

THE MESSENGER

OFFICIAL NEWSLETTER OF THE PENANG YMCA



JANUARY TO JUNE 2016
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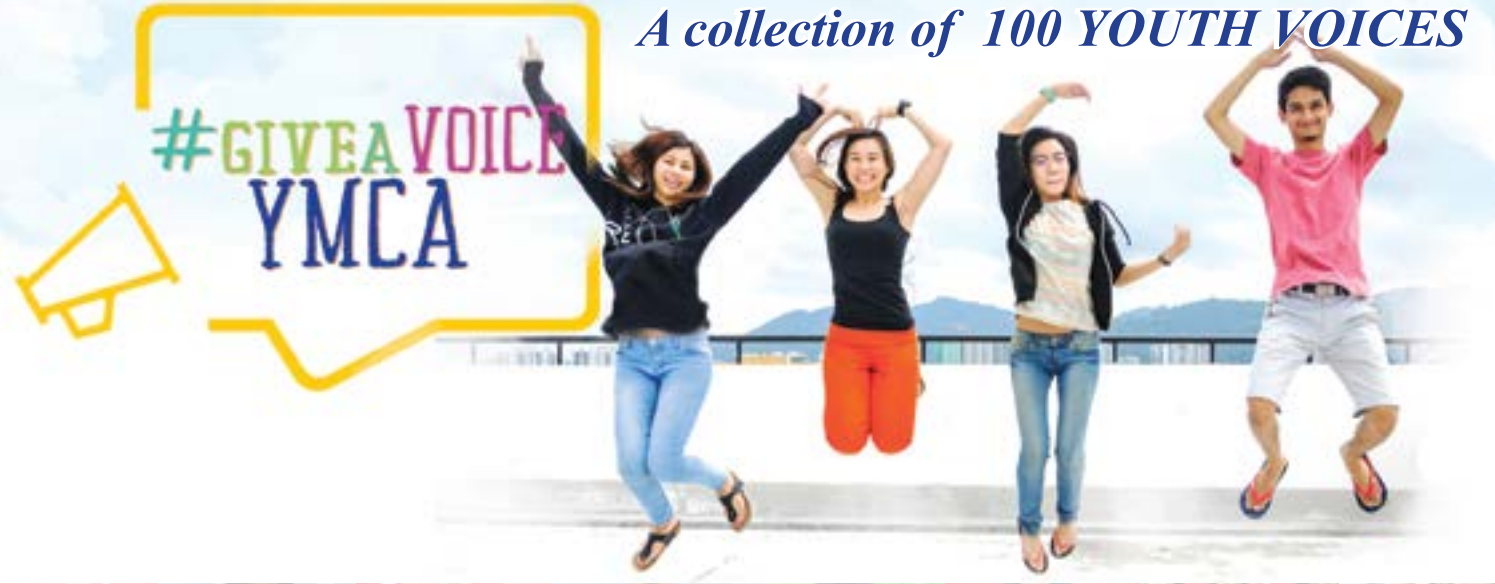
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Annual WORLD CHALLENGE 2016:

A collection of 100 YOUTH VOICES



Annual WORLD CHALLENGE 2016: A collection of 100 YOUTH VOICES
 Every year on YMCA'S birthday (6th of June), the YMCA World Alliance issues a challenge to all YMCAs in the world! The purpose of this challenge is to mobilize the YMCA movement for an opportunity to share their great works to impact their local community. The goal is to raise awareness of the YMCA, invite the local community to join us and also give us a chance to speak to others about our mission, especially about youth empowerment.

The challenge this year is to go out and tell young people "we want to give you a voice". How will your YMCA demonstrate giving a voice to your local young people?"
 Our Response is "to broadcast and empower the "importance of the voices of young people" through media".

On our side, we organized a young energetic team to plan a massive awareness campaign like never before through our YMCA Penang's official Instagram, YMCA Facebook and through a short impactful video that would be published online and submitted to the YMCA World Alliance. Our goal was to approach at least 80-100 young people around Penang to "voice" out their reasons on why they think they should be heard.

It was most interesting to hear various reasons given. These messages range from speaking for the voiceless to contribution of ideas and plans and to even expressing peace and love to others.

(Continued on pg.3 ...)



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President's Message



We want to welcome Mr. Arthur Khoo to our Board of Directors. He is expected to help us improve quality of reports, articles and reviews in our official magazine, "The Messenger". Mr. Arthur Khoo was a graduate teacher until his retirement as Headmaster/Principal of the

Methodist Boys' School Penang. He is a deeply committed Christian educationist and has offered his expertise to help us in serving our Lord through service in the Penang YMCA. We welcome Mr. Arthur Khoo and look forward with exciting expectation to raise the quality of the "The Messenger"

The emphasis is on the training of youth leaders and we thank all trainers and participants for attendance and commitment at the recently concluded session at Gurun in Kedah. We pray the Lord will work through them to reach out to even more youth.

We are still exploring how best to develop our parcel of land in Balik Pulau. Several interested Parties have shown up with ideas and offers of help. We are grateful for all the help we can get.

We want to acknowledge and thank our Chairmen of the various committees including those faithfully serving as committee members for all the good work done. Without these relative "unsung heroes", our YMCA would not have accomplished as much. Thank you for your unselfish dedication. We salute you!

To God Be The Glory!

*Geh Cheng Lok, DJN, PJK
President
YMCA of Penang*

General Secretary's Message

It was a refreshing start for the YMCA of Penang for 2016. We kicked off with a GATN program with the Chinese YMCA of Hong Kong Uni-Y group on the first week of January 2016 with hectic outdoor sports programs for 4 continuous days. The program also involved our own youth leaders and staff who accompanied the 16 university students throughout the period.

We extend a very warm welcome to 2 new and 2 returning board members. **"Welcome to the Y family - Mr. Arthur Khoo, Mr. Asher Leo, Ms. Mary Yeo and Mr. Tan Jin Chong."** We look forward to a fruitful and energizing year as we journey together to serve our community.

10 participants comprising directors, youths and staff from the Y participated in the 2nd National Council of YMCAs, Malaysia "Training of Trainers - Part 2" workshop from 29th April to 1st

May 2016 at Harvard Resort, Gurun, Kedah. Mr. Michael Cheong, former NCYM Youth representative and Program Executive of YMCA Penang was the Organizing Chairman and Mr. Jerry Choo, Honorary Treasurer was one of the resource persons during the workshop.

A campsite "Trial Run" cum planning was carried out by Dr. Hank Yap (MAPs Consultancy) and his team from 13th to 16th June 2016. The trial run cum presentation from Dr. Hank Yap gave many ideas to the Planning & Development Committee to re-examine and re-focus its direction on the development of the 2.8 acre property. We are expecting exciting new developments to emerge from here.

It has been 2 years since our last strategic planning during which we identified our direction to empower and develop youth leaders. This

initiative gave birth for the Y to work with other youth groups and NGOs and the realization that serious efforts have to be made to continually grow our pool of youth by engaging and sustaining them in their programs and activities. The 2016 Strategic Planning also focused on our Hostel facilities due to stiff competition in the marketplace. A detailed report can be found in this issue.

Our journey to bring the Y forward to serve the community as relevantly as possible and at the same time sustaining ourselves is becoming a greater challenge. We pray for the Lord's guidance and our obedience to walk with Him.

Finally, it is with a heavy heart that I have to inform our members of the passing of our 2 directors – Datuk Dr. Joseph Louis in January 2016 and Ms. Jael Low Wai Eng in February 2016.

*By Ong Sooi Gaik
General Secretary*

(Continued from pg.1 ...)

The video was officially launched on the 11th of June 2016 by YB Cheah Kah Peng during the Youth and Governance Workshop in which YB was the special speaker.

We would like to specially thank YB Cheah Kah Peng 谢嘉平, SEGi College Penang, INTI International College Penang, SENTRAL College Penang, and, others for their strong support for the youths!

#giveavoicelymca



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THE MESSENGER OF YMCA PENANG is printed twice yearly and issued free for all Members. All articles published in this Newsletter are strictly for Member and Associates.

The articles and opinions expressed in the Newsletter do not necessarily reflect those of the Board and Editorial Committee. The Editorial Committee reserves the right to reject or edit any contribution to the Newsletter.

We thank you all for your articles, contributions and appreciate your continuous support.



“Should I be worried about my cough?”

On 25th May 2016, a Health Talk was held at Penang YMCA. Professor Dr. Richard Loh, spoke on the topic, “Should I Be Worried About My Cough?”

