

# THE

# MESSENGER

## OFFICIAL NEWSLETTER OF THE PENANG YMCA

YMCA

JULY TO DECEMBER 2015

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## TOGETHER, WE ACHIEVE GREATER HEIGHTS



Happy Smiles from YMCA Volunteers

It was that time of the year where we brought joy to about 200 underprivileged children and adults coming from NTA (School for Rohingya Children) from Alor Star, Home of Love from Sungai Petani, ESDA-PPKT (Centre for the Physically Challenged) & Crystal Home from Taiping and Penang Shan Home from Prai to our Christmas Party held on the 12 December 2015. This was our 4th time organizing the party and our very first time doing it at our very own Penang YMCA. The previous ones were held in Taping and Sungai Petani.

The planning of the party was done months ahead with many of us meeting up frequently over meetings to plan and decide on how to make another year filled with much love, fun and joy for them. *(Cont on pg.4 ...)*

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## General Secretary's Message

This issue of our Messenger wraps up our activities for 2015.

To keep our Mission close to our heart is to build our young people for the future by empowering them to make a difference in building just and peaceful communities as global citizens. We were blessed by the exposures extended to our youths by the YMCA of Singapore at their YMCA Proms @ the Park and YMCA of Bangkok at their annual holiday camp in July and October respectively. We wish to thank our fraternal Ys for giving our youths these opportunities to learn and integrate with other youths. I believe the experiences they gained will be cherished and remembered for years to come.

We had a successful Youth Fund Raising Food Fair on 8th August 2015. We wish to thank our Board members, volunteers, members and friends for working side by side with our staff. Your presence, support in cash and kind towards the food fair had helped our youths to raise funds to sponsor via World Vision Malaysia, 5 children from Mae Sariang Area in Northern Thailand. This gave our youths a positive head start as they will be committed for the next 5 years to raise funds to continue this good cause for the children.

Apart from the above, the funds also enable us to subsidize some of our youths to the Asia and Pacific Alliance of YMCAs 3rd Youth and 19th General Assembly held in Daejeon, South Korea in September. Our youths came back enriched after witnessing activities and programs carried out by the other Ys in the Asia and Pacific regions. Their knowledge on the vision and mission of the YMCA Movement were further broadened through the integration and exposures gained from the Assembly. (Cont...)

*THE MESSENGER OF YMCA PENANG is printed twice yearly and issued free for all Members. All articles published in this Newsletter are strictly for Member and Associates.*

*The articles and opinions expressed in the Newsletter do not necessarily reflect those of the Board and Editorial Committee. The Editorial Committee reserves the right to reject or edit any contribution to the Newsletter.*

*We thank you all for your articles, contributions and appreciate your continuous support.*

## President's Message



With this issue of The Messenger, which is our official newsletter, our Penang YMCA Board of Directors and all our staff, wish each and every one of you "A Blessed Joy-Filled Christmas and A Happy Prosperous New Year 2016".

We live in troubled times but we are thankful for showers of blessings which we continue to receive from our Lord Jesus.

The piece of land in Balik Pulau which we recently acquired is intended to provide a camp site and eco-green activities. A sub-committee with certain volunteer advisors is now seriously considering how best to develop the land to provide for the facilities intended. Cost is a major factor for consideration. We need corporate or philanthropist sponsors for this project. Let us pray that our Lord will bless this project with success for the benefit not only of our youth in YMCA but also for the benefit of the general community too!

Thank you for your prayers and support all these years which we value and cherish dearly. We trust you will continue to give support to our on-going activities and projects for the year 2016 and beyond.

May Almighty God continue to bless us all with good health, good fortune, success, love, peace and joy.

*Geh Cheng Lok, DJN, PJK  
President*

(Cont...) Our Blessed and Wonderful year closed with our 4th Children's Christmas Party on 12th December which was held at our premises for the first time. We hosted 200 lively and cheerful children from NTA (School for Rohingya Children) from Alor Star, Home of Love from Sungai Petani, ESDA-PPKT (Centre for the Physically Challenged) & Crystal Home from Taiping and Penang Shan Home from Prai. Again through the generous support of our Board, volunteers, members and friends we were able to give some donation for the operation of the Homes as well as for the purchase of uniform, shoes, school bags and socks for the children.

Finally, we are thankful for the grace and guidance of our Lord who gave us the purpose and drive to continue to serve our community and those in need.

*By Ong Sooi Gaik  
General Secretary*



On that first Christmas, some 2,000 years ago, Joseph and his pregnant wife, Mary had to travel to Bethlehem from Nazareth to register in the census that had been decreed by the ruling Caesar Augustus at that time. While they were in Bethlehem, the days were completed for Mary to give birth. Unwelcome and unwanted, they could find no room in Bethlehem. The baby Jesus was born in a stable and his bed was a manger.

The Christmas story - we hear it so often. Some might have heard it called as "The Story of Baby Jesus". To others, they may have heard it as "The Nativity". Regardless of what we call it, the Christmas story is still the greatest story ever told and it never gets old.

John, one of Jesus' twelve disciples begins the fourth Gospel in the New Testament: "In the beginning was the Word and the Word was with God, and the Word was God. And the Word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth" (John 1:1 & 14). We know that these words refer to none other than Jesus Christ, whose birth we celebrate on 25th December. Christians throughout the world celebrate this special day. In many Christian homes, churches and even in malls, we would see the manger scene and/or a Christmas tree put up. Christmas carols sung. Christmas plays telling the story of the birth of Jesus Christ, the visits of the shepherds and the wise men from the east would also be performed.

Christmas is a time of rejoicing, praising and thanking God for the birth of Jesus Christ, the Son of God as foretold by the prophets in Bethlehem. We receive in Christ Jesus, God's gift to mankind, the person who

reconciles us with God by His death on the cross and resurrection from the dead. Indeed, since the birth of Jesus Christ, there had been great reason to dance. Death lost all its power, and eternity was opened to all who would choose it. There is reason to dance and sing. Christ came among us, and He is with us to this day. He has given us eternal life and has offered us everything we need to live happy and full lives on earth. Rejoice! Christ has come this day. And He will never leave us alone.

Let this Christmas be a time of remembering God's special gift of love to us in the person of His only begotten Son, Jesus Christ, sent to be the Savior of the world.

In John 3: 16, we read why God gave Jesus Christ to mankind. "For God so loved the world (mankind) that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life".

In John 1: 17 -18, it is written "For the law was given through Moses; grace and truth came through Jesus Christ. No one has ever seen God, but God the One and Only, who is at the Father's side, has made him known".

As Jesus Christ made God's Will known to men, he taught in different ways, sometimes with a story or parable, sermon or example. We read of these in the New Testament and we would find Jesus telling his disciples and hearers to love God above everything else, to give Him first place in the heart. Likewise, we ought to place God above everything else and to give Him first place in our hearts, to love our neighbors as we love ourselves, to serve, to forgive, to pray, to share, to trust in God.

To help us follow his teachings, we have the Holy Spirit to guide and strengthen us in our daily life. Therefore, as we prepare to celebrate Christmas and plan for the New Year 2016, let us pray that God will help us through the Holy Spirit to continue in our love for Him and our neighbors, as well as serve Him through the various ministries and community outreach activities of YMCA Penang,

Wishing everyone a Blessed Christmas and a joyous New Year 2016

*By Dr. Mallise Tong  
Christian Care Committee/ Chairman*



(Cont...) Everybody was rather busy as each had their own assigned task, from approaching sponsors/donors, planning of suitable games so that everyone could participate, programme line-up to make it exciting and fun-filled and many other behind the scene arrangements.

So for this year, I was thrilled once again as I was the emcee for the event. Though the only obstacle was to conduct my speeches in Bahasa Melayu. When you don't speak it frequently, it gets all rusty but with a little brush up it was all good.

You could tell from the hearty laughter of the participants that they were having the time of their lives! The crowd broke into 10 groups with volunteers as their team leaders to play exciting games and participate in various activities. Rumah Panyayang Ren Ai put up their adorable Christmas Skit and sang a Christmas Song in Korean language.

There were other various homes that also put up grand performances to cheer the crowd.

I am certainly sure not only were they happy, their stomachs were also happy with the delicious food (especially from our sponsor McDonalds) that they had eaten there. Some even brought their meals back home.

We were truly blessed to receive all the assistance we could use. Sponsor and donors who donated cash and kinds generously, the directors, staff and volunteers that consisted of student volunteers from Equator College, YMCA club members as well as members from the local community who have contributed their time to serve. It's the moment when you see the happy smiles on their faces, priceless!

One of the best moments is when you have such great and happy interaction with them. Sometimes you think you are here to bring them such joy but unknowingly their happy presence there brings joy to you as well.

Through this event, the YMCA has successfully collected RM20,342.00 through the generous support of our Board, volunteers, members and friends. The funds will be used to purchase uniform, shoes, school bags and socks for the children as well as donation for the operation of the charity homes. From the bottom of my heart, I thank everyone who contributed and supported in so many ways possible to make the event a success.

By Barry Teh  
Youth Committee





How do we make Christmas more meaningful than it already is? Fill our trees with messages of love! This year, Penang Y launches the “Make a Wish” program in collaboration with Equator College, Penang.

The ideal plan is to raise funds via writing a “Christmas wish” on a small card which will be hung on our Christmas tree at the YMCA lobby and at the Christmas tree at Equator College. The card will be given to anyone who wishes to

contribute monetary donation to the cause. The money collected will then be fully distributed accordingly to the 6 homes that we are helping in conjunction with the Christmas Party for underprivileged Children.

