the students' understanding of these two subjects were. We felt so dejected. However, this gave the volunteers more reasons to help them in improving their studies. Tuitions are on Saturday mornings and the YMCA Penang is always looking for more volunteers. Should you want to join us, please contact Kelvin Suy prog2@ymcapg.com or call 04-2288211 for more info.

*Rona Clarenie
YMCA Staff*



VolunteerS prepared a quiz for the students.



Students memorizing the tutor's Sign name.



Identifying students group



Discussing on how to spell the tutor's name.



"Can you guess this?"



Students enjoying their lesson



Some of the students were excited to give answer for the quiz.



Our volunteers start the class with introduction to the students.



Group photo of volunteers and students

International Deaf Day (IDD)

We celebrated the International Deaf Day (IDD) on the 1st October 2017 at the Federation School for the Deaf (FSD). It was a very special event to us because both deaf and hearing worked hand-in-hand to promote a positive awareness about the deaf community and its culture around the world.

This year's theme was "Superheroes". We had about 100 participants who were divided into smaller groups each with their own very own superhero grouping. To name a few, there was the Hulk, Ironman, Superman, Wonder Woman and even Wolverine!

The students were tasked to express what they thought of International Deaf Day with a flag making competition. The flag was a big blank Mahjong paper and the objective was to use the given recycle materials (old newspaper, magazines and cutouts) to craft their "flag" creatively.

Next, we had a fashion show! They were ever ready to show their creativity and had lots of fun dressing up their teammates with the remaining recycle materials showing their spirit of teamwork.

After the event, I had the opportunity to a video interview a few deaf students. They used sign language and said that it was lovely to make new friends with deaf and hearing volunteers from YMCA Penang and appreciated the opportunity to have fun. They loved us all.

Personally, I was a bit surprised and felt amazed that some deaf students could speak without sign language during the presentation! The amazing things that we had the opportunity to see during IDD.

We appreciated all Deaf and Hearing Volunteers who had joined and celebrated together with the Deaf. The celebration would not have been successful without every one of you.

Using IDD as a platform, we hope to bring positive changes to the Deaf community. We hope to see you all again in 2018. Happy International Deaf Day to all!

*By Kelvin Suy
YMCA Staff*



Happy International Deaf Day! Kelvin and Janice are the host of the day.



Students performing 'Joget dance' with guidance from their teacher.



Superheroes model with the Pusat Majudiri-Y Committee.



Students sharing ideas to create the banner.



Our volunteer Frances interacting with a deaf student



Our volunteer Jared helping his team mates out



Black Widow. A female superhero.



Presentation on the message of their banner.



The Hulk showing off his muscle in front of the jury and students.



2nd game – Create a superhero model.



One of the top student and YMCA Volunteer - Ms. Chow Sui Yuan.

Festival of Sports 2017

This is my first time participating in the YMCA Festival of Sports. The program was held at YMCA Metropolitan, Singapore on 4th to 6th August 2017.

The event was participated by YMCA Kuala Lumpur, Penang, YMCA Singapore and YMCA Metropolitan. It was an exciting 3 days program with various kinds of activities from mind to physical games. There were table tennis, scrabble, swimming, carrom, bowling and badminton with about 100 participants who took part in it.

YMCA Penang sent 22 participants including 8 Deaf people. It was special to me because not only did I get the chance to participate in sports but also the opportunity to communicate and learn with the Deaf community and to use Sign Language too.

In this event, I represented YMCA Penang in badminton together with Ms. Jolene and a game of Scrabbles with Ms. Ong, our General Secretary.

The event was officialized after the placement of the flag. The program started with mind games which is Scrabble and Carrom. (We managed to get a gold medal for carrom!). We also managed to bring back gold medal in Badminton (female category), Silver medals for futsal and bowling too.

Nevertheless, everyone enjoyed the fellowship more than we did for the competition because that was the very reason that the event is held for. I met new people and learned so much especially from the Metro YMCA staff as they graciously hosted us and they did a very good job indeed.

At the end of the event, the ceremony ended with a handover of the flag from YMCA Metropolitan to the YMCA Singapore which will host the next Sports Festival in 2019. Everyone is so excited about the next Festival of Sports and is waiting for such an event again.

*Rona Clarenie
YMCA Staff*



Mr. Daniel from Metro-Y's vibrantly hosted YMCA Penang participant with Ms. Janice interpreting to our Deaf participants.



General Secretary of Metro-Y, Ms. Phillis giving her welcome speech during the opening of event.



Mr Robert enjoyed the Scrabble game.



Proud Penangnites!



What's important is the fellowship.



Team YMCA Penang.



Gold medal championed by Ms. Jolene and Ms. Rona in badminton.



Ms. Janice representing Penang YMCA in bowling game.



Our Deaf friends represent Penang YMCA in futsal match.



Intense futsal game.



Mr. Christopher one of the deaf participant championed the badminton match.



Good game!



Contestant exploded to the referee after losing the game.



This is called stressed-smile.



Dr. Mallise championed the game Carom for women's category.



Mr. Asher showing his bowling skills



Mr. Kelvin championed the game Carom for men's category.



Fellowship before the match begin.



Team bowling received bronze medal.



Team futsal received silver medal.



Mr. Michael and Dr. Mallise brought back silver medal.



Mr. Kelvin received his gold medal for Carom game.



Ms. Jolene and Rona received their gold medal for badminton match



GATN – Welcoming the New Year with New Friends

This year, we bid goodbye to 2017 and welcomed 2018 with a very special group of people. From 28th December 2017 to 2nd January 2018, we received a group of Hong Kong students from the Chinese of YMCA Hong Kong. There were a total of 21 students comprising 9 children, 10 youths and 2 YMCA HK staff. We received new, young and vibrant volunteers this time!

Here is a little background of the guests we received. The children came from underprivileged families and this was their very first opportunity to travel outside their country. They were able to travel because The YMCA of Hong Kong organized a fundraising program prior to this trip.

As it was their first overseas trip the children were very excited to see what Penang has to offer them.

On the first day, we arranged a Georgetown Mission around the heritage site where the students were assigned into a 4-different groups accompanied by our local volunteers. They were tasked to complete the mission given according to the instructions given. For example, they had to buy a flower from the local vendor using the local Malay language.

The highlight of the trip was the New Year's Eve countdown, where we spent our last day of 2017 on the highest peak in Penang which is at the Bellevue

Restaurant located on Penang Hill. It was a very private restaurant with a breathtaking view of Penang's city lights. Everyone had a good time dancing at the restaurant's yard while waiting for the countdown.

The next day, we had the opportunity to roam freely around Queensbay Mall for yummy food and souvenir shopping. The children enjoyed their time in the mall because they had the opportunity to buy presents for their friends and family back home.

Our last program was the village life experience in Lahar Yooi. The students had the opportunity experience Malay culture and taste traditional food. The villagers were so friendly! Although they were not conversant with English or Cantonese, they still tried their best to interact with the participants. Even though it was a short program, I can clearly see that the volunteers and the students had good fellowship and bonding. I believe they had enjoyed themselves from this entire program and learned a lot about our culture, as we did theirs. GATN is a great platform to generate good net-working and experience culture exchange between parties.

*Rona Clarenie
YMCA Staff*



They love the Ice ball.



It's time to eat!



Fun day at Escape Park.



A visit to the mansion.



Children appreciating their time at the beach to the fullest



First time taking a ride in a three-wheel motor.



Little Ricky shows no fear of the height.



Exploring Little India.



Exploring Little India.



Sharing time!



Learning how to make a grasshopper out of coconut leaf.



Trying out traditional clothing.



Volunteer teaching kids to speak Malay to buy flowers.



Perfect weather for an Ice ball, a local round shaped ice-cream.



Angel enjoying the breeze at the beach.



Let's take a jump shot!



A photo of Penang team after sending our friends off



Volunteers Cleo, Anthea, Daniel and Suzan having a pre-tour of the city

Here are what some of our young volunteers have to say:

Anthea:

“This program taught me that everyone is beautiful. Furthermore, it has also taught me that language will not separate every one of us in fact, it makes us learn about one another more and to learn about others whether it’s culture, tradition, race or religion. I love this program as I get to meet beautiful and kind Hong Kong people who shows me why I should continue to live here, right here and now.”