Professor Dr. Richard Loh, a Chest Physician and Head of Department of Medicine at Penang Medical College said, cough is a normal physiological response to fight diseases. However, if a cough persists for some time and is accompanied by other symptoms like breathlessness and coughing blood, it may indicate something serious like pneumonia or T.B. When this happens, one should consult a doctor urgently. And one should go for a chest x-ray as well.

This Health Talk attracted about 70 people. At the end of the Talk, there was a Q & A session. Many questions were asked and Dr Loh gave very clear and satisfactory answers.

All in all, it was a very informative session and attendees were pleased with the Talk. Refreshments were provided.

*By Robert Moses (Director)
YMCA, Penang.*



4



CHEST PAIN: Is This HEART ATTACK?

Dr. Donald Ang Swee Cheng of Island Hospital, Penang, delivered a very informative Talk on “CHEST PAIN: Is This Heart Attack?” at YMCA, Penang on 24th February, 2016. He said many people especially those who have hypertension, diabetes, hyperlipidemia as well as those who are heavy smokers are at high risk. Symptoms of angina and heart attack were also covered in his Talk. And he also informed us about treatment options available to address the risk factors associated with Coronary Artery Disease.

The Talk drew a crowd of about 60 members, and, at the end, there was a Q and A (Question and Answer) session. Many members raised questions to clear their doubts on issues connected with the Talk.

There were light refreshments for all who attended.

*Robert Moses (Director)
YMCA, Penang.*



5

History's Greatest Event -- The Resurrection of Jesus Christ

"Men of Israel, listen to this: Jesus of Nazareth was a man accredited by God to you by miracles, wonders and signs, which God did among you through him, as you yourselves know. This man was handed over to you by God's set purpose and foreknowledge; and you, with the help of wicked men, put him to death by nailing him to the cross. But God raised him from the dead, freeing him from the agony of death, because it was impossible for death to keep its hold on him. (Acts 2:22-24)

The resurrection of Jesus Christ from the dead is the greatest single event in human history. This is why we celebrate this day on the Christian calendar. The word for "raised" is the compound verb anastasis. Ana means "up" and stasis means "to stand." God stood Jesus up. He was on a stone slab in a cave, a lifeless corpse. There was no more breath coming from his lungs. His heart had stopped. His brain was dead. His life was gone.

"But God" raised him from the dead. It was an absolute impossibility that Jesus could stay dead. He had done nothing to deserve death, he was sinless. This, too, Peter boldly proclaims, was the fulfillment of a prophecy from Psalm 16 by King David, "I saw the Lord always before

me. Because he is at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will live in hope, because you will not abandon me to the grave, nor will you let your Holy One see decay. You have made known to me the paths of life; you will fill me with joy in your presence." (Acts 2:25-28)

God loves us so much that He took upon himself humanity and exposed himself incarnationally to our human existence and ultimately bore upon himself our sins, our guilt, our brokenness, our alienation, capturing all that in the life, death and resurrection of Jesus Christ.

What are Easter and the Resurrection? The name "Easter" did not become associated with the resurrection of Christ until the second century. It most likely came from the ancient Saxon spring festival called Ostern. Some Easter customs also originate from ancient spring festivals. The tradition of the Easter Bunny has its origins with the Saxons, who would adorn their villages with rabbits carved from wood. The giving of brightly colored eggs was a custom in the Middle East during the spring festivals.

Easter Sunday is the day of rejoicing that follows the sorrow of Good

Friday and Holy Saturday. Easter is the celebration of Christ's resurrection from the dead which is the very foundation of the Christian faith. Indeed, Christ is risen.

It bears witness to God's enduring promise of eternal life. As the climax of Holy Week, Easter is a time of hope and assurance. It is humanity's turning point from destruction to glory and salvation.

The resurrection of Jesus from the dead confirms that He fulfilled His mission in coming to the earth. Jesus' mission was to die for the sins of the world (Matthew 1:21, John 1:29). On the cross of Calvary, Jesus Christ perfectly completed His sacrifice of atonement. "For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God" (1 Peter 3:18). But before our Savior could bring us to God, not only had He to die for our sins, He had to rise from the dead.

Without the resurrection there would be no salvation for any of us. The living Christ is now able to save all who come to Him (Romans 4:25, Hebrews 7:25).

*By Dr. Mallise Tong
(Director/Chairperson)
Christian Care Committee*

EASTER SUNRISE CELEBRATION 2016

How time flies!

The bright and beautiful Sunday morning beckoned each and every one of us into the YMCA Hall. Many had come early to enjoy the morning air and to join in the excitement of the Easter Sunrise celebration.

Easter Sunrise Service is a yearly affair in YMCA Penang and begins at 7.00 a.m. This year's Celebration falls on 27th March. Before the Easter message came on, we had a time of praise and worship, singing and praising God as a community in Christ.

Pastor Steven Chin, who serves as a Hokkien Pastor at the Rifle Range Community Church in Ayer Itam, gave a heart-warming message "Being Real" from the scripture passage (Corinthians 4:1-6). At the end of his sharing, he rendered a hymn "What a Friend We Have In Jesus" with his ukulele and invited all to sing along. Rev Ho Kong Eng, former Chaplain of YMCA Penang, led in the closing prayer and gave the Benediction.

More than 70 people attended the celebration which included directors,

staff, members and friends of YMCA Penang. Visitors from The Salvation Army, Penang Corps., senior folks from Grace Harmony Home and members of other churches also joined in the service. Easter eggs were distributed to all attendees and many stayed back for the breakfast fellowship after the service.

Thank you for joining us in our Easter Sunrise Celebration 2016

*By Dr. Mallise Tong
(Director/Chairperson)
Christian Care Committee*

YMCA PENANG MONTHLY CHRISTIAN FELLOWSHIP

Monthly Christian Fellowship is held on the last Thursday of the month, at 8.00 p.m. in the YMCA Chapel.

We are thankful to our speakers, the Pastors and leaders of churches who shared the Word of God at our monthly Christian Fellowships.

28th April 2016: Rev. Albert Vijay Joseph, who shared on "THE DELICATE DICHOTOMY: SPIRITUAL & SECULAR". Scripture Passage taken from Mark 12: 14-17



30th June 2016: Mr. Jerry Choo shared on "UNDERSTANDING END TIMES PROPHECY". Scripture passage taken Revelation 20: 1-15



26th May 2016: Pastor Samuel Teh shared on "GOD, MY HEALER". Scripture passage: John 5: 1-5



Please contact our Program Officer, Mr. Daniel Wong at 012-4993411 or 04-2288211 for more details on upcoming months Christian Fellowships and events.

*By Dr. Mallise Tong
(Director/Chairperson)
Christian Care Committee*

Understanding End Times Prophecy

Revelation 20:1-15

Message prepared and delivered by Jerry Choo on 30th June 2016 at Penang YMCA 8.00 pm worship service

Introduction

Our scripture for today, Revelation chapter 20 tells us that at the second coming of our Lord Jesus Christ, he will reign on earth for a thousand years. If this is taken literally it is simple to understand what is meant. However, because many Bible interpreters do not agree that Christ will reign on the earth for a thousand years after his second coming, a large number of interpretations have arisen over the millennial reign of Christ. In general there are four major millennial views, each with a number of variations.

What I would like to do this evening is to give you an impartial view of these four views. Much of what I will share with you is taken from the book, Understanding End Times Prophecy by Paul Benware. This book gives a very detailed explanation of the different millennial views.

All these four terms come from the word, millennium which is the Greek word for a thousand years. No where else in the bible are we told of the length of time of Christ's reign. It is only revealed to John in Revelation chapter 20 that at the second coming of our Lord Jesus Christ, he will reign for a thousand years here on earth. His Kingdom will be the culmination of all of human history. This glorious one-thousand year reign of the Savior here on earth will be the fulfillment and the realization of the hope of all the saints of all the ages. All the OT prophets had prophesied about the coming of a conquering messiah who would rule wisely and justly. That he will defeat all Israel's enemies and that there will be peace and harmony. They thought Jesus would fulfil that prophesy. But he did not. Instead he came to fulfil the suffering servant prophesy of Isaiah. So the prophesy has not been fulfilled. Was it a pipe dream? No one knows when it will be fulfilled or will it ever be fulfilled. But when you study end times prophesy you realize that it will be fulfilled on his second coming. Let us look at one of the OT prophesies about the coming messiah.