It was a pleasure to have worked with the very creative and caring students from Equator. Some of them even volunteered to help in the annual YMCA Christmas Party for the underprivileged children.

*By Michael Cheong  
YMCA Staff*



## Guard against Mission Drift

John 17: 20-23

Message delivered by Jerry Choo at the 56th Anniversary Thanksgiving Service of Penang YMCA on 26th September 2015

### INTRODUCTION

My title is taken from the best selling book, Mission Drift by Peter Greer and Chris Horst. In the book the authors explain how many Christian organizations started strongly with great intensity and fervour in their mission but over time tend to cool, liberalize and eventually detach from its original mission and vision. Some of the Christian organizations identified were schools, universities, charities and non profits who have even lost their Christian identity. The YMCA is also identified as one of the charities that have drifted from its original mission and if nothing is done to correct its course it will eventually lose its Christian identity.



So what I would like to do this evening, is to trace briefly from the YMCA history, the evolution of its mission over the years and ascertain to what extent the movement has drifted from its Christian roots and what needs to be done to revive and reinstate its Christian heritage.

To ignore our Christian heritage is to forsake the very foundation of what made this movement a great Christian association. We also run the risk of becoming no different from the many community recreation centers and social service agencies unless we remain true to our Christian roots.

### Outline of message

- A. Understanding the YMCA.
- B. Unity & Mission: Exposition of John 17: 20-23
- C. Putting the “C” back into YMCA

### A. UNDERSTANDING THE YMCA

Early Years – Ecumenical & Evangelical Mission  
The YMCA was formed in London in 1844 by Sir George

Williams for the purpose of winning souls to Christ. This was during the Industrial Revolution of Europe. It was a time of turmoil brought about by an uncontrolled migration of young men to the cities in search of work.

These young people faced unhealthy social and moral conditions. Footloose and cut off from their families, they were easy prey to the temptations in the brothels, taverns and gambling parlours. The YMCA emerged (*Cont...*) (*Cont...*) to provide Christian counselling, guidance and other healthy alternatives to the vices of the city.

The YMCAs earliest programs were prayer meetings, bible study classes, bible tract distribution, establishment of reading rooms and finding suitable boarding accommodations.

The impact of the London YMCA was dynamic and news of its success spread far and wide. The concept was adopted by others and YMCAs grew and spread rapidly all over the world. By 1851, there were YMCAs in Great Britain, France, Switzerland, Germany, the Netherlands, Canada, USA and Australia.

Evangelism was the thrust of its growth as it became a specialized agency to bring young men to Christ.

In 1855, leaders of the movement met in Paris and formed the World Alliance of YMCAs. At its first meeting two motions were adopted:

1. a mission statement known as the Paris Basis

“The Young Men’s Christian Associations seek to unite those who regarding Jesus Christ as their God and Savior, according to the Holy Scriptures, desire to be his disciples in their faith and in their life, and to associate their efforts for the extension of his Kingdom”

2. John 17:21 as its moto.

– “that they all may be one - that the world may believe.”

The adoption of these two motions defined distinctly the ecumenical and missionary character of the movement. The YMCA concept was unique because it broke the barriers that had for centuries separated different church denominations. Thus making the YMCA a pioneer of ecumenism.

In 1881, the world council approved an international badge of the YMCA inscribed with its moto showing a bible opened to John 17:21.

This mission guided the activities of the early YMCA.

Mission Shift – From Revivalistic Christianity to Nurturing Christianity

As the movement spread in North America, there was a

mission shift. While some YMCAs were engaged in evangelical activities, others emphasized the total well being of the person. They were concerned for the improvement of the spiritual, mental, social, and physical condition of young men.

This was a shift from Revivalistic Christianity to Nurturing Christianity. The Four Fold Program was formally endorsed at the Baltimore Convention in 1879. A new symbol was also introduced. Known as the red triangle, it represented the body, mind and spirit of the individual. Soon it became the best known symbol of the YMCA throughout the world.

The Four Fold Program was widely embraced in America and Europe but emphasis was on physical development and YMCAs began to equip themselves with sports, gymnasiums, physical education and various athletic and aquatic facilities. Physical education later became the hallmark of YMCAs.

John Mott

Around this time, a young leader emerged from the student movement of the YMCA to lead the missionary work. John Mott became the college secretary of the YMCA in 1888 where he would serve for 27 years. He organized the student voluntary movement for foreign missions of the YMCA and YWCA. In 1895, he founded the World Student Christian Association. Through his inspiration and leadership more than 20,000 student volunteers joined the mission field.

Later he became the general-secretary of the International Committee of the YMCA and president of YMCA's World Committee. He organized youth exchanges, set up study groups, and arranged international youth camps. During the two World Wars he was actively involved in relief work for prisoners of war. Outspoken, he spoke out against the oppression of colonial peoples and was a pioneer in the struggle against racial discrimination.

Throughout his career, he was fully committed to the YMCA mission and showed outstanding leadership in making the YMCA a major force in missionary and ecumenical work. He worked ceaselessly to establish rapport with students and church leaders to unite the students of the world, and so hasten the fulfillment of Jesus' prayer, "that all may be one."

Outside of the YMCA he was actively involved in the ecumenical movement and was called the "father of the ecumenical movement." He chaired the Edinburgh Missionary Conference in 1910. And when the World Council of Churches was formed in 1948, he was made the honorary president at its inaugural session.

For his achievements John Mott was awarded the Nobel Peace Prize.

“The Peace Prize for 1946 was awarded to the head of the Young Men's Christian Association (YMCA), the American John Raleigh Mott, who according to the Nobel Committee had contributed to the creation of a peace-promoting religious brotherhood across national boundaries.”

This was the finest hour for the YMCA. (*Cont...*) (*Cont...*) After Mott, the movement began to drift from its Christian mission of evangelism and concentrate on building character and strong bodies and social work. The YMCA need to be reminded of what Mott had said in one of his speeches - "Evangelism without social work is deficient; social work without evangelism is impotent." This is something we must not forget - evangelism and social work go hand in hand.

By 1952, the YMCA opened its doors and welcomed persons of different religions to membership.

Today the YMCAs mission has evolved “to put Christian principles into practice through programs that build healthy spirit, mind and body for all” with emphasis on social responsibility, youth development and healthy living. In practice there are few Christian programs and most YMCAs see social responsibility and youth work as the main thrust of the YMCA mission. To a large extent this Christian malaise resulted from a preference for leadership based on financial and business ability rather than spiritual and religious leadership.

This is a brief summary of how the YMCA movement has drifted from its Christian mission to become a social services agency emphasizing youth development, recreation and healthy living.

### **B. UNITY & EVANGELISM: John 17: 20-23**

Our text today is the Lord's prayer which takes place during the last hours before his betrayal and crucifixion. His time on earth is coming to an end. But he does not want the community of believers to come to an end after his death and resurrection. So he is preparing his disciples for their mission. He knows the difficulties and hardship they will face. In verses 6-19, he prays for their protection, unity and sanctification. But after they are gone, he wants the next generation, the second, third, fourth and future generation of believers to continue with the mission.

And so he prays –

20 “My prayer is not for them alone. I pray also for those who will believe in me through their message,

Jesus is praying for future believers – he is praying for us – for you and for me. And this is what he is praying for.

21 that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me.

This is the key verse in our text and I want to highlight 2 main points – 1. “that all of them may be one” is about Christian unity and 2. “so that the world may believe” is to tell the world about Jesus which is about evangelism. This is the key verse for advocates of Christian unity, but it must be properly understood.

The subject of unity is a sore point for Christians. There are many different interpretations. Some say it is spiritual, relational, positional and one oxymoron that it is unity in diversity. But I prefer the simple explanation by one commentator – to be seen together in harmony

I believe Jesus wants Christians to be united the way he is united to God the Father – a unity of love, of purpose and of life itself. This bond would be the authentic reality of the Christian faith. When men and women are drawn together in a unity of love and fellowship, doing good deeds together to glorify God, overcoming all obstacles that would otherwise keep them divided, would be a powerful testimony that Jesus Christ really is the Son of God sent from the Father.

United in this way, believers are a powerful witness to evangelize to the world.

In verse 22 Jesus links unity with his glory. 22 I have given them the glory that you gave me, that they may be one as we are one—

Again there are also many interpretations of what glory means. The NT scholar, Leon Morris gives a good explanation in (The Gospel According to John [Eerdmans], p. 734): “... just as His true glory was to follow the path of lowly service culminating in the cross, so for them the true glory lay in the path of lowly service wherever it might lead them.”

When Jesus was on earth, he did not choose personal ambition or fame for glory. Instead he chose suffering and servanthood that often appeared humble and weak. In Mark 10:45 he said that “the Son of Man did not come to be served but to serve.” The path he chose was the opposite of self glory and vain glory that people seek in the world. The true glory of Jesus Christ was ultimately fully displayed by his sacrifice on the cross.

Thus humble, servanthood glory expressed by believers will contribute to the oneness and unity of God's people.

23 I in them and you in me—so that they may be brought to complete unity. Then the world will know that you sent me and have loved them even as you have loved me.

Here Jesus is praying for a unity of love and common identity in him. True disciples of Jesus are known by their love for one another. In John 13:34-35, Jesus said, “A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another.”

When believers are united in love, their unity will be a powerful attraction to a world that is starved for love.

This is Jesus' desire that the complete unity of His believers would be a testimony to the world of the great love that God has for them. *(Cont...)* *(Cont...)* What this calls for is that believers must be worthy witnesses.