Cleo:

“GATN 2017 was a life changing experience for me. It was the first time I was outside on my own, guiding our visitors from Hong Kong around Penang! I was able to expose myself to allot of new things and I really learned allot throughout this programme. The visitors from Hong Kong are huge blessings in my life and I had learned alot from them too. I really hope to see them again soon.”



Suzan:

“This program has impacted me in various ways and one of those is the joy of teaching my culture to overseas friends and involving them in our local culture”



Muniss:

“I highly recommend any youths out there to get involved and volunteer in this program! It not only allows the opportunity to know some amazing people from different countries but it also helps better understand our own local culture.”



GATN: APAY explores Penang as an Alternative Tourism destination

YMCA Penang happily received 5 friends for a Global Alternative Tourism Network (GATN) site sampling visit. They are from various YMCAs under the Asia Pacific Alliance of YMCAs. They are:

1. Jessie Zeng, Guangzhou YMCA
2. Kim Hujung, Daegu YMCA
3. Daniel Ang, Metro YMCA Singapore
4. Karren Fatelvero, Makati YMCA/APAY
5. Chan Beng Seng. APAY

The intention of the visit was to identify the various places in Malaysia as a suitable GATN sites for their YMCAs to plan exposure and development programs. The group arrived in Penang after visiting beautiful sites in Kedah. They had a two day stay to see what Penang has to offer. They were pleasantly treated with mouthwatering delicious food that seemed to be ever bountiful on this little tropical island.

We visited the YMCA campsite which was hidden in the lush greeneries of Balik Pulau. It showed good potential for future outdoor and team building programs. Participants had a good time trying their luck picking rambutans from our garden using traditional harvesting methods. We then had an adventurous night, roaming the streets of Georgetown and seeing its heritage wonder come alive in the stillness of the night. Participants also had the opportunity to experience life in the village and also had the chance to taste the king of fruits (durians) in all its splendor. We had more tasty food after that till everyone can eat no more.

Sadly, the 2 days went by swiftly and the group had to leave shortly after that. However, they promised to keep in touch and to be potential partners with us for future programs.

Besides good food and our unique cultural canvass - Penang is a place to develop the body, mind and spirit. It inspires visitors to take back a special experience that stays in a special place in their hearts forever.

*Michael Cheong
YMCA Staff*



A night walk at Georgetown heritage site.



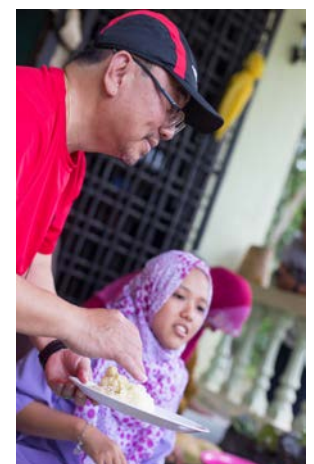
A visit to the paddy field.



Excited to craft grasshopper out of coconut leaf.



All girl group photo at the majestic view at Frog Hill.



Mr Beng enjoyed his Durian so much.

GATN: BREAKTHROUGH CAMP

On 28th July 2017, a group of 17 students from Hong Kong came to Penang Y for a GATN programme. It was an exciting 6 days program for these vibrant and active students. The theme for this programme was titled “Breakthrough”. They were here to be challenged physically and mentally to breakaway from something they their comfort zones.

On our first GATN day, we had a Heritage Hunt at Armenian Street. This activity had to be stopped halfway as it started to rain heavily. That night we had a culture exchange with Lahar Yooi Homestay where they had the chance to wear baju kurung and tried out some of the Malay cuisine such as Lemang and Rendang. They were super excited as they had the chance to play with fireworks which is illegal in Hong Kong. The night ended with a tree plant ceremony to commemorate their visit to Lahar Yooi.

The next day, we went to the Escape theme park and it was their favourite activity out of the entire programme. The students were geared up for the challenge both mentally and physically as they challenged themselves to face their fear and physical capability!

On the third day, we went to Sungai Sedim which is located at Kedah for a two days and one night camp. We had the opportunity to experience the Tree Top Canopy Walk - world’s longest rainforest canopy walk. We also participated in Water Tube, Flying Fox and night trekking!

On our last day together, we had the chance to do some busking at the Street of Art. They were really shy at first. However, after they received much support from the crowd they gained confidence and started to enjoy themselves!

This group of students really taught me few lessons. Firstly, it is to make every moment of life “full”. Even though a lot of programmes were changed or cancelled, they managed to find ways to enjoy themselves and making every minute an opportunity to build strong relationship with their friends.

Secondly, seize every opportunity that comes your way.

The students willing to try new things even though it was not in their comfort zone. I witness this value when one of the girl could not adapt to the local cuisine. However, she was willing to try because she knew such an experience was rare. She then convinced herself to try new things to break away from her comfort zone.

I would have never expected to learn so much in a GATN programme. I would like to encourage others to who are keen to learn like me to join this programme too!

*Rona Clarenie
YMCA Staff*



Tree hugging anyone?



Let's go climbing



Introductory night.



A day walk at Georgetown heritage site.



Presenting the half-finished hand-fan.



It's tyre rafting time!



Wife in traditional clothes



Everyone proudly presenting their crafted hand-fan!



Participants enjoying their water ride



Pretty girls with pretty smiles.



Briefing at Sungai Sedim, Kedah campsite.



We had a good time!



First time playing fireworks.



Camp on!



We are YMCA



Children were so happy to receive guests from Hong Kong.



Wife with the children at the Rifle Range Centre.



Setting up their camp to sleep in.



Teaching how to create a hand-fan using red packets.



Successfully put up their camp!

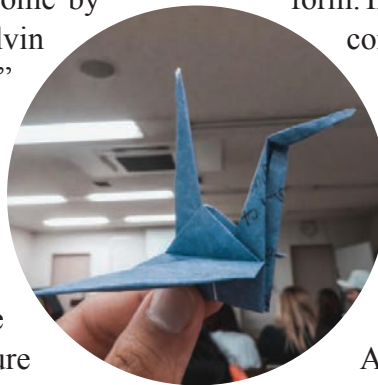
YMCA Malaysia's Youth Rep report on Change Agent Regional Training 2017

I attended the Change Agent Regional Training on 12-17 July 2017. It was held at the YMCA International Youth Center Tozanso, Gotemba, Japan. This year there were a total of 12 countries which included Singapore, Sri Lanka, Japan, Myanmar, Mongolia, Malaysia, Taiwan, Hong Kong, Australia, New Zealand, Cambodia, and India.

Upon arrival at the airport, we all were picked up by Mr. Kazama and his staff. We took a shuttle for about 3 hours to reach the Tozanso Youth Centre. After settling down, we were given a brief introduction from Mr. Mitsunaya A.K.A Pumpkin (he prefers people to call him that) and then rested.

The next day, we started with morning devotion conducted by Ivy from YMCA Hong Kong Salisbury, who read out the scripture according to John 17:20-23 followed by an inspiration message by Mr. Nam about the purpose and meaning of your life and how to be a change agent. He used Mohamad Gandhi famous quote for the reference "You must be the change you wish to see in the world." This was followed by the Grand Opening ceremony.

After that we were given a warm welcome by the MC; Karren (Philippine) and Kelvin (Japan). They greeted us "good morning" in our very own languages. This was followed by Kelvin who taught us to fold paper cranes and shared with us the story behind this activity.



We then hopped into the shuttle to the Korean community Centre for our exposure trip. It took us a 3 hours journey from Tozanso to Kawasaki (where the centre was located).

Upon arrival, we received a warm welcome from Ms. Hye Jeong Kim. She explained about their community services and the history of the centre which was started in 1974. At that time, Japan imported a lot of Koreans to work as their laborers - especially at Kawasaki city. So, Kawasaki became known as an area for poor people. She also explained the seriousness of the discrimination

received from the Japanese community just because they are Japanese-Korean. They had a hard time in finding jobs due to their Korean identity. Some youths even quit schooling because they felt it was pointless to study hard for a job that they couldn't get. The Korean community even took on Japanese names for the sake of blending into the Japanese community.