This was prophesied in Jeremiah 23: 5 – 6, "Behold the days are coming, declares the Lord, when I shall raise up for David a righteous branch and He will reign as King and act wisely and do justice and righteousness in the land. In His days Judah will be saved and Israel will dwell securely and this is His name by which He will be called, the Lord our righteousness. Behold the days are coming."

Revelation 20 is a pivotal chapter. It also reveals that the end of the thousand-year Kingdom of our Lord will be the end of human history and will be the end of the present universe as we know it. Because after the thousand years is over, the Lord will destroy the universe completely and create a new heaven and a new earth that will become the eternal kingdom.

So Revelation 20 is a very important chapter.

Outline of tonight's message

A. Overview of Future Events Prophesied in the Bible

B. Overview of Revelation

C. Four major millennial views

- Dispensational Premillennialism
- Historic Premillennialism
- Amillennialism
- Post millennialism

A. Overview of Future Events Prophesied in the Bible

Let me start by giving you an overview of future events.

There are seven major events prophesied in the Bible.

I. The Rapture

The first event is called the Rapture. This event is described by the apostle Paul in 1 Thessalonians 4:15-18

15 According to the Lord's word, we tell you that we who are still alive, who are left until the coming of the Lord, will certainly not precede those who have fallen asleep.

16 For the Lord himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first. 17 After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. 18 Therefore encourage one another with these words.

The term rapture is derived from the Latin word rapio meaning, "Caught up". The "Rapture" is an event that will occur when Christ descends from Heaven, and call those who know Him into Heaven. Those who had died would be the first to be resurrected. They will be followed by those who are alive who would be caught up and taken to be with the Lord up in the clouds. Both

would receive new resurrected bodies when they meet the Lord.

II. The judgment Seat of Christ

Immediately following the rapture, the resurrected saints appear before the judgment seat of Christ in heaven. 2 Corinthians 5:10 (NIV) For we must all appear before the judgment seat of Christ, that each one may receive what is due him for the things done while in the body, whether good or bad.

All Christians will be judged and held accountable for their conduct here on earth. It is not about whether they will be saved because Christ had died for their sins but it is about how they will be rewarded. Those who did much will be rewarded with much. Those who did little will be rewarded accordingly.

III. The Tribulation

The tribulation is a time where God's judgment is poured out on sinful humanity. The world will experience a terrible time of calamities, earthquakes, disasters and plagues where millions will perish. It is generally believed to be a period of 7 years. Based on the prophesies of Daniel 9:24-27, this period begins when the anti Christ rises to power and signs a peace treaty with the nation of Israel and allowing the Jewish temple to be rebuilt. A pawn of Satan, the anti Christ will gain worldwide control with promises of peace. He will be aided by the false prophet, who heads a religious system that requires worship of the Antichrist (Revelation 19:20).

There are two purposes for the tribulation.

The first is to save the nation of Israel including other gentiles and bring them under the new covenant which is the covenant of salvation. The tribulation is to bring Israel to the point where they will respond to God's gracious offer of salvation. They will suffer great persecution which will eventually make them realize that salvation comes only from turning to Christ.

The second purpose is to judge wicked people and nations who oppose God. Unrepentant and wicked angels will eventually be dealt with. Thus the tribulation is a time of unprecedented hardship and judgment. In a series of judgments 80% of the world's population will perish.

The tribulation is also a time when Satan will be very active. Using the Anti Christ, Satan will try to kill God's people and get the world to worship him. Christ returns

to put an end to all the troubles and take control of the earth again.

IV. The second coming of Christ

At the end of the tribulation, Christ comes in power and glory from Heaven to earth. Five important events occur.

1. First will be the judgment of all survivors of the tribulation. Although billions have died in the tribulation, the millions who survive will be judged to determine whether they will enter the millennial kingdom. In the separation of the sheep and the goats, the sheep are allowed into the Messiah's kingdom while the goats are cast into hell. (Matthew 25:31-46).
2. Second is the judgment of Israel to determine whether they will enter into the Messianic kingdom.
3. Third is the resurrection and rewarding of old testament saints and the saints who perish in the tribulation mentioned in Rev 20:4-6; Daniel 12:2 It is at this second coming that they will be resurrected and given glorified bodies and rewarded according to the works they have done. The righteous will enter the Millennial Kingdom; the wicked will be cast into hell.
4. Satan will be bound and cast into the Abyss where he will not exercise any influence for a thousand years. (Revelation 20:1-3).
5. The Messianic kingdom will be established on earth.

V. The Millennial kingdom of Christ

Once all the enemies of Christ have been removed and all resurrections and judgments have taken place, the wonderful period of the millennial reign of Christ begins. All the promises made by God are fulfilled where Israel is restored and Gentiles enjoy God's blessings under Christ.

Jesus Himself will rule the world with Jerusalem as the capital.

The millennial kingdom is characterized by righteousness, peace and joy. All will worship Jesus in his glory. The curse that was placed on creation at the time of the fall will be removed. There will be no natural disasters, calamities of any sort. No sicknesses or diseases. There will be long life spans and the population will increase exponentially. It will be a time of unprecedented prosperity on earth for all and a time of peace and harmony. The animal kingdom is also

transformed. No more carnivores. Animals will also become vegetarians where the lion shall lie down and play with the lamb, the sheep and the goats. It will be a time of idyllic peace and harmony that has never been experienced before.

VI. The Final Judgment

But after the thousand years is over, Satan is let loose and in a final attempt to gain control of the earth he will deceive the nations of the world and many follow him to wage war against God's people. This is the final desperate attempt for Satan and all those who follow him, the false prophet and the wild beast. They surround God's people in Jerusalem but they are vanquished when fire comes down from out of heaven and destroys them.

Following this, three judgments will take place.

First, is the final judgment of Satan and all the fallen angels. They are thrown into the eternal lake of fire where they will suffer torment in eternity.

Second, all unbelievers and all the wicked from all eras of history who had died will be resurrected to stand before the great white throne of God in a final judgment (Revelation 20:11–15). Because of their sinful actions, unbelief and wilful rejection of God's grace, their names will not be found in the book of life and they will be cast forever into the same lake of fire as Satan. Rev 20:12-13

The third judgment will involve the old earth and heaven that has been contaminated by sin, pollution and all kinds of wicked beings which necessitates their cleansing. They will also be destroyed by fire. This prepares the way for the new heaven and new earth.

VII. The Eternal Kingdom of God

It was God's purpose from the beginning of time to rule over his creation and have fellowship with his people. But His ruler ship was challenged and his fellowship was marred by sin and rebellion. The death of Jesus paid for the sins of the world and the reconciliation of mankind with God. With the defeat of Satan and the collapse of all evil kingdoms of mankind, Jesus is established as the king of kings and the kingdom is now delivered to the Father.

God completely remakes the heavens and the earth. It is at this time that God wipes away all tears and there will be no more pain, death or sorrow. The New Jerusalem descends from heaven, and the children of God will enjoy eternity with Him (Revelation 21–22). This is a time of peace, joy and harmony for all the children of God. Rev 21:1 – 22:5.

This is an overview of future events prophesied in the Bible.

B. Overview of Revelation

(Refer to chart)

Now let us look at how the chapters in the book of Revelation fit chronologically into the end times framework. The key to understanding bible prophesy is to fit the passage you are studying into the chronological framework of the 7 major end time events.

C. Four major millennial views

Now let us look briefly at the four millennial views.

Dispensational premillennialism

What is dispensationalism.

“Dispensationalism is an approach to biblical interpretation which states that God uses different means of working with people (Israel and the Church) during different periods of history, usually seven chronologically successive periods.”

Matt Slick, President and Founder of the Christian Apologetics and Research Ministry

“Dispensationalism is a framework for understanding the Bible. It is a system of Bible interpretation. In essence, dispensationalism is a period of stewardship whereby man is tested during God's dealings with him.” (bretherenonline.org)

In other words, dispensationalism refers to the progressive revelation where God makes known his will to his creation in the way human affairs are to be managed

Dispensationalism's governing principle is that the history of humankind is divided into different periods, and God deals with the human race on the basis of some specific principle for each period. It should be noted that not all dispensationalists are agreed on the number of dispensations

Dispensational Premillennialism

Dispensational Premillennialism holds to the view that Christ will return before the millennium and it is called dispensational because it is founded in the doctrines of dispensationalism. They believe that the church and Israel are two distinct identities with two individual redemptive plans and that God will fulfil the OT prophesies to Israel.