The gospel message of Jesus Christ cannot be carelessly preached. It must be borne by worthy witnesses; for we are often the Bible that people read.

The truth of who Jesus is must first take root in our very being. In other words, our identity, our behaviour, how we treat others and how we live our life as a Christian must not be different from the message we bring. How can we say that God is love if we do not love? How can we say that all are one in Christ if we are divided? How can we say "Jesus is Lord," if He is not Lord in our life?

Worthiness is the love and unity of the Father and the Son in us, displaying the presence of Christ to the world.

There is a story that highlights this point. 5 Business executives were late for their flight home. So they were in a hurry as they dashed through the airport lounge. In their haste, they knocked down a girl who was carrying a basket of apples. The apples fell all over the airport lounge. They did not stop but shouted Sorry, sorry. But one of them, Andrew, felt sorry and told his friends to go on while he turned back to help the girl pick her apples. After he had picked the apples he realized the girl was blind. Feeling really bad he asked what she was doing with so many apples. She told him she sold apples for a living. She said she had 100 apples and sells each for \$1.50. When Andrew saw that most of the apples had been bruised, he knew she would not be able to sell them so he said I will buy them all. He gave her \$150.00 and told her to keep the apples. The girl was very grateful and kept thanking him. As he turned to leave, she called out, Sir, who are you? Are you Jesus? Andrew was embarrassed that he is compared to Jesus for doing a little good deed.

But the point is those who bring the gospel of Jesus are to be like Jesus - Christlike. Jesus set the example for us when he said in John 14:9, "Whoever has seen me has seen the Father." When Jesus was on earth, Colossians 1:15 tells us that he was the image of the invisible God. Similarly whoever brings the message of Jesus must endeavour to be like him. The messenger must be like the message. That is the extent to what being a worthy witness means.

One way of being a worthy witness can be through servant evangelism.

Servant evangelism is sharing God's love by doing acts of kindness, doing good deeds, doing social work in practical ways without asking for anything in return.

The Bible tells us in Galatians 6:10 that "As we have opportunity, let us do good to all people". There is strong motivation to practice servant evangelism because Romans 2:4 tells us that God's kindness leads people to repentance.

Servant evangelism reaches people in non aggressive and non-threatening ways. Not everyone is comfortable walking into a church building, but people are more amenable to respond to acts of kindness rather than force of argument. People don't care how much you know until they know how much you care. Kindness is the best form of persuasion.

Servant evangelism has the potential to win people for Christ. But good deeds by themselves is not evangelism, it only gives Christians the opportunity to tell about God's love.

Servant evangelism is not complete until the message of Jesus is spoken. Romans 10:17 tells us, "Faith comes from hearing the message, and the message is heard through the word about Christ." To complete the process of evangelism, to bring someone to accepting Christ as Savior, "the word about Christ" must be spoken.

Next let us look at how Christianity can be emphasized in YMCA.

### C. PUTTING THE "C" BACK INTO YMCA

To put Christian principles into practice it is important that a full scope of the Christian faith be offered. First we need to define what "CHRISTIAN" means for YMCA. Is it to show the love of Christ? If it is how do we go about doing it? How do we serve and care for the needs of the community? What Christian programs can we provide? These are some suggestions -

- Start a Christian Emphasis Committee made up of a group of dedicated Christians to promote the teachings of Jesus Christ in the YMCA for the purpose of carrying out our mission John 17:21
- Reach out to local churches and partner with them to provide joint Christian programs - this opens the door for opportunities for the faith community to work with the YMCA.
- Build strong working relationships with churches, promoting cooperation, communication, program sharing, spiritual development, missions and outreach
- Offer the church benefits for partnering with us in ministry, including free family memberships for pastors, use of YMCA facilities for members of the church, membership discounts for facilities to church members
- Christian staff - hire Christians and provide appropriate Christian leadership training
- Provide programs to meet spiritual needs -
- Provide programs and resources that promote Christian Values that can be applied in the lives of members as well as the community at large



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- Conduct Bible study, Prayer groups and meetings, Singing praises, Choir, BB, GB
- Work with Salvation Army Boys Home
- Provide biblical counsel, financial resource development and committed Christian leadership, for the support of staff and volunteers
- Encourage members to discover the love and compassion that is available through a personal relationship with Jesus Christ

### CONCLUSION

The YMCA was founded with the purpose of saving souls for Christ. Its mission statement known as the Paris Basis was formerly crafted in 1855 defining the YMCA as an ecumenical movement of Christians working together to extend the kingdom of Christ. Through the years its mission has been revised to adapt to changing world situations. In its early years when revivalism was sweeping Europe, its focus was on evangelism. In later years its mission was revised to developing the individual in body, mind and spirit focusing on families and health. Today it has expanded its mission to include social

services, youth development and global issues of justice, environment and poverty. In the process many YMCAs have drifted from its Christian mission. But for Penang YMCA, as we celebrate our 56th anniversary with thanksgiving to God for his faithfulness, we need to be faithful to him and guard against mission drift as guardians of the YMCA. We must not forget the achievements of past leaders like John Mott who brought international acclaim to the YMCA. Even as we revise our mission to emphasize social service and youth development we must balance social service with Christian programs. We must put the “C” back into the YMCA and not forget the words of John Mott that "Evangelism without social work is deficient; social work without evangelism is impotent."

By Jerry Choo  
Director/ Hon. Treasurer



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- b. *The Need for Church Unity* by Matt Slick
- c. *Understanding Christian Unity* by Steven J. Cole
- d. *We are One in Christ* by Joel Banman
- e. *Understanding the YMCA Movement* by Rev Samuel D Stephens
- f. *The YMCA and Globalization of Physical Education* by Martti Muikkonen
- g. *The Y Gets Born Again – Or Does It?* by Brad Bloom
- h. *A Brief History of the YMCA Movement* ([http://www.mfldymca.org/about\\_us/history\\_national.php](http://www.mfldymca.org/about_us/history_national.php))

## YMCA Penang Monthly Christian Fellowship

Monthly Christian Fellowship is held on the last Thursday of the month, at 8.00 pm in the Chapel.

We are thankful to our speakers, the Pastors and leaders who shared the Word of God at our monthly Christian Fellowships.

25 June 2015: Bishop Andrew Phang, Message: “Am I my City’s Keeper?”

30 July 2015: Rev. Vijay Joseph, Message: “The Two shall be One... WhichTwo?”

27 August 2015: Rev. Hwa Jen, Message: “A Faithful & Righteous Sovereign God”

29 October 2015: Ms Carmelita Xavier, Message: “I am like Peter”

Please contact our Program Office, Mr Daniel Wong at 012-4993411, for more details.

## Singapore YMCA Proms at the Park



To recount our contribution with the YMCA Proms @ the Park, I ought to relate a portion of my story to the Training for Trainers (TOT) back in Malacca! The youths from YMCA Singapore shared their establishment of the Uni-Y, as a platform to do Community Outreach Programs and simultaneously YMCA Penang had similar goals to build a youth centre in Penang YMCA and strengthening the youths through volunteer network. We were flabbergasted by the many inputs poured out during the discussion sessions and had even acquainted with many new friends!

The purpose of the Singapore YMCA Proms @ the Park is to seek to promote voluntaryism by having corporations and voluntary welfare organizations organise an outdoor concerts, games and picnic to benefit the less fortunate.

A couple of days prior to the training in Malacca, we received news that the Penang youths were invited by Ms. Samantha Seah from Singapore YMCA to participate at the YMCA Proms @ the Park as observers. By the way, As a newbie I was naturally excited!



YMCA Proms was held at the Gardens by the Bay - the Supertree Grove on a Saturday, 25th of July 2015.

On the first day of our arrival on Friday, they gave us a tour of their vicinity. I was really drawn by the strategic location because we could oversee the panorama view of the heart of Singapore on the rooftop. It was such a

spectacular view. Another highlight of the tour was the introduction of the internship program at Uni-Y. It was eye opening. I could sense the passionate voluntaryism spirit from the youths - every single one of the them took responsibility to work on their assigned task. The youths were very much involved and incredibly active.

One of the youth leaders briefed us on our assigned task for the Proms - boy, was I nervous!

We, the youths from the Penang Y Photography Club infamously known as 'The Accringtons' had the opportunity to offer our services to the assigned groups. They generously gave us a comprehensive pre-tour at the

Gardens by the Bay at the Park to enable us to understand the outline of their scheduled program. The staff and the Uni-Y youths were kind and patient during the pre-tour. We saw familiar faces from the TOT program in Malacca and had a good catch-up.

As the busy day approaches as soon as the sun rises, the atmosphere at the Singapore YMCA was charged with hustle and bustle, everyone was very focused on their assigned task. Despite their busy schedule, we were greeted with such warmth hospitality.

After a hearty meal, Michael Cheong, Sherwynd Kessler, Asher Leo, Titus Lim and I went to our designated area

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at the subway station to await our special guests - the beneficiaries. My designated group was the orphanage children. They were very excited - running around the arena. I hardly could catch up with them. They were very camera shy at first except the little girl who just adores flowers at the dome, I caught her staring at my camera and I asked permission



simple act of feeding, opening a bottle of water, taking 'selfies' together. It was very enriching and rewarding. People were cheering, encouraging and helping one another.

As the end drew near, tired and exhausted by the heat in the afternoon. Everyone crowded at the open field in front of the big screen - screening 'Kungfu Panda' while we had dinner. It was a rare sight as I have not witnessed this "outdoor Cinema" in Malaysia for a long time. It was a nostalgic moment (wishing for it to take place in Malaysia). We also had the privilege to catch a glimpse of a very well rehearsed air force ascending the sky

played games at the games stalls with joyful glee.