Mr. Ho Jeong Heong continuedly to explained how they overcame this situation. They started a program called "let everyone live up his/her potential" which was a program that gathered the Korean community in Japan to stay together and to look out for one another. They also started a pre-school and shared the good values of Korean culture to make their kids proud to be Korean-Japanese.

The next day, Mr. Nam Boo Won spoke on the topic of "Christian & Ecumenical identity & legacy." He shared some of the YMCA histories. Interestingly, there were a few groups that worked based on YMCA principles even before YMCA was formed. He also shared that the YMCA kept on stressing on God and Jesus but found a lot of people could not accept it. However, nowadays, the YMCA has been packaged it into a more acceptable form. Instead of stressing about God & Jesus, they concentrated more on spreading Christian values. This makes us the pioneer in the ecumenical movement. At the end of the talk, Mr. Nam kept stressing that we must all unite so that we can achieve more. (Jn.17:21) "That they all may be one."

After this, we had our own free time until the barbeque dinner. A few of us decided to hike up to the top of YMCA Tozanso to further fellowship and also to have a magnificent view of Mount Fuji

The following day, Dr. Lee stressed that the goal of youth empowerment is to create opportunities for youth participation and leadership development. This leads to active contribution to sustainable community development projects. The objective is to enhance the knowledge and experiential learning about social issues

that are affecting youths and the communities. Youth empowerment is all about providing the necessary resources and stewardship to accomplish the mission of the YMCA. After that, we were divided into groups and discussed the root cause of the interruption of youth empowerment on the national level. In summary, the main problem that the youths are facing is the lack of financial support as funds has not been allocated. The second reason was the generation gap where the adults are not willing to hear the voices of the youths.

The next program is hiking up Mount Fuji. It took us about 3 hours to hike up to our designated area. This program taught us to be supportive of one another and to possess the spirit of never giving up!

We started our last day with morning devotion. The devotion on that day was special as all of us were told just to sit down and had time for our reflections.

After that, we were given 30 minutes to think about our current YMCA programs and the strengths of our local YMCAs. In conclusion, the representatives from YMCA Australia and New Zealand said that they were focused on gym and sports programs where as Singapore, Japan, Taiwan & Hong Kong focused more on GATN (outreach to the community) programs. Myanmar, Mongolia, & Cambodia focused more on GATN (as recipient countries). India's focus is more towards youth empowerment programs.

We ended our program with a fellowship party where every country has its own performance. As for me, I was alone there, so I decided to sing our very own local Malaysian lullaby for everyone.

Overall, what impacted me most was the way how Japan YMCA organized and worked on the Change Agents regional training. They were very systematic and that was why they could be so accurate in the timing and arrangements of each program. Besides that, the exposure visit to the Korean community center was an eye-opener to me. I didn't know that there is still so much discrimination in a developed country. However, the way they handle and overcome the discriminations really impressed me! They solved the issue by uniting and solving their problem one by one. They are also aware that the future is held by the youths of today so therefore they mould them into having good values and morals from a young age. I felt that we too also

implement this at our YMCA with a mentorship program.

I am excited about the new global friendships that I earned during this trip, and I cannot wait to start working in collaboration with them! I feel that my global connections can help YMCA Malaysia in terms of developing our camping programs especially if we are to collaborate with YMCA Australia. Their youths are quite experienced in camping and outdoor programs, and we can learn a lot from them. YMCAs in Malaysia which are running campsites like YMCA Sibul and YMCA Penang will benefit from this.

Overall, I would like to sincerely thank YMCA Malaysia for their support and encouragement through my process of becoming a Change Agent. Without their support, I would have never come to know the YMCA from a deeper level. My love and commitment for the YMCA have certainly grown through this process. I would also like to thank Ms. Ong Sooi Gaik for mentoring me throughout the process. She had supported me in many ways, even when I was not aware of it. I hope to know and to grow further through the empowerment of the YMCA and contribute more towards building a better YMCA for Malaysian youths in the future.

*Asher Leo
NCYM – Youth Representative/ Director*





Rev Masashi Sawamura, Ph.D. : Chaplain/ associate professor, Hirishima Jogakuin University & chaplain, Hiroshima YMCA



Korean community centre



Seiichi Kanzaki: General Secretary of the national council of YMCAs Japan



Sakuramoto Nursery School



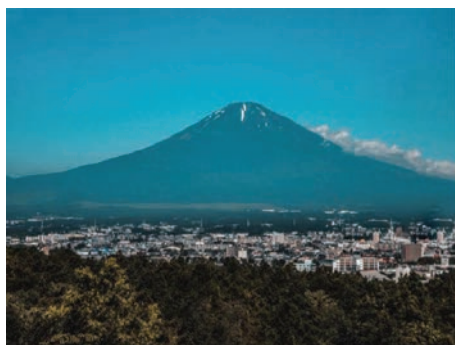
Dr. Lee Hyei Jung, Ph.D. : Deputy Chief Of Youth Research, Korea YMCA



Mr Ho Jeong Heong



(Mr Nam Boo Won: General Secretary, Asia and Pacific Alliance of YMCAs



Mount Fuji



Change Agent Global Gathering, Portugal

(1st September – 10th September 2017)

More than 150 young leaders, proudly representing 49 different countries from Europe, Africa, Middle East, Australia and Asia. Wow! So many personalities and values but we all share the same universal love and a common goal – the YMCA and the empowering of young people, we are ONE MOVEMENT.

Upon my arrival, I was warmly welcomed by the local YMCA Change Agents.

I arrived at the camp site in YMCA Setubal (43 acres of land – that's huge!) and It was good to see familiar faces from previous Change Agent training in Japan, but more importantly, the excitement of meeting and making new friends and networking was even more enriching. Right after we put down our luggage at our designated camp, we walked around the campsite. It was spectacular!

The formal opening ceremonies and greetings were conducted by the General Secretary of World YMCA (Mr. Johan) the President of Setubal, YMCA (Mr. Luis Sebastiao).

There were a total of 28 workshops throughout the whole training but I attended 8 of the workshops which I felt was relevant to our Asian and local YMCA context. They are Mental Health, The Bridge project, Easter Island, Brand and Shared Messaging, Property Development Project, Empowering Democratic Participation, Global Citizenship and "I am Whole" campaign.

What stood out for me is, despite the vast differences in our cultures and traditions throughout the world, people can accept the differences. People from all walks of life were able to break barriers of communication and forge good understanding and respect for one another thus creating unity among them.

During the training, we were given a chance to visit the Portuguese Parliament, to meet with MPs of the Portuguese Government and to have a dialog session with them. During this session, we focused on the topic of 'Youth Empowerment.' The Ministers explained to us on how supportive they are towards

Youth Empowerment and the programs that they have done previously. Besides that, the topic on Health and Employment was also the focus of the day, which took us into some of the social injustices that face young people today.

Environmental Immersions and Social Action was the next theme. We were split into different groups in the area of Setubal. As a total, we have 9 days of volunteering and took part in cleaning up areas at the national park, renovation of Santa Margarita Chapel, restoration of the "Patience Fountain", recuperation of a hiking pathway where I was stationed.

After our volunteering jaunt, we spent our free-time on the golden beaches of Setubal. The heat from the sun was truly hot! but if you were crazy enough you could quickly cool down in the water which was at an estimated around -50 degrees.

The last day," The cultural night" is by far the highlight for me. I have been at many international gatherings and they have never failed to amaze me. This cultural night was the best yet in my opinion. We represented 49 countries, 49 different cultures on food, costumes, drinks and 49 different form of arts music and dance. The different foods burst the palette of your tongue into joy, the drinks we sampled – some of which you needed to be courageous even to smell never mind to taste.

The night started with a fashion show that featured different countries' traditional costumes; most countries paraded down the red carpet, Cambodia, Japan, Cameroon, Malaysia and Ghana just to name a few. We were also graced with the presence of Hotu who hails from Easter Island – he showed us the traditional war dance of the Rapa Nui people. It was so captivating to learn the history of his country. Near the latter part of the night, we all engaged in something which turned out to be a tradition from Team England. They had everyone in a circle and brought the Hokey Cokey to the people.