Dispensational Premillennialists believe that before the tribulation, a rapture will occur where Christ will resurrect believers, dead and living into heaven. This is in fulfilment of 1 Thessalonians 4:15-17. God then judges the nations of the world during a period of intense trial also known as a time of God's wrath. After this period of divine wrath, Christ will return with the saints. Satan will be bound and put in an abyss for a thousand years. Christ will reign over the earthly nations for a thousand years. After the thousand years, Satan will be released. In a last attempt in rebellion against God, he will deceive the nations, gather an army of the deceived, and take up battle against the Lord. This battle will end in the final judgment of Satan and all the wicked who follow him. They will be cast into the eternal lake of fire. The righteous will follow Christ into the eternal state of glory, where God will create the new heavens and new earth.

Historical premillennialism

Historical premillennialism sees the second coming of Christ before the millennium and just after the tribulation. To them the rapture will occur after the tribulation at the same time as the second coming of Christ. After the millennium, Satan will be released and gather the nations to rise against the kingdom of God. They will be defeated and in a final judgment they will be cast into the eternal lake of fire. While similar in some respects to dispensational premillennialism, they differ in significant ways; notably in their way of interpreting Scripture and in the church displacing Israel.

Amillennialism

Amillennialists do not believe in a literal thousand year reign of Christ on the earth but a spiritual one. They also see the millennium as a symbolic description of a long period of time.

They subscribe to the view that the millennium began when Christ ascended to heaven and that the Kingdom of God was inaugurated at Christ's resurrection at which point he gained victory over both Satan and the Curse. Christ is even now reigning at the right hand of God the Father over His church. After this present age has ended, Christ will return to judge the wicked before ushering the church into their eternal state. The amillennialist's hermeneutic interprets scripture (and in fact, much of apocalyptic literature) non-literally.

Postmillennialism

Postmillennialists believe that the second coming of Christ will occur after the millennium. They see the thousand years described by John in Revelation chapter

20 as a symbolic figure – a long period of time, an era and not a literal thousand years. To them the millennial reign of Christ is also not from any literal and earthly throne, but through the manifestation of the spread of Christianity on earth. They believe the Gospel message has the power to transform lives and improve living conditions on earth. And they see the Christianization of the world as a coming golden age which will set the stage for Christ to return where all the wicked will be judged. Thereafter, all the righteous will be ushered into the eternal state of the new heavens and new earth.

These are the four major millennium views.

Conclusion

I have attempted to explain end time events in a chronological sequence as an aid for understanding end times prophesy and also explained briefly the four major millennial views. Because of time constraint I have not been able to set out in detail the pros and cons of each view. However before coming to a dogmatic millennial perspective or dismissing any particular view, I would like to state that there are strengths and weaknesses in all the major views. This plus the fact that the book of Revelation is full of symbolism and is one of the most difficult to understand should give us caution before dismissing another's view.

In spite of the difficulties, we can be encouraged from studying God's Prophetic Word. My advice is to go to the Bible with an open mind and seek the Holy Spirit's guidance with careful observation, interpretation and application. In the final analysis, if you are still undecided, do not fret because salvation is not built or broken on end time prophesies, but on the person of Jesus Christ. The Lord calls us to be faithful, to be holy, to be alert and to be ready for his imminent return.

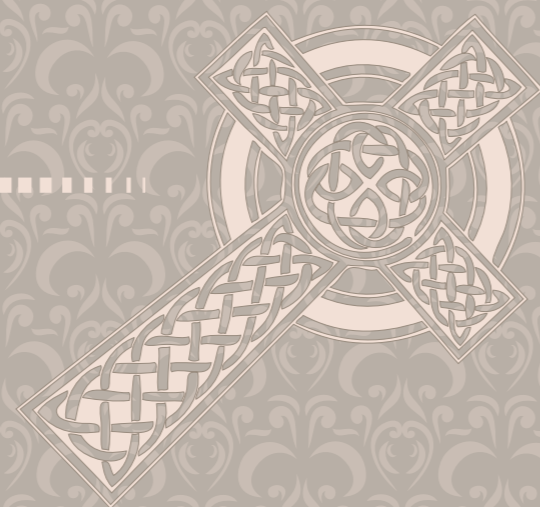
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1. Four Views of the Millennium (blueletterbible.org.)
2. The Coming Earthly Kingdom by John F MacArthur
3. What is the Tribulation period by Jack Wellman
4. What is Premillennialism and Postmillennialism by Jeremy Cagle
5. What is the difference between Post, Pre and Amillennialism by Christopher Smith
6. Introduction to Dispensationalism by Shawn Abigail

Campus Christian Fellowship



The YMCA Penang is currently focusing on Youth empowerment. Thus Campus Christian Fellowship was formed early this year by YMCA Penang Christian Care. Campus CF would facilitate gathering of youths from various educational institutions to have fellowship with the purpose of evangelism and discipleship. For the first half of the year, Campus CF managed to have two (2) gatherings. The first gathering was a sharing session entitled "GST – God's Still There," and, the second gathering was a prayer meet where the prayer warriors from various churches and educational institutions came together in unity to pray for our nation, Malaysia.

Campus CF plans to meet every last Wednesday of the month.

By Daniel Wong
YMCA Staff

YMCA PENANG
CAMPUS
 Christian Fellowship

#PrayForMalaysia
 #PrayForTheNation

PRAYER WARRIORS
UNITED IN PRAYER

DATE : 18th May 2016
 VENUE: LOVE ROOM, YMCA PENANG
 TIME : 8.00pm

FOR MORE INFO, Kindly CONTACT Mr. Daniel Wong @ 012 - 4993411

Campus CF Gathering
 Date : 20th April 2016
 Time : 7.30pm
 Venue: Faith Room,
 YMCA Penang
 Topic : G. S. T.
 (God's Still There)
 Speaker: Brother
 G. Law

YMCA PENANG
CAMPUS
 Christian Fellowship

All are welcome to come!
 For more info, Kindly contact Mr. Daniel Wong @ 012 - 4993411

Executive Committee Meeting @ Hong Kong



This year 120 delegates from 22 movements in the Asia-Pacific region attended the Asia and Pacific Alliance of YMCAs Executive Committee and Related Meetings of 2016. This year, Ms Ong Sooi Gaik and Mr Michael Cheong were in attendance to represent YMCA Malaysia.



The Executive Committee were challenged, as Christians living in Asia, to reshape and articulate a new Asiatic ecumenical movement.



There were various committees like Gender Equality, YPLD, Golden Anniversary Trust Fund / GATF and Mission and Response. There was also a movement strengthening meeting on the last day where a few YMCA pitched their story in hopes to gain support and partnership from other YMCAs.



Mr Johan Vilhelm Eltvik from World Alliance YMCA gave an impactful sharing session and shared with us the video on the 100 Voices campaign.



As for the Youth Participation and Leadership Development Committee (APUY), Michael was there as Youth Rep to represent Malaysia and was also appointed to handle social media of the APUY. The APUY has some exciting programs the Asia for Pacific region, for example, the Asia and Pacific University YMCAs Regional Conference and the Global Citizenship Institute and Ecumenical Asia-Pacific Students and Youth Network (EASYN) Creative Workshop.



Over all, it was a great experience to be able to rub shoulders with various YMCA leaders who are also very passionate and dedicated to further strengthen the YMCA movement. However, it was not only the discussions and meetings that were important but also the friendship and fellowship that was forged. It was the rapport that we had that strengthened our unity through diversity.