I recount moments when I observe the volunteers walking hand in hand



with the beneficiaries to the Park, they would put on a smile, interacting with them with grace. It was such a beautiful scene to behold.

There were many performances held on that day, including a dance performance by the Stars.

They danced with bright colorful costumes with beaming smiles. The volunteers prepared the picnic materials, distribute delicious food for the beneficiaries to observe with

rehearsing for their upcoming Singapore 50th National Day.

Soon after the Gardens by the Bay, the Penang Y Photography members roamed around the cities of Singapore to hunt for photography opportunities.

*By Janice Chong  
Photography Comm/ Secretary*

if I could take a picture for her. She did not hesitate and nodded with a big smile!  
The YMCA Singapore gave them goodie bags with colorful gifts - they

## Bangkok YMCA Camp

Bangkok Trip: 5th Oct – 11th Oct 2015 by Daniel Wong, Staff

Bangkok Trip 2015: YMCA Penang Youth team were invited to be involved in their Kids Camp at their Ban Chang Campsite from October the 5th till October the 11th 2015. Two volunteers, Asher Leo and Sherwynd Rylan Kessler, and Daniel Wong, a staff from YMCA Penang had the privilege to be part of the Kids camp.

The journey began on the 5th October 2015 where the youths from YMCA Penang depart for Bangkok in the early evening. They were picked up by the General Secretary of Bangkok YMCA, Mr. Taweechai Termkunanom accompanied by his son. On their first day of the trip, the YMCA Penang youth team were invited to experience how the YMCA



Bangkok conduct their Camps. During that time, the YMCA Bangkok was having their children day camp which was from 5th October to 16th October at two different locations,

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running simultaneously, one at Bangkok Christian Guest House and the other at The Loxley Public Company of Thailand, due to the overwhelming number of participants.

The youths from YMCA Penang were briefed by one of the YMCA Bangkok Staff, Mr. Teerapat Suttinum, about the English Speaking Camp which was held at Ban Chang Campsite where the youth from YMCA Penang also helped out as staff during the camp. The age range of the campers was from 6 years old to 16 years old. On the 7th October 2015, the third



day of the trip, all the campers and the volunteers were gathered at the Bangkok Christian College where all will travel to the campsite by bus taking about three hours. During the camp, the campers took part in ice-breaking games to get with one another. There were four teachers, teacher Mike, teacher Tom, teacher Isaiah and also teacher Georgina. They were invited to conduct English lessons for the



campers. Throughout the whole four days and three nights at the campsite, all the campers and volunteers had an enjoyable and memorable time.

During the camp, the campers and the volunteers enjoyed themselves, doing lots of fun activities such as

during meals time, each Cabin (Small group) will select 1 boy to be the Angel Boy and 1 girl to be the Angel Girl. The duty of the Angel boy and Angel Girl was to prepare the meals and to place the meals on the table for their friends during every meal. Each meal session had different children to be the Angel Boy and the Angel Girl. When everyone was ready, they were not supposed to eat because they are supposed to sing a "Thank You" song. This song was supposed to be sung before every meal. It's like we pray before we eat but they replace it with this song as there were non-Christian campers/staff.

Every morning, campers, staff and volunteers gathered for morning



exercise. The exercise was conducted by one of the campers, staff and volunteers. Each one will do one exercise.

Then, all the campers, staff and volunteers would proceed to the football field to sing the national anthem (in this case it was the Thailand national anthem) and to raise the Thailand flag. After that, the Emcee of the day (OD) would recap on what we did yesterday. After that, everyone would proceed to the chapel for a story/tale time. After every tale was told, we were not supposed to clap our hands because these tales are meant for everyone to ponder on. Total tales to be told would be 3 tales.

During the English Learning Skill session, the campers would go to 4 different stations for some creative activity. At the first station the campers

will learn about the word vibration which was illustrated by using a cup as a telephone. At the second station, the campers were required to use magazines, colour pencils, and some paper to illustrate something about themselves. For the third station, the campers were required to do a crossword puzzle and at the fourth station campers were required to draw a park by using their creativity.



There was also a talent night show, where everyone was to present a song, a dance, a skit or anything according to each group. The youth from YMCA Penang was requested to perform a song, "Rasa Sayang".

The decoration conjured a disco or



pub environment. There were also some outdoor activities, where every camper would have an experience to try out these outdoor activities like Kayaking, Flying Fox, Abseiling, Archery, Shooting, and wall-climbing. Each group only have about 20 minutes to try out for each type of activity.

Then in one of the evening, they had a camp fire at the basketball court. During the camp fire, 3 to 4 games were played where a short drama was

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presented by the staff of the camp. Then each camper, staff, and volunteer was given a small stick/wood to place their bad habits on and throw them into the fire so that he or she virtually would be renewed after leaving the camp. Besides, (just for this special occasion) the President of YMCA Bangkok, Mr. Vichai Jittawait was present alongside with the General Secretary of Bangkok YMCA, Mr. Taweechai Termkunanon. They presented a certificate of participation to the Penang YMCA team for volunteering in this camp.

On the last day of the camp, the teachers did a summary/review/recap on what they had learnt from each station during the English language sessions. Each camper was then called out to receive his/her certificate.

Before leaving the camp, the staff stood by the entrance and bid the



campers and volunteers “Goodbye” as they walked towards the bus. According to a staff, almost everyone was in tears because they wouldn’t want to leave the camp due to the fun and friendships that they had.

By Daniel Wong  
YMCA Staff

Here’s what the youths from YMCA Penang have to say about their experience during this trip:

“It truly was a life changing experience for me!!  
When we talk about organizing a camp

the very first matter that comes across our mind will be budget (money). But it is so different when I witness how Bangkok runs their camp. Although they have a low budget but they made the fullest use out of it, a lot of things they D.I.Y themselves. To them, the bonding of the Volunteers and the



Campers is more valuable. One of the best experiences was when we were sent to be the judge for the winner of the cleanest cabin, and when we got to their cabin the kids would shout “wait~!!! Give us 5 more minutes” all rushing to make the final touch up to their room... Ahaha~!!

Lastly, it amazed me how beautifully and uniquely everyone works together, from the staff in the YMCA Bangkok to the volunteers from all over Thailand.”

– Asher Leo  
Photography Comm/ V. C

“It was a privilege to be invited by the international Y to a camp to help the children communicate in English and also to learn and gain experience on the way the camp is run. Seeing how the parents encourage and sent their children to a camp far away from home and the sheer numbers of campers is quite amazing to me. All in all, being part of the organizing team in a foreign camp has opened our eyes and minds on the structure of the programme line up to suit all the children and that gave us some ideas and inputs to bring back to our local Y to share with the team.

Despite the language barrier, we

managed to communicate and participate in not only organizing but also understanding the culture and traditions of another country.

I hope these valuable experiences gained from the trip will be put into good use in the near future.”

– Sherwynd Rylan Kessler  
Photography Comm/Chairman

“This was my first trip to explore other YMCAs. This trip is really an eye-opener for me because I have learned how the Bangkok YMCA gets such a great response for the participants and volunteers. I asked them how they do it, and they said is thru spreading the word from the parents, campers and also the volunteers. I felt that the reason why the responses is so good is because

of the bonding between the volunteers and campers and also the activities were so full of fun. For the very first



time, I actually see with my own eyes, the campers and volunteers actually having their tears rolling from their eyes, the feeling you won’t want to leave. These tears really broke my heart. That is the most eye-opening thing which I have ever seen. I kinda have a minor doubt that this won’t happen back in Malaysia. Haha...!”

– Daniel Wong  
YMCA Staff



# APAY @ Korea

Beginning of Autumn and Summer is coming to an end, it felt good again to set foot on familiar ground after visiting Korea 8 years ago. This year however, I am together with YMCA family of Malaysia as a whole. All those planning have finally come to fruition as we flew almost 2,800 miles to Korea participating in the most anticipated event - The Asia and Pacific Alliance of YMCA's 19th General Assembly and 3rd Youth Assembly. The Asia and Pacific Alliance of YMCA's 19th General Assembly and 3rd Youth Assembly was held on the 6th to 11th September 2015 in Daejeon, Korea. "Anchored on our Rock; Building a Sustainable Future" is the theme for year 2015 to encourage the development of the future direction for sustainability and to share the foundation of a common goal of the YMCA movements.

As quoted by Duncan Chowdhury, he said: "let us renew our commitment in the YMCA to continue our work for development of body, mind and spirit to fulfil our vision of a just society, based on the teachings of our Lord... Anchored on a rock indicates the firm confinement of a ship to the ground below water with an anchor. If the ship is anchored on the rock, it will withstand the storm and fierce winds." The logo symbolizes the Noah's ark in the book of Genesis Chapter 9. In the General Assembly, it has centred to identified the following specific objectives of the present context of the YMCA and to highlight the present day and emergent challenges with which the movement has to contend. The specific objectives that are laid



are:

1. To stimulate and renew YMCA leadership through discussions and the sharing of insights on existing realities that impact our societies and our YMCA activities;
2. To demonstrate and experience the togetherness in mission that exists in the YMCAs in our region and within the global family of YMCAs at large;
3. To search together for ways to witness the Good News in our region;
4. To study as one body in discovering the stark realities of our region and
5. To plan collectively for common actions of the YMCAs at the local, national and alliance level in responding to the challenges of our sub-regions, our region and the world as a whole.