My journey and experiences for the past 11 days have been incredible. The training had impacted me so much that I feel it is very relevant to apply it to our local

YMCA especially in the area of mental health. There has been an alarming increase in youth suicides in Malaysia. I believe what the World Council has shared will be helpful to our country. They are still tackling this difficult and challenging issue and proposed solutions which could result in the decrease of the suicidal cases in the youth sector. If the advanced countries felt it is essential to address the issue and to curb the problem, we too should also practice and create an awareness towards troubled youths so that they will have a safe place to voice out their troubles, and to let them know that we do care for them. As the saying goes, prevention is better than cure.

It has been a great pleasure to be surrounded by same minded people in Portugal. Special thanks to YMCA Malaysia for sending me on this Change Agent and exposure program. It has widened my views and deepen my roots for the YMCA. Being with so many young people makes me feel hopeful that we can make an impact in the world if we can all work together as one. I also thank YMCA Alambre Camp for their hospitality, the smiles, the music, the coffees and their service. Also, I want to appreciate the staff and the volunteers of World YMCA for their tremendous effort, their willingness to share and the behind scenes preparation for this truly educational training camp.

*Asher Leo
Change Agent, Malaysia / Director*



campsite



Christian Fellowship Meetings

YMCA Penang MONTHLY CHRISTIAN FELLOWSHIP SERVICES

Our monthly Christian Fellowship Services are held on the last Thursday of the month, at 8.00 pm in the Chapel.

We are grateful and thankful to our speakers, the Pastors and leaders who shared the Word of God at our monthly Christian Fellowship Services.

On 29th June 2017, Sister Carmelita Xavier who worships at the Church of Divine Mercy, Penang shared the message: "Me? The Salt and the Light of the World" during our June 2017 Christian Fellowship Service.

"What does it mean that believers are to be salt and light of the earth?" (Matthew 5:13-16)

Jesus used the concepts of salt and light a number of different times to refer to the role of His followers in the world. In Matthew 5:13 "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men." Salt had two purposes in the Middle East of the first century. Because of the lack of refrigeration, salt was used to preserve food, especially meat which would quickly spoil in the desert environment. Believers in Christ are preservatives to the world, preserving it from the evil inherent in the society.

Secondly, salt was used then, as now, as a flavour enhancer. In the same way that salt enhances the flavour of the food it seasons, the followers of Christ stand out as those who "enhance" the flavour of life in this world. Christians, living under the guidance of the Holy Spirit and in obedience to Christ, will inevitably influence the world for good, as salt has a positive influence on the flavour of the food it seasons. Where there is strife, we are to be peacemakers; where there is sorrow, we are to be the ministers of Christ, binding up wounds, and where there is hatred, we are to exemplify the love of God in Christ, returning good for evil.

In addition to being salt for the earth, Jesus called his

followers to be the light of the world. In the memorable sermon on the Galilean hillside, Jesus transfers his light to those who follow him: "You are the light of the world." Jesus is the light of the world. Jesus calls us to be that same light.

*At our 27th July 2017 Christian Fellowship Service, Pastor Steven Chin from Rifle Range Community Church shared the message "Do You Want to Get Well" from the Scripture passage **John Chapter 5, verses 1 to 17***

(¹ Sometime later, Jesus went up to Jerusalem for a feast of the Jews. ² Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda^[a] and which is surrounded by five covered colonnades. ³ Here a great number of disabled people used to lie- the blind, the lame, the paralyzed. ^{[4][b]}⁵ One who was there had been an invalid for thirty-eight years. ⁶ When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, "Do you want to get well?".....)

Rev. Paul Santosh Christie, Pastor in charge of Penang Wesley Methodist Church was our guest speaker at our 24th August 2017 Christian Fellowship Service. Pastor Paul shared the sermon "The Invitation". Scripture passage was taken from the Gospel of Matthew 11: 25 - 30

Pastor Wallace Tan, pastoring at the Apostolic Community Church, Penang shared on the topic "The Power of Love" from the Scripture text: 1 Corinthians 13 on the evening of 26th October 2017 Christian Fellowship Service.

This thirteenth chapter of the Book of 1 Corinthians is about LOVE. LOVE holds such importance.

(¹If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. ² If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. ³ If I give all I possess to the poor and surrender my body to the flames,^[b] but have not love, I gain nothing.

⁴ Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres. ⁸ Love never fails. ¹³ And now these three remain: faith, hope and love. But the greatest of these is love).

Please contact our Program Office at 04-2288211 for more details of our up-coming Christian Fellowship Service and events.



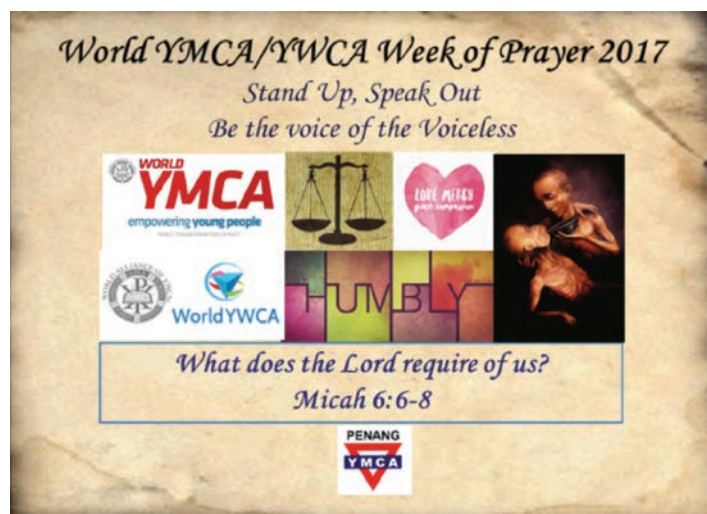
WORLD YMCA-YWCA WEEK OF PRAYER

World YMCA-YWCA Week of Prayer was observed on 30th November 2017, held at our Chapel. The theme for this year was “Stand Up, Speak Out, Be the Voice of the Voiceless”.

Mr. Jerry Choo, Vice President of National Council of YMCA and director of YMCA Penang shared the message “What Does the Lord Require of Us?” taken from Scripture text Micah 6: 6-8

(⁶ With what shall I come before the LORD and bow down before the exalted God? Shall I come before him with burnt offerings, with calves a year old? ⁷ Will the LORD be pleased with thousands of rams, with ten thousand rivers of olive oil? Shall I offer my firstborn for my transgression, the fruit of my body for the sin of my soul? ⁸ He has shown you, O mortal, what is good. And what does the LORD require of you?

To act justly and to love mercy and to walk humbly with your God)



By Dr. Mallise Tong
Director /Chairperson
Christian Care Committee

Health Talk

On 19th September 2017, Dr. Tai Lee Siang, attached to Adventist Medical Centre, as a General Surgeon gave a very interesting Health Talk, on the topic “New Approach to Detect Early Of Breast Cancer.”

This was held in the Faith Room of YMCA Penang. Breast Cancer a disease, if not treated early can prove to be fatal for many people. This disease ranks top most common killer disease here in Malaysia. He said in Malaysia Breast Cancer has been discovered to be 1 in 19 women and that accounts for around 30% of all new Cancers. Approximately 5,000 Malaysian women are diagnosed with Breast Cancer every year, most of them aged between 30 to 60 years, where nearly half of those affected are under 50 years of age. Malaysian patients have poor survival rate due to lack of awareness of the signs and symptoms, fear of screening and delay in medical treatment when the traditional alternative is preferred.

He said, lifestyle risk factors could be due to smoking, alcohol consumption, overweight (BMI more than 25), lack of exercise and early menarche or 1st pregnancy at a late age in life.

The audience numbering about 55 people all in were mesmerized by his talk at the end of which, light refreshments were served to all.

*Robert Moses,
Director*



If breast cancer is found early, there are more treatment options and better chances for survival.



Mr. Robert gave a love gift to Dr. Tai.



An introductory on new methods in detecting Breast Cancer.

THE 27th YMCA-CCM BIBLE QUIZ, 2017

This year, we celebrated our 27 years of organising the YMCA Bible Quiz. The Quiz was held on the 11th November 2017 from 9.00 a.m. to 6.00 p.m. at the YMCA Hall.

A total of 22 teams registered for this year's Bible Quiz. Three members formed a team. The participants (both youth and children sections) came from six different churches and three schools' Christian Fellowships. The purpose of the Quiz was to encourage the study of the Word of God, to gather the children and youth from the different churches and School Christian Fellowships in Penang for fellowship. The Bible Quiz is not an exam. It is a fun and enjoyable event and student friendly. Every participant is a winner and rewarded in the Bible Quiz for their efforts and participation, and no one goes home empty-handed. Excellence awards were also presented to the top scorer from both the Children and Youth sections.