By Michael Cheong
YMCA Staff



Photography Club



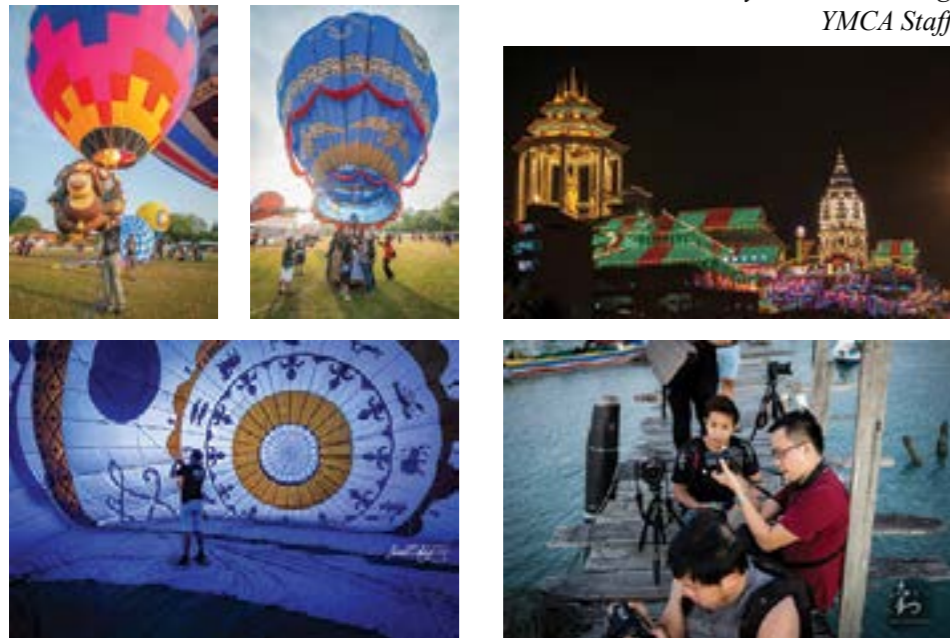
Our members were busy growing our Club through various activities.

This year, we were invited once again to partner the Malaysian Invasion Mixed Martial Arts to capture the heat of high flying actions and other priceless martial arts movements.

We organised a workshop on learning the basics of Adobe Lightroom. It was facilitated by Mr. Randy, a club member. It was attended by our members as well as by like-minded members of the community. Participants reported that they learnt new things and the crash course had helped them to gain a better understanding of Lightroom.

We hope to have new members join us as we proceed with our upcoming activities.

*By Michael Cheong
YMCA Staff*



Training of Youth Trainers 2016



Thirty-four participants comprising key lay leaders and youths from local YMCAs in Kuala Lumpur, Ipoh, Penang, Kedah, Johor and Sibul gathered at the National Council of YMCAs to attend Malaysia's 2nd Training of Youth Trainers. It was held from April 29th to May 2nd, 2016 in a beautiful place, Gurun, Kedah. This year's theme is 'Empower Voices of Youth, Shepherd Leaders of Change'.

Penang's participants were Michael Cheong, Asher Leo, Titus Lim, Daniel Wong, Janice Chong, Barry Teh, Edison Choe and Dr. Mallise. Also present was Ms Ong Sooi Gaik, Mr Jerry Choo and Mrs Grace Choo.

YMCA Penang played its part with Michael Cheong as the chairperson of the Program. Asher Leo shared his experiences as youth director and also experiences he gained from other YMCA programs. Barry, Edison, Daniel, Titus and Janice also contributed with songs and music and also taking active roles in various activities.

Mr. Jerry Choo was the resource person on the topic of Leading with EQ and Youth Empowerment. Participants found his sessions empowering and also educational, especially on the topic of EQ. EQ is so important for the Y today. Their success very much

depends on building rapport and good relationship with members of the community.

The best part of the program was fellowship. What is the benefit of having a good looking YMCA building without good friendship and fellowship among members? It is with each other's support and strength that we grow stronger as we move forward.

The training ended with the song "We are the world" and a benediction was given to all before participants returned happily to their respective homes.



*By Michael Cheong
YMCA Staff*

'A Call to Empowerment and Shepherding,' NCY Malaysia 2nd Training of Youth Trainers

It was an encouraging experience to join the thirty-four participants comprising of key lay leaders and youth from local YMCAs of Kuala Lumpur, Ipoh, Penang, Sibul, Kedah and Johor during the National Council of YMCAs of Malaysia's 2nd Training of Youth Trainers held from 29th. April to 2nd. May, 2016 at Gurun, Kedah, Malaysia on the theme, 'Empower Voices of Youth, Shepherd Leaders of Change'.

During the Training, I learned good practices, diversity of activities and challenges that each YMCA faced in its effort to fulfil the YMCA mission. More importantly, it was a reaffirmation of my work as a youth leadership development practitioner to know that there are youth and senior leaders within the movement who believe in the importance of investing in youth as an opportunity for the movement to grow and continue as agents of transformation. The commitment to take a shared responsibility and strengthened support to move forward the youth empowerment mission still lives. I agree with Mr. Michael Cheong, Working Committee Chair and YPLD Member from YMCA of Penang, as he said, "We, the youth in the YMCA, dream of a Y as a space for young people to express their views, to be guided and mentored, to learn and grow and to take responsibility as a global citizen. Moreover, we dream of a Y that is relevant in our community, one that stands against social and environmental injustices. Most importantly, we dream of a Y that empowers the youth and the weak for the community's benefit. Indeed, the 2nd TOYT served as a platform to look into their strength and draw a common youth agenda.

*By Maria Cristina Miranda-Lastima,
APAY Executive Secretary for Programs*



The Art of Living

In association with YMCA Penang, the Art of Living, organised a Stress-Free Lifestyle Workshop on Saturday, 14th May 2016. Admission to the workshop was free to the public. The Art of Living programme aimed to educate the public on how to deal with health problems like 'chronic stress' resulting from New Age lifestyle.

Participants was shown simple ways to use breath to eliminate stress, transform negative emotions, and thereby restore their health & wellbeing. In addition, some powerful breathing techniques were taught. These techniques were capable of immediately energising the body. Participants were also guided into deep relaxation thereby making them feel rejuvenated & refreshed.

The Workshop received positive feedbacks from the public. Art of Living programmes is conducted all over the world to help people overcome stress in today's hectic world.

*By Rahela
YMCA, Penang.*



Obituaries



REV. CANON DR. JOSEPH LOUIS, DJN, PKT, PJK, PPM

The late Rev. Canon Dr. Joseph Louis joined the YMCA of Penang on 20th February 1975 as a Full member and thereafter converted his full membership to Life membership on 1st February 1978.

He was elected to the Board at the 16th Annual General Meeting on 3rd May 1975 and served in the following committees –

1975/76
Chairman, Membership Committee

1976/77
Chairman, Further Education Committee (current Community Education Committee)

1977/80
Chairman, Public Relations & News Bulletin Committee (current Messenger Committee) continuously for 3 years

From 1980 until May 1985 Rev. Canon Dr. Joseph Louis served as a Board member and had to step down due his full time commitment in Church and also being away from Penang.

We were saddened when we received news on 23rd January 2016 that Rev. Canon Dr. Joseph Louis had passed on to be with the Lord. His service and commitment given to the YMCA of Penang will always be remembered and cherished.



MS. JAELOH WAI ENG (10th February 1978 to 21st February 2016)

The late Ms. Jael Loh Wai Eng joined the YMCA of Penang as a Junior member on 10th February 1978. She graduated to be a Full member after reaching 21 years old. She converted her membership to Life Full member in January 1983.

She had an active record with the YMCA of Penang from the day she joined through her services and leadership in the following areas –

1978/79 - Youth Section Chairperson

1978/83 - YMCA Netball Captain

1979/80 - Youth Section Committee Member

1980/81 - Honorary Secretary for the Sports Committee

1982/83 - Sports Committee Member

1980 Committee member of YMCA Sports Carnival in conjunction of YMCA Penang's 21st Anniversary Celebration

1982 - Ang Pow Dance Committee

1983/84 - Youth Section Committee Member

1984 - YMCA Sports Committee

Others
1981 - Expo Belia

1981 - Ahli Jawatankuasa Khemah Kerja 1981 di Permatang Pasir (Seberang Prai Tengah) – Peserta

1979/82 - Participated in the National Youth Day Parade – as YMCA's representative

Assisted in the Children's Party in

conjunction of the Year of the Disabled at Y.B.

Dr. Lim Chong Eu (Chief Minister) residence

Fund Raising - Committee member organizing 5 dances by the Youth Section

Organized boat trip for Youth Section to Coral Island, Hikes & Camps

1978, 1980 & 1982 - Participated in the 8th, 9th & 10th YMCAs Festival of Sports in Singapore, Ipoh and Kuala Lumpur respectively

1983 - Khemah Kerja

1983 - Bendahari Kehormat (Taman Belia Perbandaraan Pulau Pinang)

14/9/84 to 16/11/84 - Selected by the Ministry of Culture, Youth & Sports as a YMCA youth representative to the Ship for the South East Asia and Japan Youth Program 1984.

Due to her work commitment and career advancement the Late Ms. Loh Wai Eng was unable to serve with us for a period of time but came back into the Y Fellowship again in 2014 to assist and coordinate the table-tennis team for the 24th YMCAs Festival of Sports. She also served in the Children's Party committee during that year.