Upon touchdown, the representative youth delegates arrived early on the 6th September 2015 at Daejeon Youth Hostel while the other YMCA

*see next page*





members arrive on the 7th September 2015. We were welcomed by the Korean volunteers and staff with such enthusiasm and greetings in Korean “Anyeonghaseyo” accompanied by smiles and hugs. The first day is always about breaking the ice and that is what we did - games were played. We had lots of fun and connecting with other youths. Countries from Australia, Bangladesh, Cambodia, China, Hong Kong, India, Japan, Macau, Malaysia, Mongolia, Myanmar, Philippines, Singapore, Sri Lanka, Taiwan, Thailand and not forgetting Korea.



In the keynote address, Francis Daehoon Lee; a Research Professor, Peace Studies, SungKongHoe University and an Executive member of Centre for Peace and disarmament (PSPD) spoke on making of Asia through solidarity and rethinking boundaries by reducing violence to create

safe space through addressing people’s needs, transforming conflict through community meetings building relationships and by giving peace education. After each presentation and training, the youth delegates will be grouped to discuss on the issues and matters presented for the cause of each region faced. We even acted out our cause discussed. On the first night, we had the youth night which was filled with various performances and mostly dance presentation that represent our respective country until late night. Youths as we are - we dance and party till our hearts content!

After a hearty social gathering on the following day, there were 4 exposures to pick from. The youths are therefore able to choose their desired location. The four exposures are Exposure 1 - Keyword “Youth Civic Engagement” at Birlzip, Bee House, Exposure 2 - Keyword “Energy”, Korea Institute of Energy Research and Green Union, Exposure 3 - Keyword “ Culture” at Sango Guesthouse and lastly Exposure 4 - Keyword “Environment” at Farm Salon. The aim was to create awareness through exposures, impacting community through empowerment and to bring us closer to people. On the last night at Daejeon Youth Hostel, we parted our ways to our respective host family which was the highlight of our Youth Assembly. The youth delegates looked forward for the Home stay to get personal experience with the Korean culture and not forgetting indulging the delicacy of Korean food.

My roommate and I were greeted by our “dongseng” (little sister in Korean), So Yeong. We learnt how to cook Bibimbap a signature dish in Korea, the preparation was more complicated than I thought. It took about an hour and half - total 7 main dishes and 3 to 4 sidelines! Followed by a visit at the National Library of Korea in Sejong overlooking the open garden of modern structures, driving through the town of government sector of Sejong and girls shopping at the local stores. Woohoo! \* Learning to converse the most basic Korean greetings, “Anyeonghaseyo, jeoneun Janice-eiyo” (Hi! my name is Janice) and “jal gayo” (goodbye)



On the 8th September 2015, the youth delegates joined in with the rest of the YMCA delegates for the General Assembly at Daejeon Convention Centre. The Convention throught with many Y National movements. I remember fondly the official commencement of the 19th General Assembly Opening Ceremony. In between speeches, the Youth delegates gave out a big flash mob dance to surprise and lighten the atmosphere with cheers and traditional Y-M-C-A dance move. The afternoon session were strategic dialogues followed by the presentation of the candidates standing for election. We had a glimpse of Korean Cultural performance during the welcoming dinner hosted by the Honourable Mayor Daejeon. Honoured guests delivered words of felicitations during dinner.

As we disembark from Daejeon to the Demilitarized Zone near the border of North Korea for Peace Assembly on the 9th September 2015, it was a mixture of excitement and curiosity. However, it did not occur to me the

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atmosphere between South Korea and North Korea was so charged with such tension that words aren't able to describe - we could hear occasional lightning strike which we later found out that it was an actual detonation. I could not imagine the splitting of a country in a constant strain war that shares a common culture, language and even heritage. I stood by the fence that separates both country for a good picture and I pause for a moment in stillness - it was such a beautiful sight to behold, the pasture was untouched and the other side was just plain uncontaminated by

harness energy like a bicycle attached to a blender machine, upon cycling the blender did its job and satisfy us with free Banana Milkshake! We learnt the history of Chosun Dynasty in Suwon Hwaseong



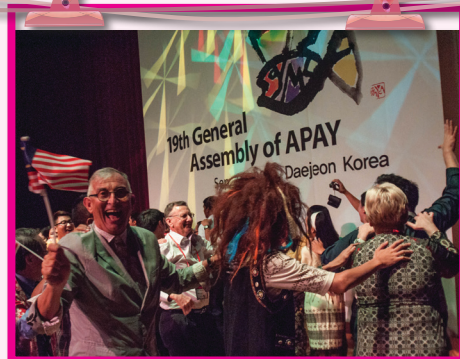
Fortress that is recognized as a UNESCO World Heritage Site. In the Assembly, the Strategic Dialogues are workshop based to deal with ten major issues and concerns that the YMCAs are facing today within the diverse realities of our region. These Strategies Dialogues are then focused on Renewing the mission

was enlightening for us, as we learnt about the difficulties, causes and the empowering movement to drive up the recognition of each problem faced in each region and in addition to render a changeable solution. I personally loved the alternate tourism, Christian witness in Pluralistic Society and the youth empowerment dialogue.

On the eve of the last day, we had the YMCA traditional APAY Cultural Night. Each National movement had a mini



modern architecture. It was really a rare sight. Soon after, we were dispersed to group exposures. I took course to Suwon to visit a model area of the Artists Resident Community where the movement visited a village in the city that was ruined. A visit to Doodurim, the Suwon Climate Change Education Center to experience the 'Etizen' (Eco+Citizen) including



of YMCA, Good governance in the YMCA (Movement Strengthening), Christian Witness in Pluralistic Society, Resource Mobilization in the YMCA (Movement Strengthening), Youth Empowerment, Social and Solidarity Economy, Environment and Climate Change, Gender Mainstreaming, Global Alternative Tourism Network and Global Citizenship Education.



cultural dance. I recalled, Penang Y had a 4 day practice of Puteri Dikir traditional performance for the big day. Everyone cheered and almost at the end of every performance had random freestyle dance especially amongst the youth delegates, in a matter of time joined by the rest of YMCA members. Among the youths, we gathered for part 2 fun night out for a little catch up fellowship night. After all, the night was still young. \*grins\* As It was an unforgettable night.



new renewable energy. There was demonstration of using different tool to



The statements made for each dialogue

During the closing Worship, I was among the few youth delegates on stage participating with the Choir team, singing worship songs. As the installation of the newly





understand the approaches of YMCA movement, trying to attain a realistic improvement on approaches towards society as a whole be it for the neighbor in need or empowering others to impact causing ripple effect with their surroundings. Both keynote addressing with Strategic Dialogues and workshop session manage to stir and ignite the fire once again the foundation built for

elected APAY General Secretary and other committees, we presented to them a gift of shawl to symbolize their mandate and responsibilities to the YMCA movement.

“It is in this context that I see the great importance of focusing attention to the identity and mission of the YMCA. We need to offer in depth programs, especially for young people, to understand who Jesus Christ is and what he stands for in the complex realities of today in terms of building community with justice and peace and women’s empowerment. We need to avail the precious work done by contemporary theologians and Christian thinkers in this region and beyond, interpreting the message of Jesus Christ for today.” as spoken during the Biblical reflection for worship by Bartholomew Shaha.

Through the APAY General Assembly and the Youth Assembly, seeing as a volunteer perspective, I have begun to



Overall group session is incredibly engaging and fulfilling at the same time, we are able to liberate the pros and cons into friendly dialogues. Hopeful that it will break through the objectives mentioned into action. Parting our ways was never easy, we had a T-Shirt exchange as a final grand gesture of thankfulness, creating new memories. Of course, endless of many “wefies” and group photo taking, tagging friends on Facebook for the latter.

By Janice Chong  
Photography Comm/ Secretary

It was such a privilege to be able to participate in the recent Youth and General Assembly in Korea. It was something that I had been looking forward to since the last Assembly where Penang hosted it. 4 years then, the moment came where I had the opportunity to meet again with old and new friends of YMCA from different countries, different cultures working together in project assignments and staying together at the Youth Hostel. It was wonderful and an amazing trip as I also got the chance to stay with a Korean family who hosted my 1 night stay with them. I can’t thank them enough for bringing me around to experience the local life and local food. Apart from that, I finally had the chance to meet 2 of my Raonatti



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## Classes & Courses 2016



### Karate

Tuesday & Thursday from 7.30pm to 9.00pm  
Saturday & Sunday from 4.30pm to 6.00pm

### Line Dance

(1.5 hours per week)  
Monday, Wednesday & Friday from 7.00pm to 8.30pm  
Tuesday, Thursday & Friday from 10.00am to 11.30am

### Basic Thai Language

12 Lessons (1.5 hours per week)  
Every Thursday from 8.00pm to 9.30pm

### Basic Mandarin Language

9 Lessons (1.5 hours per week)  
Every Wednesday from 8.00pm to 10.00pm

### Basic French Language

9 Lessons (2 hours per week)  
Every Tuesday from 8.00pm to 10.00pm

### Basic Sign Language

12 Lessons (1.5 hours per week)  
Every Monday from 8.00pm to 9.30pm

### Basic Hokkian Dialect

12 Lessons (1.5 hours per week)  
Every Monday from 8.00pm to 9.30pm

### Monthly Classes

Please contact our Programme Receptionist at 04-228 8211 ext 150 for further information

friends back there too. It was a fruitful and one unforgettable trip. Thanking Penang YMCA for making it happen.