The Books for the 27th Bible Quiz was taken from the Gospel of Luke for the Children's section, while for the Youth section, they had to study 2nd Samuel. The Quiz consisted of four parts: Objective Questions (participants have to answer thirty questions), Draw Swords, Memory Verses (given to participants in advance) and oral comprehension from the set books in the Bible.



They look prepared for the quiz.



A confident participant.



Ms. Jolene supervising the objective test.



Mr. Joseph is our acting Jump Light master.



Ms. Janet Saw, Mrs. Thomas and Ms. Sandy as jury for the Bible Quiz.



Jumping questions – participants have to jump up and will give their answers to the judges.

It was my first time helping out in the Bible Quiz, and I was very impressed with how the Quiz was being held. The performance of the children and youth were remarkable! For the Draw Sword section, the participants have to flip the Bible according to the scripture verses announced by the Quiz Master. The children and youth were superb and had fantastic memory when you observe how they answer the Memory Verses. For the fourth and final section which is the Participants' Choice Questions section, the participants will have to answer the selected comprehension questions which they have personally drawn from the pool of ping pong balls with the question number stated on the balls.

I was so surprised that most of the participants did so well on the quiz. And I can see that most of them were excited and confident during the quiz.

All good things have to come to an end, and both the Challenge Trophies for Youth and Children's section was won by Excel Point Community Church. The youths and kids were so happy with the event, and they all went back with smiles.

Results of the 27th YMCA-CCM Bible Quiz 2017:

Children's section	Team
Champion Team	Excel Point Community Church (Team F)
1st Runner Up	Trinity Methodist Church
2nd Runner Up	(Team A)
	Excel Point Community Church
	(Team N)

Youth section	Team
Champion Team	Excel Point Community Church (Team F)
1st Runner Up	Excel Point Community Church
2nd Runner Up	(Team A)
	Methodist Girls' School (Team E)



It's amazing how these kids can memorize so many verses!



Mr. Geh presenting appreciation gift to the participants.



Excel Point Community Church championed the Bible Quiz for children's category.



Draw Swords section - Participant have to flip and quickly read out the scripture from the Bible within seconds.



Excel Point Community Church are champions for Youth category too!



Children anxiously waiting for the quiz to start.

The top scorer for the Children's section went to Master Khoo Jarreh from Trinity Methodist Church while Mr. Lee Ren Kang from Excel Point Community Church was top in the Youth section.

Rona Clarenie
YMCA Staff

Christmas Party for Underprivileged Children and Adults

Together with Equator Academy of Art, YMCA Penang organized our annual Christmas Party for the underprivileged Children and Adults on the 17th December 2017.

The event was held in our hall, hosting a lively group of 250 over needy children and adults from ESDA-Persatuan Perkhidmatan Komuniti Taiping, Chrystal Home, Persatuan Kebajikan Rumah Penyayang Ren Ai (Home of Love) and NTA Home School for Refugee Children (Rohingya Children's Work). The goal of the event was to bring joy and jolly Christmas cheer to them.

We had a good group of volunteers ranging from the students of Equator Academy of Art, SEEDs (World Vision) and YMCA Volunteers.

The event kicked off at 2 pm. After the opening speeches, Rumah Panyayang Ren Ai gave the audience an adorable Christmas skit. We then sang some Christmas tunes and played some exciting games. Soon everyone was tired and hungry. Fortunately, we were treated to some snacks and also a Happy Meal, thanks to our sponsor and big supporter - McDonald's!

After another round of games, everyone was treated to an outstanding performance from each participating home. Everyone did their best to wow the crowd.

After all the laughter and cheer, we had a formal session to present uniforms and cash donations to participating homes. The children from each home then shared their appreciation, and we had another sing-along session. Balloons were later released from the ceiling and crowd went wild with excitement. The event ended with a bang, and everyone went home happily.

We would like to take this opportunity to thank all our partners, volunteers, sponsors, donors and everybody who had put their hands and hearts in to make this event a huge success.

We would also like to thanks, Equator Academy of Art and Vistana Penang for partnering with us on the Christmas Tree project. Together, we have raised RM200+ for our cause.

*Michael Cheong
YMCA Staff*



A Bollywood dance from the children.



Mr. Jerrerd can't resist the cuteness of these two!



Ukulele performance by Krystal home.





Children enjoying their happy meal!



Peace.



Children were so entertained by Jennifer the clown.



"I got a Pikachu!"



A dramatic performance by young talents.



Huge thank you to McDonald for taking part of this event.



Thanks to all the sponsors for blessing the homes.



Little minions!



Kids enjoying their ice-cream.



Excitement at the closing of the event!



Jennifer the clown showing off her tricks.



Winning group of the most creative gift design!



Big thank you to McDonald for the big heart.

Christmas Party for Director and Staff

At the end every year, Penang YMCA will organize a joint Directors and Staff Christmas celebration. This year's event fell on 23rd of December 2017.

The event started at 7.00pm with a warm welcome address by Mr. Peter Lee, YMCA Vice-President and Chairman of the Programme & Coordinating committee. Mrs. Choo then led us in saying grace before we had our food. The dinner was prepared by Hau Hau Yu Restaurant. I really loved the ham and chicken meat which they prepared.

There was even a lucky draw session for every staff to win. Some won cash vouchers from Tesco while others won cooking cutleries. Everyone was happy because everybody had something to take back home that night. We also had a Christmas Karaoke sing-a-long session. The security guards even wowed us with a Nepalese song. Shortly after, a video of the Christmas Party for the underprivileged children was presented. It was produced by our director, Mr. Asher Leo.

The night ended with everyone singing Auld Lang Syne. Everyone was dancing while singing, which was really fun. I believe it is important to have a staff annual dinner as it strengthens the bond between the staff and directors. It also shows that their work is appreciated.

*Rona Clarenie
YMCA Staff*



Mr Peter Lee warmly welcomed everyone



Party was attended by fellow directors and their wives.



Ms. Karen and Ms. Jessie our new staff in YMCA Hostel management.



All smiles from our friendly directors.



Hostel maintenance staff having a good time.



An appreciation to Ms. Karen



Mr. Jerry Choo led the prayer to bless the food.



What is party without good food!?!



Our Nepalese staff presented their native song.



Lucky draw round 2!



Emcee of the night



Staff are so happy to win the Lucky draw.



Let's sing!



Mr. Alpha and Ms. Grace sang a duet on Christmas song. #relationshipgoals



The three musketeers Karaoke-ing



Warm wishes going around.



Merry Christmas and Happy New Year!



Everyone holding hands while singing Auld Lang Syne to welcome the new year!



Everyone having a good time cheering on the Karaoke session.

Christmas Visitation to Taiping

On 20th December 2017, Krystal and ESDA home invited YMCA Penang to join their Christmas Party in Taiping to show their appreciation for YMCA's donation of school bags and school uniforms during the Children's Christmas Party that was held on 17th December 2017 at the Penang YMCA.

A total of 11 people from YMCA Penang comprising staff and directors including the Vice-President of YMCA Penang, Mr. Peter Lee, went to Taiping using the new YMCA van. It was in fact our van's maiden trip.

When we reached to the home, the children crowded around and warmly welcomed us. Even the parents of the children were there to celebrate the event. The homes prepared a few performances such as dances and even a ukulele performance.

Afterwards, the home invited Mr. Peter Lee to present the children with their schoolbags. The children were so happy when they received their new schoolbags.

This experience really touched me after I saw the joy in all the children's faces. It makes me appreciate whatever I have in my life and to be grateful always. I pray that these children will grow up to be great leaders and an inspiration to the people around them.

*Rona Clarenie
YMCA Staff*



Mrs. Choo with the happy children.



Mr. Steven from ESDA giving a warm welcome speech.



Mr Peter presenting the donated bag to the children.



Mr. Titus giving the new bags to the kids of Krystal home.



Children were so happy to receive new bags.



Children can't wait to for school with their new bags!