We were proud to see her growth in leadership from her youthful days back in 1978 into the years of her career advancement and not to mention during her last 2 years with us. She helped to raise funds for our programs and activities.

In 2015, the late Ms. Loh Wai Eng was elected to the Board for a term of 3 years. She was unable to complete her term as a Board member as she was called home to be with the Lord on 21st February 2016. Just as we were saddened to lose her we are also happy of her HIGHER CALLING.

This is our tribute to the late Rev. Canon Dr. Joseph Louis and Ms. Loh Wai Eng

*By Ong Sooi Gaik
General Secretary*

New Directors

Name: Arthur Khoo

A retired teacher but fully occupied with a wide spectrum of interests and hobbies. Hobbies include music, movies, travelling and photography. Interests include personal believe that learning does not stop after school and graduation, but is life-long. In this respect I congratulate Penang YMCA for making available numerous courses for continuing education. It appears my contribution, if any, to YMCA will likely be in this area.



Name: Asher Leo

I am Asher. I am fondly known as the "shutterbug" due to my love and passion for photography. Also I love to document "the motion picture of life," and as a result, I have successfully produced a few short films. I am also a cycling fanatic. I am also a strong supporter of the youth movement and I am all set to journey with the "Y" to empower the youths.

As a shy person, I always tell people, "I'm shy, please come say hi!"



Welcome

YMCA CHAPLAIN

This year we bid farewell to our Chaplain, Rev. Ho Kong Eng who retired from his fulltime ministry and also stepped down as the Y Chaplain to enjoy his golden years with his family and quiet fellowship with the Lord. Rev. Ho Kong Eng took up his appointment to guide the YMCA of Penang with his spiritual leadership on 5th April 2011. He has been with us for the last 5 years and we cherish and appreciate his guidance for the Y. We wish him a Blessed Retirement!

We are thankful to have continuity with the appointment of Pastor Abraham Gan Kok Eang as the Chaplain of YMCA of Penang.

Pastor Gan Kok Eang is not a newcomer to the YMCA of Penang. He served in the YMCA of Penang during the early years from 1978 to 1980 as a committee member in the Student & Youth Committee and the Program Committee.

Like Rev. Ho Kong Eang, we are confident that Pastor Gan will guide us with his outstanding spiritual leadership and lead the YMCA of Penang into a new era of spiritual dynamism befitting the name of the YMCA as a Christian Organization.

Welcome on Board, Pastor Gan Kok Eang!

*By Ong Sooi Gaik
General Secretary*



Rev. Ho Kong Eng



Pastor Gan Kok Eang

YMCA Penang's Campsite Trailrun

It was a very bright and sunny day. Among us were the staffs, Ms Ong Sooi Gaik, Michael Cheong and Janice Chong and two volunteers Asher Leo and Sherwynd Kessler.

We journeyed to the Campsite in Balik Pulau. The purpose of the visit was to survey the 2.83 acre site and map out the route for the Campsite Trial Run. Dr Yap shared with us some of his ideas like allowing participants to experience climbing trees, walking on a tight rope suspended from tree to tree, and, also riding a Trike bicycle. These would be quite a challenge unless one is physically fit.

However, Dr Yap and his team would be presenting their proposals to our YMCA Board of Directors who would decide whether the proposals meet requirements of YMCA's goals and objectives.

I am excited and hope to see development taking place.

*By Janice Chong
YMCA Staff*



Youth and Governance Workshop

As we continue to implement our youth empowerment programme, YMCA Penang is fortunate to have the support of YB Cheah Kah Peng. YB Cheah is currently the State Assemblyman for the Botanical Gardens (Kebun Bunga) Penang. He remains a part-time painter, writer and filmmaker and an advocate for human rights. His young assistant is Samuel Chin How Zet. Samuel shared his experiences with us about his involvement with local and international government movements, especially in relation to young people.

The meeting room was packed with excited young participants from Equator College, SEGi and other colleges and organisations. They were all eager to know more about what the Penang State Government can do to help them.

After a short exhilarating ice breaking session, we learnt about the organisations that the Penang Government had set up for youths in Penang. Some of the organisations were the Penang Youth Development Corporation @ PDY, the Georgetown World Heritage Inc. (GTWHI), the Penang Future Foundation, the German Dual Vocational Training Programme, and, the Penang Science Cluster.

YB Cheah then took the stage to address the eager participants. YB

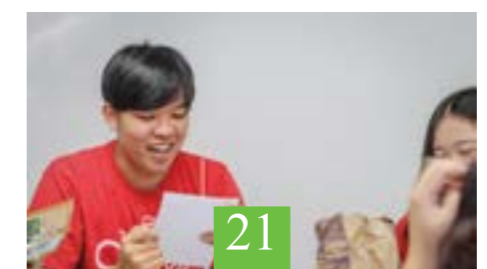
inspired the crowd by sharing about his childhood days of poverty. He shared about his boldness in seizing opportunities that came along. And this had led him to his current position as State Assemblyman. He also shared with us why he decided to become a lawyer. As a public officer, he could seek justice for the oppressed and downtrodden.

Government's view regarding youths is best described by YB Cheah. He said that "The government and even the seniors look at youths as treasures. Youths are our hope for a bright sunrise while we seniors look forward to a beautiful sunset".

After an extensive informative Q & A session from participants, YB Cheah was invited to launch the YMCA Penang's World Challenge with an overwhelming ovation from the Workshop participants. The message of the Y Penang's World Challenge video fitted well with YB's topic which was, "have a bold stand for your own belief."

We wish to thank the Penang State Government for its support and initiatives for youth development.

*By Michael Cheong
YMCA Staff*



KL Y's Directors visit to Penang Campsite

The location of the campsite is really ideal. It is not too far from the main road and yet it is private. Various infrastructures for camping are already in place. There are fruit trees and ponds. Campers can enjoy fishing on the pond. They can have barbecue in the evening in the moonlight. And, there are also rooms at homestays nearby.

Nearby is Hutan Raja Laut. Campers can enjoy walks here, in surroundings of herbal plants and the nearby mangrove swamp. And they can also enjoy delicious mee udang and prawn fritters. Or they can also buy fresh seafood to cook and enjoy at the campsite. Donkey rides are an added bonus for the campers.

God has indeed favoured Penang YMCA with a campsite that is ideal for GATN groups to visit.

May the blessings of God be upon Penang YMCA as He grants us wisdom and resources to develop this beautiful campsite.



I and Stanley, wish to record our sincere appreciation to Directors, Mr and Mrs Jerry Choo and General Secretary of Penang YMCA, Ms. Ong Sooi Gaik, for their kind hospitality and time spent showing us around the Campsite. We are truly privileged and appreciative.

*By Priscilla
YMCA Staff*

Broga: Effective Christian Camp Workshop

YMCA Penang sent two participants to attend the Effective Christian Camp at Broga from the 15th to the 17th of January this year. They were Michael Cheong and Asher Leo. The Camp was facilitated by Kevin Webb, an experienced trainer from New Zealand.

There were around 20 participants from various NGOs like Malaysian Care, Ipoh BUG and various Church groups.

Kevin taught us a number of fun activities and games for team building purposes. Most of the games were simple but some may not be applicable in our local context. The camp ran on a tight schedule but everybody had a good time. We got to know one another. We exchanged ideas about our activities and programs. And we learnt from one another.

We participated in activities like trust games where team members had to guide blindfolded members through a landmine of mouse traps. There were tag games, chair games and even team archery. Most of these games focussed on values such as teamwork, trust, relationship, identity and ethics.

The Camp had a good impact on us. It made us realise that the games and activities were not only fun and enjoyable, but they produced positive learning experiences.

Overall, we all had a great time. But, more importantly, we were introduced to games and activities which we could take back to empower our respective groups.

*Michael Cheong
YMCA Staff*



Interview with Sylvia Lee

The YMCA Penang was very privileged to have met Ms Sylvia Lee Goh, a local unsung artist who has touched many hearts by the stirring of emotions through the work of her paintings. She is now residing in Kuala Lumpur with her husband. He is a federal officer in the government.

Michael Cheong had the opportunity to interview this artist to get to know development of her gifts and talents.

Q: How did you discover that you had these gifts and talents?

A: There was an encouraging nun name of Sister Ernest who encouraged me to pursue art. I also noticed that I was good at it even at a young age. I had won an award for my art work in a competition for Christians. As a woman, I was not really encouraged to chase after careers. However after 7 years of marriage and a homemaker, I felt the need to finally do something for myself. I chose to pursue my love for art and that is where I found my own identity.