*By Edison Choe  
Youth Comm*

First of all I would like to thank YMCA Penang for this opportunity to attend the APAY in Korea. During the trip, I was exposed to new youth movements that I never know of, especially on climate change. Beside



that, we also had a chance to feel the local livelihood and culture of the Korean community through staying with

the local family who had hosted us for a night. The most valuable thing that I drew from this trip is the bonding and friendship among all the other YMCAs from different countries. I hope that one day we can have various exchange programs among all others YMCA around the world. With these experiences, I hope to share and help my local Y grow further.

*By Asher Leo  
Photography Comm/ VC*



## **GATN** **(Global Alternative** **Tourism Network)** **Manager Training**

There were two YMCAs from Malaysia attending the GATN manager training. They were Penang YMCA and Kedah YMCA. This is my second time attending the training and it was a great learning experience for me and also allowed me to know fellow colleagues from other YMCA in charge of the GATN program. The sharing session was the most

impactful experience, when "sending" and "receiving" YMCA related staff shared with each other on their experience and ideas to improve the GATN package. Nonetheless, the training will definitely make a great impact for the related staff especially the sharing session which gave us the opportunity to know what the sending country expects,

when visiting the host country. This is especially when Penang YMCA was a receiving country (Host). I had learned a lot from the training and it will definitely help when I start planning for the GATN Programme.

*By Winnie Lim  
YMCA Staff*

**GLOBAL ALTERNATIVE TOURISM NETWORK - PENANG**

- Penang Heritage Sites (UNESCO)
- Peranakan / Baba Nyonya Cultural
- Penang Fruits Seasons (June - July)
- Penang World Music Festival
- Dragon Boat Festival
- Local Malay "Kampung" Homestay Cultural Experience @ Balik Pulau

Kindly contact marketing department for more information.  
Email: [marketing@ymcapg.com](mailto:marketing@ymcapg.com)

# YMCA Penang: Food Fair 2015



The month of August was a very busy month for us because YMCA Penang launches the biggest food fair of 2015 at our premises!

The food fair was planned by a group of dedicated group of people with the same passion and vision made from both volunteers and staff of the Y. The purpose was to raise funds for our Youth Development activities and World Vision Child Sponsorship Program.



The Y trains local youths in self-development, leadership skills and engaging them to initiate wholesome meaningful activities. The World Vision Child Sponsorship Program adopts 3rd world children to ensure they have access to poverty eradication based opportunities.



It was colorful and festivity was surely in the air! There was food ranging from western's spaghetti, local favorites like Hokkian mee, Tomyam and Murtabak to an ice-cold desert of delicious sweet Cendol. Most of these foods were kindly contributed by sponsors who either sponsored the stall via cash or food items.

There was also exciting games like paper bag fishing, ring toss and "fetch". Both children and young hearted lined up to give the games a try!

We also had various booths that made up the vibrant mix of choices. Patrons had the opportunity to go for health checkup at the Island Hospital booth for a good general health check and OSEL clinic that had a mini blood test. We also had a booth



from the camera museum, Wawasan Open University, Blessing Beauty, Tupperware, Progressive Language Academy, Aims University, Fit Arch and a caricature booth where Penang's top artist drew portraits of patrons. Attendees were also presently surprised that Genting Highlands were giving out free rooms with every new



membership card sign-up.

On stage, we had both talented musical and arts performances and artsy activities at every nook and corner. The YMCA's Photography club also launched their first ever photography exhibition with more than 50 photos from their "colors of



Penang" exhibition.

There was also an exciting raffles draw where prizes range from dinner vouchers, devices to a 32" flat screen TV!



Overall, we are happy to announce that we have made a collection of RM37,709-65. The funds have been used to contribute to the World Vision Child Sponsorship Program where we have adopted 5 Karen children from Mae Sariang (Mae Hong Song province – one



of the poorest provinces in Thailand). Their names are:

1. DATOO, Theerana, 10 years old (female)
2. KITMANATJINDA, Janthane, 12 years old (female)
3. AMORNPRASAN, Supansa, 9 years old (female)
4. NAUPAU, Natthawut, 10 years old (male)
5. CHANITARUNG ARUN, Chokchai, 11 years old (male)

The remaining fund will be used for youth development and empowerment programs at Y Penang.

The YMCA Penang wishes to thank each contributor, sponsor, volunteer and each and every party who has helped made this event a successful and fruitful one! It was indeed very hard work but because of your contribution, we can move a step forward to a better world.

*By Michael Cheong  
YMCA Staff*

# THANK YOU

For being part of our fund-raising Food Fair 2015!



Heong Sun See



Assorted Nonya Kuih



Chee Cheong Fun



Penang Ruyi Home Little Craft House  
Penang Buddhist Free School Cooking Class



Char Koay Teow



Dry Food Stall



Penang Road Famous Cendol



Malaysia Gishinkan Karate-Do Federation



Tang Yuan, Pop-Corn, Tom-Yam Bee Hoon



Ang Mo Tom Yam



Printon SDN BHD Moores Rowland (Audit Dept)



Shen Kuang Chin Sher



Hau Hau Yu Restaurant

STALL 23

## MURTABAK

1 PIECE RM7.00

SPONSORED BY:  
MR.TAN CHOOI LYE

STALL 1

## CHAI KOAY

1 PIECE RM1.00

## POH PIAH

2 PIECE RM3.00

## ASSORTED NYONYA KUIH

1 PIECE RM1.00

SPONSORED BY:  
MS.VINNIE & PARENTS SUPPORT GROUP

STALL 5

## LEMON GRASS DRINK

1 CUP RM2.00

## SANDWICH(EGG/CHEESE)

1 PACKET RM3.00

## JELLY

1 PACKET RM3.00

SPONSORED BY:  
MR.CHUNG SOON TATT

STALL 9

## CHAR KOAY TEOW

1 PLATE RM7.00

SPONSORED BY:  
Ms.Ong Seow Chooi

STALL 12

## HOKKIEN MEE

1 PLATE RM9.00

SPONSORED BY:  
MR.TERENCE TIOW BOON CHIANG

STALL 6

## CHEE CHEONG FUN

1 PLATE RM6.00

SPONSORED BY:  
MS. ELSIE LIM (PRUDENTIAL - ACHIEVE GROUP)

STALL 8

## NASI KUNYIT WITH CHICKEN CURRY

1 PLATE RM12.00

SPONSORED BY:  
MR.IR TAN SWAN TECK MR.SIEW HON HOONG

STALL 10

## AYAM PERCIK

1 PIECE RM10.00

SPONSORED BY:  
MR.STEVEN LOOI

STALL 16

## DESSERTS CORNER

1 BOX RM3.00

SPONSORED BY:  
CHRISTIAN CHURCH OF MALAYSIA PCDC  
APOSTOLIC ISLAND FELLOWSHIP  
MR.TAN JIN CHONG  
DHLION ENTERPRISE  
JKL WELLNESS  
YOUNG PEOPLE'S MEETING



# THANK YOU

For being part of our fund-raising Food Fair 2015!



## A Distant Plan becoming a Reality

### “A Y GREEN Centre/Campsite for Youth, Children and Families”

This is the 56th year of the existence of the YMCA of Penang. In 2016 we will be going into the 57th year since its resuscitation by Mr. Geh Hun Kheng, the father of our current President, Mr. Geh Cheng Lok when the Ad-Hoc Committee had its first Inaugural meeting on 19th October 1959.

We were thankful than to the LORD for the blessing of a building we call our own. A building that we are currently operating that comes from undivided contribution, sweat and sacrifice of our founding members and the generous support and contribution from philanthropists and likeminded people who shared in our mission and vision.

Today we are equally thankful and gracious to our LORD again for giving us the opportunity to acquire 2.8 acres of land in Kampong Terang which is 4.5 km from Balik Pulau town. Once again I wish to thank our Directors, members, volunteers and staff who will be journeying with us as we worked towards developing the land into a Y Green Centre cum Campsite to expand our activities and programs to cater for youths, children and families.

The activities and programs that we envision will –

- Provide life learning skills that develop and changes lives
- Enhance the development of mind, body and spirit using GREEN ENVIROMENTAL concepts and principles
- Be GATN (Global Alternative Tourism Network) base i.e. in line with our APAY's (Asia and Pacific Alliance of YMCAs) promotion on green environment and development of tourism in the rural communities by preserving the natural environment as much as possible

The community in Balik Pulau has gone through development at the rate faster than we anticipated and the Green Centre cum Campsite besides catering for children and families will also be an outreach point for youths in the area. This is in line with our mission “to build our young people for the future by empowering them to make a difference in building just and peaceful communities as global citizens”

Through the good office of Ms. Boon Chin Tan, YUSA, we were privileged to have 2 Camp Consultants from Sherman Lake YMCA to visit our newly acquired land. Mr. Luke Austenfeld, CEO and Mr. John Chipman, Board Member came to Penang from 7th June to 10th June 2015. During their 3 short days with

us we had an open discussion and evaluation on our proposed concept on how to develop the land. Mr. Austenfeld and Mr. Chipman gave us practical input and also shared their experiences on how they developed Sherman Lake Campsite from scratched. The insightful contribution for them had helped us to reconsider and relooked into other factors as we continue to plan further. We also had a fruitful discussion on 3rd September 2015 with Dr. Hank Yap who gave us his ideas and input on the

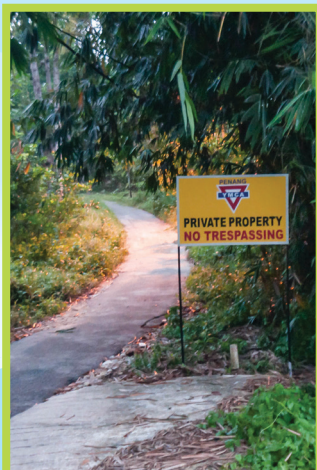


layout of the campsite after visiting the site. Dr. Hank Yap from MAPs is an experienced trainer and planner on camping activities and programs. Being able to get connected with him again brought back good memories during the time when we ran joint programs under “MAPs-YMCA Adventure Camp” from 2006 until 2010.