YMCA Penang's 58th Anniversary Dinner & Thanksgiving

30th September 2017 was an auspicious day for us as we celebrated our 58th Anniversary Dinner and Thanksgiving at our YMCA Hall. It was a grand celebration, probably the most outstanding celebration for the year.

The event kicked off with a speech by the Chairman of the Programme Coordinating Committee & 2nd Vice President of Penang YMCA Mr. Peter Lee. Mr. Geh Cheng Lok gave a short speech after that to thank the attendees for coming and then the YMCA song was sung.

Everyone was hungry and food was served right after Dr Mallise said grace for the meal. We had a melodious band that entertained the attendees.

All directors were then invited to the front for the cake cutting ceremony and everyone joined in singing the "Happy Birthday" song. After some videos were presented amongst them was the video by the USM students who created a video to showcase PMY, WAY Change Agent Training in Portugal by Asher Leo, the recent Festival of Sports which we took in Singapore and our recent GATN videos.

After more singing and dancing, the event finally ended with everyone saying their farewells and offering their well wishes.

*Michael Cheong
YMCA Staff*



Cheers!



Our beloved team and deaf friends



Happy Times



Ms Jolene, Ms. Irynn and Ms. Eliza enjoying their girl talk.



Bon appetite!



Thanks to the staff from all department for their contribution in making YMCA better.



Congratulation to Mr. Titus Lim for being installed as one of YMCA director:



Youths having a good time



Mr. Jerry Choo gave an opening prayer before the event start.



Happy 58th Birthday YMCA Penang!



Mr. Geh gave cheers for YMCA 58th Anniversary.



Ms. Janice leading the carolling team during the anniversary.

Karaoke Competition 2017

This was the 5th Karaoke Competition event which attracted 17 participants in an elimination contest. We also had an excellent panel of judges. The judges are professionals in the music field and esteemed in their reputation. Participants were very excited and waited in anticipation while others took turns to wow the crowd and the judges.

The competition was a close call with all participants giving their best. Finally, the competition ended with 6 winners who took home their prized trophies which they have honorably won.



Registration time

YMCA KARAOKE COMPETITION 23 NOV 2017		
NO	NAME	Title
1	Lee Meng Choo	Champion
2	Lim Choon Suan	1st Runner Up
3	Lor Kim Seng	2nd Runner Up
4	Jeffrey Peh Ying Weng	Consolation
5	Chiang Ah Ean	Consolation
6	Cheah Too Jin	Consolation

Michael Cheong
YMCA Staff



Dinner before the competition start.



Congratulations to all the winners.



All it takes is one song to bring back memories.



A passionate singer.



Letting it go.



One of the best competitors of the night.



Winners of 2017

Photography Club

YMCA Penang becomes a photo gallery from local photographers

If you look around Penang YMCA, you will notice that there are new and colorful photos of Penang hanging on our walls. Where do they come from? These beautiful snapshots are from passionate local photographers! Well, not just any photographers...they are members of the YMCA Photography Club!

This initiative was the culmination from the “Colors of Penang” project started 2 years ago. Since then, members had submitted their best shots of Penang to contribute to the success of this project.

Among the contributors are Sherwynd Rylan Kessler, Asher Leo, Janice Chong, Gary Loh, Randy, Ong Sooi Gaik and Michael Cheong.

Explore our building and check them out for yourself!

Workshops: Basic Introduction to Photography and Outdoor Portraiture Shoot

The Y Photography Club successfully executed two beneficial workshops for novice photographers. Sherwynd Rylan Kessler who is a professional in this field and also the chairperson of the Photography Club led both the workshops.

The first workshop was a basic introduction to Photography. We had about 20 beginner participants who were excited to learn how to use their DSLR cameras. The topics covered were about lighting, modes, long exposures, composition, distortion control, a photo sharing session and finally, an outing to the beautiful beach at Sungai Batu for a sunset shoot.

The second workshop was a practical outdoor shoot. We had 14 participants who had a practical hands-on portrait shooting with 2 beautiful models. The shoot location was at The SPICE rooftop garden. All participants had a good time, learning about different poses, angles, composition, lighting and styles. After the practical exercise, participants gathered at the YMCA for debriefing and a fun photo sharing session.



Lesson before out to the field.



Out in the field to take good shot!



Model of the day.



Ms. Terrie showing her photography skills.



The photography club welcomes all who are keen to explore and improve their photography talent and skills. Like our facebook <https://www.facebook.com/YMCA-Penang-Photography-Club> or call 04-2288211 for more info.



Second model of the day.



1.. 2.. Smile ©



Mr. Sherwynd giving his comments.



Ms. Pauline won a prize for the best picture!



Emergency Response Training by APM

Have you ever thought about what to do when an emergency occurs and who we can refer to?

We are grateful to have the opportunity to participate in Emergency Response Training which was organized and sponsored by JKKK of Fettes Park and trained by APM - Jabatan Pertahanan Awam Malaysia. The training was conducted every Saturday starting from 22 July 2017 until 12 August 2017 (total of 4 days) from 9am to 5pm at the JKKK office. APM sent their best trainers - Captain Mot, Sergeant Ng, Corporal Muhamad Arif and with assistance of Pbt Yeap to teach us.

The Emergency Response Training is not just a sharing of emergency responses but with practical simulation for each topic. On the 1st day of training, APM trainers briefed us about Civil Defense and its role in emergency responses. The training started with an explanation of First Aid Principles followed by a guidelines on the necessary steps to take during an emergency, the different types of emergency such as natural disaster, human treatment and the identification of wounds (such as cuts, bleeding and fractures) and the treatment for wounds.

We continued to learn how to treat different wound on the 2nd day. We also learned the correct way to perform CPR and operate the AED (Automated external defibrillator).

On the 3rd day of training, we learned about fire protection and the response a person should take when trapped in a fire. The last training included the procedures on how to take care of wounded victims. The training was wrapped up with a recruitment drive from APM and a thank you speech by the organizer – YB Cheah and the representatives from APM.

Though out these 4 days of training, we have a good understanding on what we should do and how we can help others during an emergency. It was a useful and meaningful training.

Koon Ping Looi
YMCA Staff



Sergeant Ng welcomed everyone.



Mr. Arif introducing the foot-ankle support.



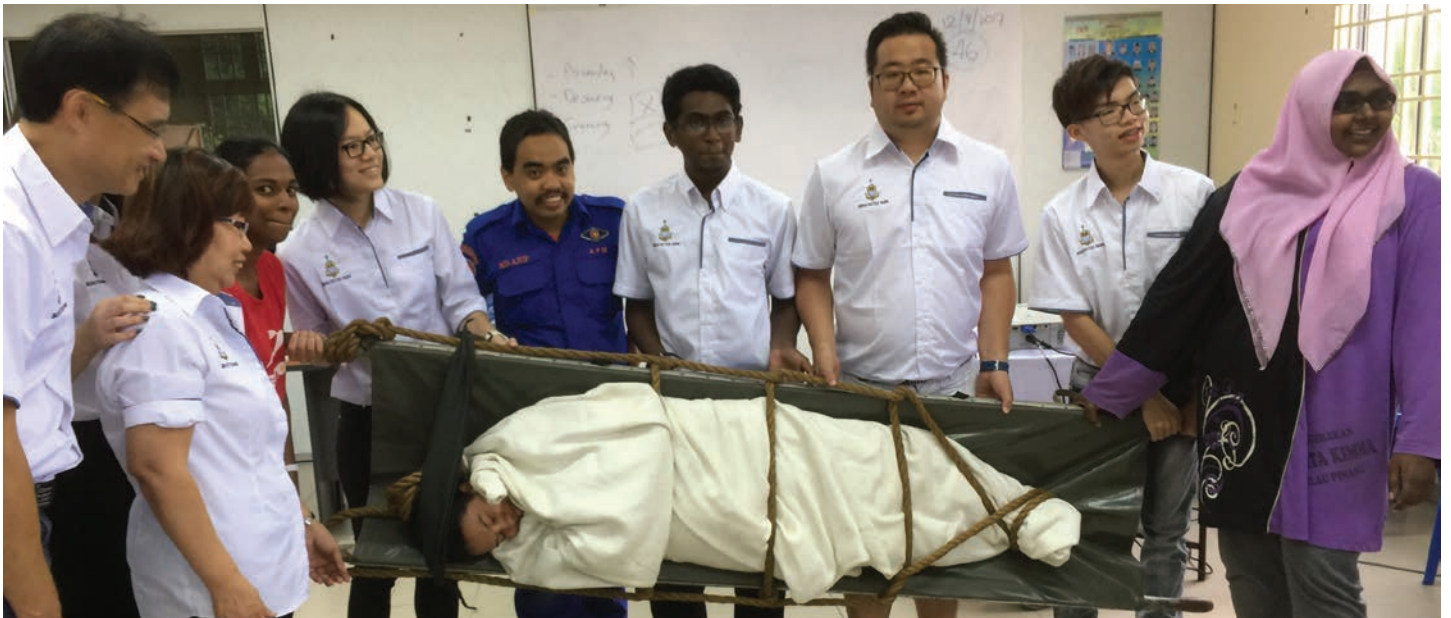
Ms. Koon trying the proper way to tie an injured arm.