Q: Did you have any mentors?

A: I didn't have any mentor but I found guidance and encouragement from classical paintings and from holy pictures that are clearly in my mind since school days at the convent.

Q: Can you share some of your struggles before you became famous?

A: Struggles are in the form of trials and errors. I attended various exhibitions and met various artists who were my source of inspiration. As time went by, I received much encouragement from my peers. They were excellent artists and they encouraged me to exhibit my work when I was ready.

My family did not think much about my passion. I had to pursue it all alone and believe in myself.

Q: What is your advice for young upcoming talents?

A: If young talents are serious, they should look for their own identity. If they are fresh from college, they should share about what they are trained to do and continue to do what their teachers have taught them.

Q: Would you say that most of your paintings come through your experiences in your youth?

A: My art is not only about my experiences in my youth, but it's from the "lost years".

Q: What advice do you have for youths who are seeking their own identities?

A: Youths have to be true, honest and be their own harshest critics. Don't compare yourself to your peers and friends but look within yourself and you will find the answers. Honesty is the best policy.

Q: Where can people look for you should they want to more information or purchase your work?

A: Those who are interested can always ring up the national art gallery in Kuala Lumpur and the gallery will connect them to me.

*By Michael Cheong
YMCA Staff*

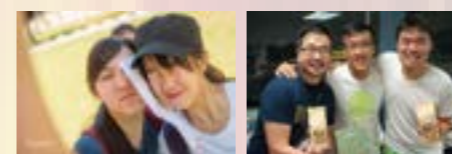


Going 360 extreme with Hong Kong Uni-Y!

YMCA Penang went Extreme 360 when 16 vibrant youths from Hong Kong participated in our GATN program! The participants were here from the 4th to the 10th of January 2016.

The participants consisted of members from the self-development group of Uni -Y Hong Kong, a group that was supported by the Chinese YMCA of Hong Kong. Their planned itinerary was based on activities that would challenge and empower their body, mind and spirit. The goal was to involve elements of water, mountain and land.

During their first day, the group conducted its very own treasure hunt in and around Georgetown. How did they plan it? It was all done through the wonders of the internet by a dedicated organising team. The group was broken up into teams. Each team was assigned a special task like dancing on a public bus (and taking a video to prove it). Another task was to communicate with a complete stranger. It was a very good way to push one to step out of one's comfort zone and to challenge one to do something out of the ordinary, especially in a foreign land.



The group also took an evening hike up the majestically beautiful Penang Hill to witness the beautiful and colourful lights of Penang. They also had fun adventures, exploring Escape Park (extreme obstacle games), and, visited the buzzing night market in Batu Ferringhi.

One of the highlights of the trip was the Round-the-Island Bicycle Challenge. The group started as early as 8.00 a.m. in high spirit and sprinted away intending to complete the 86 km course as early as possible. But by noon, some were visibly exhausted from the vigorous cycling and the scorching tropical heat, only to be met by encouraging and enthusiastic cheers of their teammates and volunteers. Tired participants rested in the vans, while others boldly carried on and finished the race with proud satisfied smiles on their faces.

The group also had a splashing fun time when they were challenged to take on a dragon boat race along the beautiful stretch of Tanjung Pinang. They were then rewarded with a relaxing stay at a beautiful beach villa. They were entertained with an outdoor BBQ. There was fellowship time with members of YMCA Penang before going back to their homeland.

For more info, visit our youtube video or scan the QR code:
https://www.youtube.com/watch?v=_jdoEjkyiSc



*By Michael Cheong
YMCA Staff*

STRATEGIC PLANNING – YMCA PENANG HOSTEL

THEME “FOSTERING a SERVICE CULTURE of EXCELLENCE”

As the theme implied, the 2 full days of strategic planning held from 18th to 20th June 2016 at Marina Island Hotel & Resorts, Lumut, Perak were intense, interactive and motivating.

A total of 24 participants comprising directors, youth leaders and senior staff from YMCAs Penang and Kuala Lumpur participated in the planning session. We had good fellowship, discussion, sharing of experiences and opinions. The challenging part now is bringing back what we discussed and learned for implementation.

We were thankful that Mr. Jerry Choo, Honorary Treasurer, Penang Y led and guided us as the Resource Person. The inputs and questions prepared by Mr. Choo for each topic enabled us to stay focussed throughout the group discussion.

The need to re-focus and re-strategize ourselves in this service line

Hostel income is the back-bone of the YMCA of Penang. It keeps the operation of the Y afloat and provides financial support to sustain community service programs and activities.

The stiff competition faced in this service industry is a fact for YMCAs in Kuala Lumpur and in Penang.

Recently, there is an influx of hotels ranging from Budget to 5-stars in and around the YMCA Kuala Lumpur and YMCA Sentral.

In Penang, just opposite the YMCA of Penang we have Bahagia and along Macalister Road we have 3 budget hotels (G Inn, Hotel 118 and Grand Inn), 2 mid-range hotels (Red Rock & Glow) and recently 1 Hotel cum Service apartment (One Pacific). In total, we have 7 places that are competing with us in providing lodging facilities at reasonable prices.

Statistics revealed that in Penang, 14 new hotels were opened for business.. In 2015, there were 11 new hotels, and during the last 6 months in 2016, 2 new hotels were opened.. In total, we have 27 new hotels charging between RM80 to RM140 per night i.e. similar price range as YMCA Penang.

This is how competitive the hotel business has become today. Therefore, it is urgent that we look seriously into our operations so that we can remain relevant and compete successfully.

Strategic Planning & Case Studies

The strategic planning started with a case study on the Taj Mahal Palace & Tower Hotel. This Hotel as shown in the case study video was above and beyond us in every aspect. But the concept, operation and experiences shared via interview by the staff itself was a learning lesson. Participants were assigned into groups for discussion and presentation on what we learned and observed from the case study.

Before we went into analyzing our very own Y hostel via SWOT, we went through another case study that dealt with service excellence and the video

on the Ritz Carlton Hotel showed us what excellent service was all about. From here we had a discussion on creating a culture of service excellence followed by marketing and developing marketing strategies and plans.

As we moved into analyzing our Y hostel using the SWOT we also identified our market segments and key success factors besides looking into our weaknesses and threats.

It was mind blogging for some of us when we came to crafting mission, vision statement and values. As time was our constraint we could only discuss briefly.

Therefore, KL Y and Penang Y had to bring this last aspect back to discuss further and at the same time develop our strategic goals and action plans that are more relevant to our Y.

The outcome and experiences that we had were –

- ability to have an open and transparent discussion among all participants
- learning from each other through sharing of notes between the 2 Ys
- common understanding and able to interact better because we were on the same platform
- knowing that we can support each other to move the hostel forward
- ability to identify where we should move from our present position after analyzing our own SWOT

*By Ong Sooi Gaik
General Secretary*



YMCA PENANG, BOARD OF DIRECTORS

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10050 Penang
Tel: 04-229 1623

10% discount privilege off its ala-carte menu and cannot be used with any other offers or promotions.



Hau Hau Yu Restaurant
YMCA Penang
211, Jalan Macalister, 10450 Penang
Tel: 04-2261843

10% discount for all YMCA members



Y Café
Level 2, YMCA Penang
211, Jalan Macalister, 10450 Penang
Tel: 04-261 6731

Restaurant (Non –Pork)
10% discount for all YMCA members



SS Image Beauty & Make up Academy
D'Piazza (HQ) -> 04-6411669 / 012-4951521
Prima Tanjung -> 04-8992669 / 012-4851521
Bukit Minyak -> 04-5070669 / 012-4751521
Image Prai -> 04-3981521 / 012-4841521
Website: http://www.ssimage.my/

- 10% discount on all Skin Care, Cosmetics Products and tools, Personal make up Courses & services.
- Special cash rebate (RM200) on Professional Make-up & beauty courses.
- 50% discount on 1st trial Facial Treatment
- Free RM10 Cash Voucher for redeem our products and Services when you show your YMCA member card.