2016 will be a challenging year as the Penang Y embarked to work on the project to bring it into reality to serve the community.

I take this opportunity to share with our supporters, contributors, well-wishers, members, volunteers and friends some photographs. We hope that you will continue to journey with us to bring forth meaningful activities and programs that will build and impact lives in Balik Pulau.

*By Ong Sooi Gaik  
General Secretary*



## Urban Health



Urban Health, a company based in Kuala Lumpur had another very successful event in our Penang Y.M.C.A in October.

This event drew a crowd of about 140 people. They were all treated to a good sumptuous breakfast upon arrival and were in for very informative talks on health issues. Doctors spoke on Sports Medicine Injury and also on Cancer. There were also Pharmacists, who spoke on ear problems. There were games which the people took part and also lucky draws with good prizes given. Goodie bags were freely distributed with a lot of health promoting tablets inside. There was music provided and the people were asked to dance in rhythmic form to enable them to exercise.

There was a short interview session where myself and Mrs. Siew Hon Hoong took part. All in it was a day well spent for those who attended this program, and it was anticipated that in future this event is likely to be an annual event.



By Robert Moses  
Director

## Health Talk

In the month of July, this year, there was a very interesting Health Talk delivered by a Doctor in our Y.M.C.A. He was none other than Dr.Khoo Saye Thiam, a Consultant General Surgeon from Gleneagles Hospital Penang.

Dr. Khoo gave a very vivid explanation about Rectal Bleeding, which kept an audience of about 34 people, who attended, very attentive to his talk.

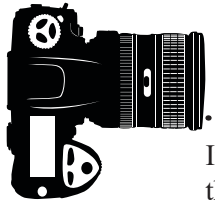
He mentioned that , 10% of adults experience rectal bleeding every year. In many of these cases the cause of the bleeding is piles. However, there are other causes, such as colon polyps and cancer, which are

more serious and if untreated could lead to fatal illness. Therefore if one has rectal bleeding , one should see a specialist urgently for proper evaluation including colonoscopy to avoid missing hidden conditions such as bowel cancer.

At the end of his talk there was a 5 to 10 minutes Q+A (Questions and Answerer session) where the Doctor answered questions from the people, present.

By Robert Moses  
Director





## Photography Club

It is a busy time for the photography club during the second half of 2015. The shutterbugs are always on the move to capture the beauty of everyday events!

The club was invited by YMCA Singapore as to be part of the media team for their annual Proms at the Park! This time, the venue was held at the beautiful "Gardens by the bay". It was a grand specular event. The purpose of the event is to host both YMCA's beneficiaries and benefactors into a single event at the park so that they can get to know each other better at a fun environment. The park was certainly a delightful place to take those precious moments. As an observer, we learnt allot from YMCA Singapore in terms of how they run their programs but most importantly, we a better understanding about the YMCA movement as a whole. We certainly appreciate their kind accommodation, especially Ms Samantha Seah and awesome team who did their best to accommodate and guide us through the whole learning experience!

Some team members also had the opportunity to visit Bangkok YMCA's Children Camp where they had the opportunity to take live action shots with the children participants.

Besides traveling, the group also meets frequently to capture breathtaking wonders of Penang. You could see us gathering at the seaside at 6.30am just to take that beautiful shot of the sunrise or even around Georgetown's events to capture moments and scenes. Each member has their own unique perception and that is what makes the club so interesting.

The club also managed to have formed a committee for the term of 2015-2016. Its office bearers are:

No	Position	Name
1	Chairman	Sherwynd Rylan Kessler
2	Vice-Chairman	Asher Leo Sanm Yerng
3	Secretary	Janice Celia Chong
4	Treasurer	Gary Loh Chi-Ming
5	Media/ Logistics	Randy Marican

The club has good plans for 2016. There are photography plans to compute the sights of Penang as well as neighboring states. The club hopes to grow bigger in members this year so that more people from the local community can benefit from each other's sharing and learning experiences.

*By Michael Cheong  
YMCA Staff*



## Toastmasters Club of Penang

The YMCA Toastmasters Club of Penang is a place to learn, through doing, what is often the worst fear of everyone - Public Speaking. We encourage our members to push the boundaries in terms of speech presentation, style, language and content.

Every year we organize speech contests as a showcase for our members to present their skills in Public Speaking and compete with each other to advance to the next level of Speech Contests in Toastmasters, all the way to international competitions. On September, our club organized "YMCA Toastmasters Club of Penang - Humorous Speech and Evaluation Contest".

The contest is split into 2 parts, one where our contestants will deliver a speech whose aim is to be hilarious while staying true to the spirit of a structured speech. Another part is where each of our contestants will deliver a verbal evaluation of a "test speaker", having to point out the rooms of improvement the speaker has while complimenting the things done right by the speaker.

All in all, it was a successful contest, and the winners proceeded to the net level in the Toastmasters contest circuit, while each contestant has gained the very valuable experience of having taken part in a Toastmasters Speech Contest.



Attached are the pictures of our winners: (Evaluation - Left, Humorous Speech - Right)

*By Dexter Low  
YMCA Toastmaster Club of Penang/ President*



# YMCA Penang - Senior Citizens' Club

## PROGRAMME & ACTIVITIES - June 2015 – December 2015

### ACTIVITIES:

Sunday – fellowship : From 10.00am. to 1.00pm.

Our usual Sunday Scheduled activities are as follow:

10.00am. – 10.45am. : Dancing with Ball-room and Latin- American dance music.

10.45am. – 11.30am. : Line-dancing.

11.30am. – 1.00pm. : Dancing with Ball-room and Latin- American dance music.

In the event that when the hall was being booked by other people in the morning.

Thursday nights: From 9.00pm. to 10.30pm.

Social dancing/dance practice by our members on

their own, with dance music. The club activity for that day was defaulted to karaoke session as replacement.

Birthday Parties:

1st. Sunday of every month – starting from 11.30am.

Held on the following days– 7th June, 5th July,

2nd August, 6th September , 4th October,

1st November, and 6th December.

Karaoke Sessions:

There are two sessions per month,

a) 1st. Sunday of every month immediately after the birthday party starting from 1.00pm to 4.00pm.

b) 3rd Sunday of every month starting from 2.00pm to 5.00pm.

29th Anniversary Dinner and Dance:

The dinner was held on 25th July 2015 at the Stone Bay Restaurant.

Members Appreciation / Thanks-giving Dinner :

This dinner was offered free-of-charged to YMCA-SCC members in appreciationfor their earnest support to the YMCA Senior Citizens' Club.

It was held on 19-Sept-2015 at Hokkaido Restaurant and this year the dinner was held in a Steamboat styled for a change.

Young At Heart :

Health Talk: 31-10-2015, from 8.00am to 3.00pm

This activity was held at YMCA Penang. In response to support the event, there were 40 YMCA Penang Senior Citizens' Club members and friends registered.

YMCA Penang Karaoke Competition 2015:

Date: 5-12-2015, from 7.00pm to 11.00pm.

This activity was held at YMCA Penang. It was opened to YMCA members and non-members. In support of this program, there were 20+ YMCA-SCC members participated in the singing competition+dinner whilst 30+ registered only for dinner.

Pre-Christmas Dinner for Year 2015:

Date : 19-12-2015, Sunday

This is a yearly event organised by the club. The dinner was held at Stonebay Restaurant. The program of the night includes Karaoke session, X'mas carolling sing-alongand gifts exchange.

### Chinese New Year Pot-luck (1st March 2015)

The pot-luck party to celebrate the Chinese new year was very well attended by members. All present had a merry time enjoying the delicacies brought by the members and dancing. The Club also distributed to each member two mandarin oranges to signify good luck and good health.



### 29th Anniversary Dinner and Dance (25th July 2015)

The Senior Citizens' Club organised this dinner and dance at the Stonebay Restaurant on 25th July 2015. It was well attended by the members and friends. There were line-dancing and general ballroom dancing. Over 400 people turnout to support and everyone danced and enjoyed themselves while entertained by music provided by the live band.

### Members Appreciation/ Thanks-giving Dinner (19th September 2015)

This dinner was offered free-of-charged to YMCA-SCC members in appreciation for their earnest support to the YMCA Senior Citizens' Club. It was held on 19-Sept-2015 at Hokkaido Restaurant and this year the dinner was held in a Steamboat styled for a change.

### YMCA Penang Karaoke Competition 2015 (5th December 2015)

This competition is held at YMCA Penang. It was opened to YMCA members and non-members. In support to this program, there were 20+ YMCA-SCC members and non-members participated in the singing competition cum dinner whilst 30+ registered only for dinner.

### Pre-Christmas Dinner for Year 2015 (19th December 2015)

The club will be organizing its yearly Pre-Christmas Dinner on 19th December 2015 at the Stonebay Restaurant. It was subsidized dinner and we are we had good support and turnout from the members. The program of the night included food and wine, karaoke session, X'mas caroling singalong and gifts exchange.