Helping a friend in need.



The medical team gave a practical training on how to do proper Cardiopulmonary Resuscitation



Demonstration on how to secure a patient when carried on a plank.



Everyone did a great job!

An extract from “Revisiting the Reformation” from APAY

As a young person going through the book “Revising the Reformation” which was published by the Asia and Pacific Alliance of YMCAs, I was enlightened by the many topics which were covered by the brightest brains from the YMCA.

Of all the various topics, one particular one stood out for me. I wish to extract parts of it as I find it meaningful and true to a deeper understanding about the roots of YMCA’s formation and its mission. It was a piece written by David Kwang-sun SUH, Ph.D. Professor Emeritus of Theology EwhaWomans University Korea, Former President of World Alliance of YMCAs (1994-1998). The sub-chapter was entitled:

A Contemporary Mission of APAY in the Spirit of the Reformation

YMCA Mission in the Spirit of the Reformation

“The history of the YMCA begins with the story of George Williams, the legendary founder of the London YMCA in 1844. Williams was a businessman, a clerk in a drapery factory”. As was in Martin Luther’s era, the time of George Williams was also a revolutionary period.

George Williams ran his drapery factory in the middle of the Industrial Revolution, which dated from about 1760 through 1870. The Industrial Revolution began with the discovery of the steam engine, which revolutionized the means of transportation. It changed the method of production from human labor to machines for manufacturing through mass production.

Sociologically, the new factories were built in the cities, which led to urbanization around the industrial centers so that the rural agricultural communities rapidly became desolate. The newly rising industrialists and business people were forming a new middle class while the old regime of nobility and gentry was fading away. It was also the Age of Queen Victoria when human creativity in the arts and letters were bursting forth.

From the time of the Protestant Reformation to the Age of Reason and the Enlightenment, Europeans

advocated almost in unison for religious freedom, individual liberty, tolerance, fraternity, and progress. But these modern and democratic values were only for the Europeans. Betraying their own belief systems and against their values, they invaded the “other world” and destroyed the people and the land as well as non-Western civilizations with their weapons and gunboats; for while humanity was making so much progress in so many realms of life in Europe, it was also a time of brutal, savage, and bloody destructive invasions by Western armies into the rest of the world—Asia, Africa, and Latin America. For example, Great Britain officially colonized India in 1817; and in China, the First Opium War broke out in 1839 and lasted for more than three years.

The most historical irony of all is that Christian missionaries came to Asia along with the colonizers, practically on their gunboats, to spread the Gospel of Jesus, of love and peace. The YMCA of Australia, the first in the Pacific, was founded in 1851 with YMCAs being founded shortly thereafter in the Indian city of Calcutta in 1854, in New Zealand in 1855, in Pakistan in 1876, in Japan in 1880, in Sri Lanka in 1882, in the Chinese city of Fuzhou in 1885, in Burma in 1897, and in the Philippines in 1898.


The YMCA Movement as the Second Reformation

In this Zeitgeist, the spirit of the time, a London businessman, George Williams, began a Bible study class with some 12 young factory workers.

First of all, the first YMCA movement begun by George Williams was a Christian response to the challenging times of the Industrial Revolution as Luther’s religious reform action was initiated to meet the crises of the Roman Church and to respond to the changing epoch of the Renaissance.

In short, the YMCA movement was a reaction to the world of the Industrial Revolution and the Age of Reason and the Enlightenment.

The second important characteristic of the YMCA movement is that it was predominantly a movement



of laypeople and volunteers. Martin Luther and other reformers were mainly highly educated theologians, priests, and scholars, but George Williams and other YMCA leaders who came to draft the Paris Basis in 1855 were lay Christians. Martin Luther's slogan of the "priesthood of all believers" became a reality in the YMCA movement, for the YMCA was from the beginning a movement: it was outside the structure of the Church as well as its control.

Thirdly, George Williams began his work with young workers by starting a Bible study group. The YMCA movement is thus firmly rooted in the Protestant principle of sola scriptura. The YMCA movement was based on the Word of God: its Christian identity is based on the Bible and according to the Bible.

Fourthly, the YMCA movement is Christ-centered as indicated in the Paris Basis, but it is a movement that seeks to put faith into action, that is, to follow the path of Jesus as his disciples. The most important part, is the YMCA's extension of Christian faith in action. The first Protestant reformers tried to reform the Church; the YMCA movement came out from the church compound and worked in the world—a world of tumultuous social and political transition in revolutionary times. To put it simply and forcefully, the YMCA movement was not of the Church, but of the world, and for the transformation of cultural, social, and political realities. The YMCA movement is not for individual souls, but for human communities.

Fifthly, the YMCA movement strives to establish and extend the Kingdom of God, not in the other world, but "amongst young men," that is, the mission and purpose

of the YMCA is to realize God's Kingdom on earth and among the young people in the world. The YMCA is a political movement for the Kingdom of God to protest against injustice, oppression, and exploitation and to promote a just, fair, and free human community of peace and harmony.

Sixthly, it is important to highlight the ecumenical nature of the YMCA movement. The Reformation was a Protestant Reformation to become separate from the Roman Catholic Church. From the beginning of the YMCA movement, however, there was no question about the denominational affiliation of the founders, whether they were Lutherans, Presbyterians, Anglicans, Methodists, members of the Reformed tradition, Quakers, Baptists, etc. Moreover, since the 1905 World Alliance Assembly, Catholics and Orthodox Christians have become full YMCA members. Furthermore, in South and Southeast Asia, Buddhists, Muslims, and Hindu Dalits have been admitted to the membership of YMCAs. The YMCA movement is color blind, and there is no discrimination according to race, sex, class, and religion.

Finally, the lifestyle of the YMCA, as an organization and as individual members, is what John Calvin's work ethic has promoted, that is, honest and hard-working people with a well-disciplined and healthy body, mind, and spirit. If there is an educational goal of the YMCA, it is the education of the whole person."

Taken from "Revisiting the Reformation" by Asia Pacific Alliance of YMCAs

Michael Cheong
YMCA Staff

NCYM Meeting 2017

The National Council of YMCAs Malaysia had their Annual Business Meeting in Frasers Hill from the 23rd to 25th October 2017. We killed two birds with a stone by having a retreat there. The road was winding, but we had a good view of the reservoir as well as feasting our eyes on the lush green trees.

Thanks to Mr. And Mrs. Michael Thong, we had a cool, relaxing and productive time with one another in the comfort of the two bungalows. It was like a reunion of YMCA members from Sibul, Kuala Lumpur, Ipoh, and Penang. We were at ease in one another's company, sharing our views without reservation.

We had our Annual Business meeting chaired by our President, Datuk Daniel Tay and our Hon Secretary, Mr. Ng Yee Khai.

Mr. Ng Yee Khai conducted a session where he shared on the Global Operating Plan to strengthen the YMCA's. He also shared on what the other YMCA's were doing to inspire us. He reminded us of Challenge 21 which was declared in 1855 and affirmed in 1998.

Challenge 21 is: -

- A. To proclaim the gospel of Jesus Christ, to seek the spiritual, mental and physical wellbeing of individuals and society as a whole
- B. To encourage all, especially young people and women to take on increasing responsibility and leadership at all levels, to work for a just society.

Mr. Jerry Choo had a session with us on institution viability. He stressed the importance of leadership assessment as we need to put our strategies into ACTIONS.