Vision World Optical Centre
6, Jalan Pantai Jerjak 15,
11900 Penang
Tel: 012-429 8613 / 04-6567366
email: visionworldoptical@yahoo.com

Optical Shop
Special discount for purchase of just frame only, Extra 10% - from package price, 30% - 50% - Sunglasses, Special Promotion- Buy 2 Boxes of contact lens, get extra 1 pair of lens + 1 bottle solution F.O.C



Broadband Vision Enterprise
68-1, 1st Floor, Persiaran Bayan Indah
Bayan Bay, 11900 Penang
Tel/Fax: 04-644 8928
H/P: 016-484 1262

Digital Signage System
10 % discount for ALL DSS Solution Products



Forever Travel Service Sdn. Bhd.
148, Lorong Abu Siti, 10400 Penang
Tel: 04-226 6633 H/P: 012-422 8241

RM 38 discount privilege of normal tour package price.
Terms & Conditions
1. The discount is applicable for all normal tour packages
2. Payment must be made by cash, cheque or bank draft
3. YMCA Penang membership card must be produced to be eligible for the discount



McWheels & Tyres Sdn Bhd
394 & 396 Jalan Burma, 10350 Penang.
Tel / Fax: 04-228 8150

Car Tyre service, Car service, Vehicle checkup & maintenance
Service Items Discount / Free Labour charge / Cash Discount
* for specific items



A bite of Taiwan,
4 Jalan Moulmien,
10350, Pulau Tikus, Penang
Tel: 04-2273471

All YMCA members will receive 10% of their whole bill upon showing of YMCA membership card,
*A minimum of RM35 on bill to be eligible for discount.
This discount does not apply to any corporate or private functions.



Nois Café
97-G-5, the Plazaia, Jalan Bukit Gambier,
11700, Gelugor, Penang
Tel: 04-6577109

10% discount on all beverages



Chocolate Passion
3A-G-35, Straits Quay,
Jalan Seri Tanjung Pinang,
Tanjung Tokong
Tel: 04-8906121
H/P: 016-4445953/ 012-4761952

10% discount on all handmade chocolates, dine-in items and chocolates beverages takeaway except our merchandised items and costumed made items upon showing of YMCA membership card,
Remark: T&C applied. This discount does not apply to any corporate or private functions.

Discount Merchants for ALL YMCA Members

continue ...



Tok-Tok Cuisine
2-G-5, Bangunan Lip Sin, Lebu
Perkaka Satu, 11700 Sg. Dua, Penang
Tel: 011-11100093
016-4146797

10% discount on total bill for all food and drinks. Liquor included.
Pre-booking of tables via telephone.
* Please flash YMCA cards to staff when orders are made



Blessing Beauty Training Centre
Level 4, YMCA Building, 211 Jalan
Macalister
10450, Penang
Tel: 012-4992777

Special privileges and rebates for YMCA Members available



Hike Enterprise
Folding Bike and Accessories
No 362, Penang Road 1000 Penang,
Malaysia
Tel: 012-4825688
04-2293710 (Tel + Fax)

Discount for YMCA Members available



Milkshake Factory
170-06-08, Gurney Plaza, Persiaran
Gurney, 10250, Penang
Tel: 016-6994586

Discount for all Milkshake Factor outlets nationwide
20% discount on total bill for YMCA Members
* Please flash YMCA cards to staff when orders are made



Maxim Cake House & Bakery
394, Penang Road, Penang
10000 Penang
Tel: 04-226 7020

Discount for all Maxim Cake House & Bakery outlets
10% discount for birthday cakes only YMCA Members

* Please flash YMCA cards to staff when orders are made



Millennium AV Trading
49, Medan Sungkai
10460, Penang

Discount for YMCA Members available
* 20% discount for Penang YMCA members, other discounts
for other YMCA Members (please call to enquire)
- Rental of LCD projectors, Sound System and AV equipment



Spectrum Music
396B, Level 2
Wayton Commercial Building
Jalan Burma, 10350, Penang
Tel: 016-4559780

15% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when orders are made



Santorini Café
94, Burma Road
Georgetown, 10050, Penang
016-4416039

10% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when orders are made
* *Discounts are not valid for promotions, set meals and additional
"add-on" items.



Touch Mobile Services
12, Jalan Mahsuri, Bayan
Baru, 11900, Bayan Lepas,
Penang
Tel: 016-4160171

Web site design and developer specialist, Business Software design
specialist. 10% discount for YMCA members worldwide



UNICO Events Management
9, Solok Pierce, 10350, Georgetown,
Penang
Tel: 016-5550607 / 018-9898707

10% discount on total bill for YMCA Members worldwide
* Please flash YMCA cards to staff when arrangements are made



DS Control Systems
Ground Floor, No 1, Jalan Batu
Uban, Gelugor, 11700, Penang
Tel: 016-4160171

Alarm, CCTV specialist, door access, car park barrier system.
Dedicated service and maintenance team.
10% discount for YMCA members worldwide



Team PowerHouse Fitness
4-02&4-03, 4th Floor, Island Plaza.
No.118, Jalan Tanjong Tokong,
10470 Penang.
Off Tel: 04-8900370 / 04-8900390

Just show your YMCA membership card when joining and enjoy
the benefits of our superb fitness centre for a great price

Discount Merchants for ALL YMCA Members

continue ...



Pro Eyecare
4K-1, Tingkat Kenari, Desaria, Sg Ara,
11900, Bayan Lepas, Malaysia
04-6462800
22, Tingkat Tembaga, Island Park,
11600, Penang
04-6573800

Promotion on Frame+ additional 10% discount on top of
promotion price



Wawasan Open University
(700364-W)
54 Jalan Sultan Ahmad Shah,
10050 Penang, Malaysia.
Tel: 04-2289323 Fax: 04-2269323
Email: enquiry@wou.edu.my

Rebates for tuition fees worth up to RM1, 100
(To enroll with a minimum of 2 courses for 1st semester)
Enjoy Monthly Study Allowance (COLA) and Fee Rebate up to 50%
off tuition fee.



EU CUISINE
86 Rangon Road,
10400 Penang, Malaysia.
Tel: 04-2285128

10% discount for all YMCA members



SUPER STAR MOTOR
225, Jalan Utara,
Bukit Gelugor,
11700 Gelugor, Penang.
Tel/Fax: 04-6569917

-10% Discount for YMCA member



Tai Dental Surgery
5-02-4, Huaza Complex, Jalan
Gangsa, 11600, Pulau Pinang,
Malaysia
Tel: 04-656 1116

-10% discount off for every merchandise
*Not including dental products and tooth whitening offers.



THE OWL MUSEUM
Level B3, Astaka Bukit Bendera,
Jalan Tunku Yahaya Petra,
Bukit Bendera, 10000 Penang Hill,
Penang.
Tel: 04-8265704
Email: purrfectcatcafe@gmail.com

-10% discount off for every merchandise



OSEL CLINIC
213, Macalister Road,
10400 Penang.
Tel: 04-2283005 Fax: 04-2283006
Email: www.oselclinic.com

-10% Discount for YMCA member
-Free personalize consultation
-NO GST



DOUBLE EXPOSURE CAFE
49, Muntri Street,
10200 Penang.
H/P: 012-3644661
Email: doubleexposurecafe49@gmail.com

-10% discount off for every merchandise



PURRFECT CAT CAFE
No.53, Lebu Muntiri,
10200 Penang.
Tel: 04-2611197
Email: purrfectcatcafe@gmail.com

-With every purchase of RM20 and above in a single receipt are
entitled to a glass of signature drink.
-10% discount off for every merchandise



PENANG CAMERA MUSEUM
49, Muntri Street,
10200 Penang.
Tel: 04-2613649
Email: www.penangcameramuseum.com

-10% Discount for Ticket Entry



“Come Stay With Us - Your Home Away From Home”

All our 70 air-conditioned guest rooms come with the following for added convenience and privacy.

- Wardrobe, dressing table
- Luggage room
- Hot and cold shower
- Safe deposit box
- Television
- Telephone
- Free wifi

Other Facilities:

- Tan Sri Lee Kong Chian Hall
- Upgraded Meeting & Conference Rooms
- YCafe
- Chinese Restaurant Hau Hau Yu
- Badminton Courts
- Sheltered Car Park with CCTV Surveillance



Penang YMCA International Hostel

211, Jalan Macalister, 10450 Pulau Pinang, Malaysia

Tel: 04-228 8211 Fax: 04-228 9094

Email: hostel@ymcapg.com

Website: www.ymcapg.com



WiFi Upgrade

The YMCA Penang is pleased to announce that we have upgraded our WiFi system to better serve our guests. Usage of WiFi is FREE for all YMCA Penang guests only. Password slips can be obtained from our friendly receptionists at our front desk.