He commented that board governance is vital for the healthy growth of our YMCA's. (He has very kindly offered his service to NCY when we plan to have a seminar on board governance for all our local Ys).

There is a need to develop human, financial and infrastructural assets of the organization through ongoing leadership and resource mobilization.

The local Y's see a great need for leadership development and succession, and we are looking forward to NCY Organizing a program for this year.

Our Y's recognize the importance of consistent income

generation, and our local Y's can help by supporting one another in whatever way each Y excels in.

The session was a refreshing reminder for most of us, and Mr. Jerry had kindly offered to email us his notes as most of us would not remember all the important points shared.

Besides sitting through 2 sessions, we had time to discover Frasers Hill. We visited the organic farm, some heritage buildings and got to exercise our legs with all the sitting and feasting.

We had warm fellowship after dinner nightly with the wood burning at the fireplace to warm our hearts and bodies and to whet our appetites. We got to know one another better as they spread their dreams for their Y's as well as the difficulties some Y's are going through. Local Y's exchange Programmes will be good for interaction with one another.

NCY hope to be able to journey with the local Y's by playing a more active role with the support of the local Y's. We desire that through our local Y's, the name of Christ be lifted up, and more men will be drawn to His amazing love.

*Priscilla Kong
Director, YMCA Kuala Lumpur*



Enjoying our meals - fine dining style



The beautiful night scenery



Mr and Mrs Choo going through the reports



Dato Daniel Tay, President of NCYM



An ongoing productive meeting



AGM meeting



Exploring Fraiser Hill



We found Fraiser Hill's clocktower

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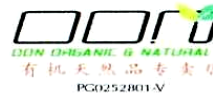
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This discount does not apply to any corporate or private functions.



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Level 4, YMCA Building, 211 Jalan
Macalister
10450, Penang
Tel: 012-4992777

Special privileges and rebates for YMCA Members available



Hike Enterprise
Folding Bike and Accessories
No 362, Penang Road 1000 Penang,
Malaysia
Tel: 012-4825688
04-2293710 (Tel + Fax)

Discount for YMCA Members available



Milkshake Factory
170-06-08, Gurney Plaza, Persiaran
Gurney, 10250, Penang
Tel: 016-6994586

Discount for all Milkshake Factor outlets nationwide
20% discount on total bill for YMCA Members
* Please flash YMCA cards to staff when orders are made



PURRFECT CAT CAFE
No.53, Lebu Muntri, 10200 Penang.
Tel: 04-2611197
Email:purrfectcatcafe@gmail.com

-With every purchase of RM20 and above in a single receipt are
entitled to a glass of signature drink.
-10% discount off for every merchandise



Millennium AV Trading
49, Medan Sungkai
10460, Penang

Discount for YMCA Members available
* 20% discount for Penang YMCA members, other discounts
for other YMCA Members (please call to enquire)
- Rental of LCD projectors, Sound System and AV equipment



Spectrum Music
396B, Level 2
Wayton Commercial Building
Jalan Burma, 10350, Penang
Tel: 016-4559780

15% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when orders are made



Santorini Café
94, Burma Road
Georgetown, 10050, Penang
016-4416039

10% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when orders are made
* *Discounts are not valid for promotions, set meals and additional
"add-on" items.



Touch Mobile Services
12, Jalan Mahsuri, Bayan
Baru, 11900, Bayan Lepas,
Penang
Tel: 016-4160171

Web site design and developer specialist, Business Software design
specialist. 10% discount for YMCA members worldwide



UNICO Events Management
9, Solok Pierce, 10350, Georgetown,
Penang
Tel: 016-5550607 / 018-9898707

10% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when arrangements are made



DS Control Systems
Ground Floor, No 1, Jalan Batu
Uban, Gelugor, 11700, Penang
Tel: 016-4160171

Alarm, CCTV specialist, door access, car park barrier system.
Dedicated service and maintenance team.
10% discount for YMCA members worldwide



Team PowerHouse Fitness
4-02&4-03, 4th Floor, Island Plaza.
No.118, Jalan Tanjong Tokong,
10470 Penang.
Off Tel: 04-8900370 / 04-8900390

Just show your YMCA membership card when joining and enjoy
the benefits of our superb fitness centre for a great price

Discount Merchants for ALL YMCA Members

continue ...



Pro Eyecare
4K-1, Tingkat Kenari, Desaria, Sg Ara,
11900, Bayan Lepas, Malaysia
04-6462800
22, Tingkat Tembaga, Island Park,
11600, Penang
04-6573800

Promotion on Frame+ additional 10% discount on top of promotion price



EU CUISINE
86 Rangon Road,
10400 Penang, Malaysia.
Tel: 04-2285128

10% discount for all YMCA members



Tai Dental Surgery
5-02-4, Huaza Complex, Jalan Gangsa,
11600, Pulau Pinang, Malaysia
Tel: 04-656 1116

-10% discount off for every merchandise
*Not including dental products and tooth whitening offers.



OSEL CLINIC
213, Macalister Road, 10400 Penang.
Tel: 04-2283005 Fax: 04-2283006
Email: www.oselclinic.com

-10% Discount for YMCA member
-Free personalize consultation
-NO GST



PRECIOUS PAGES RESOURCES
56, Lorong Selamat,
10400, Penang, Malaysia
Tel: 04-2297678
Email: preciouspagesr@gmail.com

-10% Discount for Ticket Entry



PRECIOUS PAGES COLLECTIONS
56, Lorong Selamat,
10400, Penang, Malaysia
Tel: 04-2297678
Email: preciouspagesr@gmail.com

-10% Discount for Ticket Entry



MAGIC WORLD PHANTAMANIA
193, Lebuh Victoria,
Penang, Malaysia
Tel: 04-263 3193
Email: phantamania.info@gmail.com

-20% Discount for Ticket Entry



Wawasan Open University
(700364-W)
54 Jalan Sultan Ahmad Shah,
10050 Penang, Malaysia.
Tel: 04-2289323 Fax: 04-2269323
Email: enquiry@wou.edu.my

Rebates for tuition fees worth up to RM1, 100
(To enroll with a minimum of 2 courses for 1st semester)
Enjoy Monthly Study Allowance (COLA) and Fee Rebate up to 50% off tuition fee.



SUPER STAR MOTOR
225, Jalan Utara,
Bukit Gelugor,
11700 Gelugor, Penang.
Tel/Fax: 04-6569917

-10% Discount for YMCA member



THE OWL MUSEUM
Level B3, Astaka Bukit Bendera,
Jalan Tunku Yahaya Petra,
Bukit Bendera, 10000 Penang Hill,
Penang.
Tel: 04-8265704
Email: purrefectcatcafe@gmail.com

-10% discount off for every merchandise



DOUBLE EXPOSURE CAFE
49, Muntri Street,
10200 Penang.
H/P: 012-3644661
Email: doubleexposurecafe49@gmail.com

-10% discount off for every merchandise



PENANG CAMERA MUSEUM
49, Muntri Street,
10200 Penang.
Tel: 04-2613649
Email: www.penangcameramuseum.com

-10% Discount for Ticket Entry



COOL GHOST MUSEUM
57, Lebuh Melayu, Georgetown
George Town, Malaysia
Tel: 04-261 2352
Email: ghostmuseum15@gmail.com

-20% Discount for Ticket Entry



“Come Stay With Us - Your Home Away From Home”

All our 70 air-conditioned guest rooms come with the following for added convenience and privacy.

- Wardrobe, dressing table
- Hot and cold shower
- Television
- Telephone
- Free wifi
- Luggage room
- Safe deposit box

Other Facilities:

- Tan Sri Lee Kong Chian Hall
- Upgraded Meeting & Conference Rooms
- YCafe
- Chinese Restaurant Hau Hau Yu
- Badminton Courts
- Sheltered Car Park with CCTV Surveillance



Penang YMCA International Hostel

211, Jalan Macalister, 10450 Pulau Pinang, Malaysia

Tel: 04-228 8211 Fax: 04-228 9094

Email: hostel@ymcapg.com

Website: www.ymcapg.com



WiFi Upgrade

The YMCA Penang is pleased to announce that we have upgraded our WiFi system to better serve our guests. Usage of WiFi is FREE for all YMCA Penang guests only. Password slips can be obtained from our friendly receptionists at our front desk.