# Penang YMCA 56th Anniversary

## President's Speech

My dear Brothers and Sisters-In-Christ, Fellow Members of Penang YMCA, our dedicated staff headed by Ms. Ong Sooi Gaik (CEO/GEN. SECRETARY), volunteers and supporters, distinguished guests, ladies and gentlemen, welcome to our 56th Anniversary Dinner. We thank you for your kind attendance to share in our joy on this special occasion and to join us in thanking and praising Almighty God for his blessings and guidance all these years!

Being a people-friendly service organization founded on Christian principles, we aim to reach out to the youth in our society to help them grow in spirit mind and body into responsible and potential leaders not only in our society or community but also as our State and even National Leaders who will lead our country with integrity and honour our citizens' rights, freedom and liberty!

It is sad that our Malaysian Ringgit has recently dropped tremendously in exchange value against major international currencies like the US Dollar and the Singapore Dollar. We pray that our Government, with the experience and advice of financial and other experts, will be able to arrest this declining trend and bring the entire situation back to normal.

We thank and praise our Lord for empowering us recently to acquire a piece of land in Balik Pulau area. It was such a timely move immediately before the sharp drop in currency exchange value.

Our Lord moves in mysterious ways indeed. He brought us two experts from Y-USA in the persons of Luke Austenfeld (CEO of Sherman Lake YMCA) and John Chipman (Board Member of the same YMCA). These two persons are currently running some of the most successful campsite retreat centres in the U.S.A. They have so graciously agreed to come all the way across the world to be here to view on site the land we have recently acquired in Balik Pulau. Well, as it turned out, they came, they saw and they have sent us a comprehensive report with their valuable comments and advice on how best to develop and successfully run our property. In addition to their invaluable contribution of ideas and advice, we must also thank over Lord for the most powerful learning visit experience of our Treasurer Jerry Choo to the Y-USA to attend the 34th Annual NAYDO Conference on 23-25 April 2015. His most illuminating and

elucidating report is set out in full in the latest issue of THE MESSENGER which is our Penang YMCA official Newsletter. Alas, because of time constraint it is not possible to give you his report at this point in time. I would however seriously urge those who have not read this report to do so soonest possible.

We are constantly upgrading our services and facilities to remain relevant in this fast speed development age. Just a few months ago, we sent a group of our more promising youth members and potential leaders along with some of our staff to participate in a specially designed training session in Malacca. This special training session was called TOT (short for Training of Trainers). From the glowing reports received, this session was a tremendous success. We now pray and hope this will eventually translate into more tangible results



with those who have been so trained to now successfully train others to be effective youth trainers! It now remains for me to formally acknowledge the hard work and contribution of our more dedicated and committed staff, our Directors, members, volunteers, supporters and friends of our Penang YMCA not forgetting the merchants and other well-wishes who gave of their best at our recently concluded Youth Fund Raising Food & Fun Fair! Thank you all and may our Lord continue to bless and prosper you!

Let us now prepare to enjoy our dinner and the evening's entertainment.

Thank you all!  
TO GOD BE THE GLORY!

## *Visitation To Grace Harmony Home By The Christian Care Sub-Committee Of The YMCA*



DATE : Wednesday, 2 December 2015  
 TIME : 11.00 a.m. to 1.30 p.m.  
 PARTICIPANTS: Dr Mallise Tong (Chairman),  
 Mrs Sophy Koshy, Mrs Susama Thomas,  
 Ms Jolene Kok, Mr Lim Seong Hoon,  
 Ms Janet Saw, Mr Michael Cheong  
 and Mr Daniel Wong.

We arrived at around 11.30 a.m. and were received by Mr Khoo Teik Ee, Chairman of Grace Harmony Home. This Home provides free shelter, food and medical care and is a haven for the destitute elderly. The bungalow with ample grounds is rented from the MPPP. The Home is kept relatively clean by the elderly occupants. On our visit there were 12 occupants and 2 helpers.

Ms Mallise Tong presented a cheque for RM 424.00 to the Home. This money came from the collection of the YMCA thanksgiving service. We also distributed a towel and a packet consisting of sachets of milo and biscuits to each occupant. Jolene also gave a hamper consisting of milk, biscuits and oats which according to her were donated from a well-wisher.

After a few minutes of settling down, Daniel led in the sing-along of Christmas carols and a birthday song. Michael assisted to provide some music in the drums. After that, all of us assisted in handling out koay teow th'ng and vegetarian "paus". Mr Lee Yew Chan said grace in Mandarin and we happily joined the occupants for a quick lunch.

Our presence brought some cheer to the occupants and though they did not say much, we can sense that they appreciated our visit.

Besides the basic housekeeping and to make the occupants feel useful that they can contribute to the home, they grew organic vegetables (leafy greens, melons, beans, ladies fingers, etc) which is available for sale. Some of us were too happy to purchase them. They also had many potted plants which is also available for sale.

Time flew and it was time for us to bid adieu and we left at 1.30 p.m.

*By Janet Saw  
Director*



# The 25th YMCA-CCM Bible Quiz 2015



“Thy word is a lamp unto my feet, and a light unto my path” (Psalm 119:105)

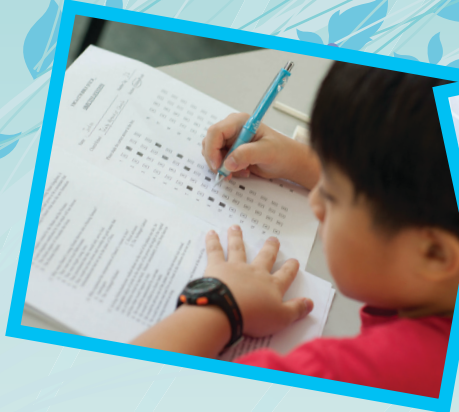
It was 21st November 2015. Beautiful Saturday, wonderful day! And it was going to be an enjoying and exciting day for the children and youths from the various churches together with their Church School teachers and Youth Counsellors and leaders. The reason? Well, they were going to participate in the 25th YMCA-CCM (Young Men’s Christian Association Penang - Council of Churches Malaysia, Penang Regional) Bible Quiz. This year was the 25th Anniversary of the Bible Quiz.

The Bible Quiz was held from 8.30 am to 6.00 pm at Dewan Tan Sri Lee Kong Chian, YMCA Penang. A total of 15 teams registered in this year’s Bible Quiz.

The Books for the 25th Bible Quiz were taken from Daniel for the Children’s section, while for the Youth section, they had to study from the Gospel of Mark. Quiz components consisted of a written test of 30 Objective Questions followed by oral section - Draw Swords, memory verses and oral comprehension from the set books.



Attractive prizes were given to the winners as well as consolation prizes to all other participants. Individual excellence awards were also presented. The best scorer for the Children’s section was Lee Ren Kang from Excel Point Community Church. The best scorer for the Youth section was Lee Ren Jian, also from Excel Point Community Church. No one went home empty handed. Every participant was rewarded for their efforts.



## Results of the 25th Bible Quiz 2015:

- Children’s section :
- Champion Team : Excel Point Community Church, Team F
  - 1st Runner Up : Boys’ Brigade, 1st Penang Company, Team K
  - 2nd Runner Up : Excel Point Community Church, Team A
- Youth section :
- Champion Team : Trinity Methodist Church Penang, Team D
  - 1st Runner Up : Excel Point Community Church, Team A
  - 2nd Runner Up : Victory Lutheran Church, Team C

Dr. Mallise Tong, representing Mr. Geh Cheng Lok, President, YMCA Penang, officiated at the Prize-giving Ceremony for the Children’s section while Rev. Christopher Tan, Chairman of CCM, Penang Regional officiated at the Youth section.

The excitement from the students, parents, teachers and supporters gave us the encouragement to look forward to the 26th YMCA-CCM Bible Quiz which will be held in November 2016. The Christian Care Committee is grateful to the parents and leaders of the various churches for encouraging their young protégés to participate in this event,

A great “THANK YOU” to all the staff, directors and volunteers who helped out in this event. Praise God for the smooth running of the event.

*By Dr. Mallise Tong  
Christian Care Committee/ Chairman*

# Christmas Party for Directors and Staff 2015

YMCA Penang's annual Christmas Party for Directors and Staff was held on the 20th of December 2015.

Happy faces and friendly greetings were exchanged as attendees slowly stream in the brightly decorated function room while soft jazzy Christmas music played in the background.

The event started with Mrs Choo, chairwoman of Human & Resource Committee who gave an encouraging speech about the spirit of the Y and also the importance of the roles of staff in strengthening the Y movement. Mr Siew, the chairman of the Programme & Coordinating Committee also gave an inspiring sharing about his journey with the Y and expressed his appreciation to all those who had helped and also served in the Y.

Dr Mallise, Chairperson of the Christian Care Committee was invited to say grace and food was served!

This year's celebration is a bit different because we had also invited the youths to attend the function and also we had a live band performance – made up by staff and youth volunteers of the Y! Christmas carols were sung and the Christmas spirit was indeed present.

Mr. Thomas Chee was our guest of honor and was invited to receive a love gift from Mr Geh for generously contributing his musical instruments to the Y for the purpose of starting a youth jamming studio.

Each staff was delighted to win a prize from this year's blessed draw. The night ended with everyone holding hands in unity singing "Au Lang Sang". Hugs and good wishes were exchanged and everybody went back home with happy smiles on their faces.

*By Michael Cheong  
YMCA Staff*



## Volunteer's Night

The 15th of November was a Sunday to remember for over 50 YMCA volunteers. The Y has invited all volunteers who had volunteered their time during the recent food fair in August for a night of enjoyment and party.

Mr Alan Goh, Chairman of the Youth and Sports Committee was there to grace the event with a short speech. The attendees then got to know each other better with an ice breaking game before dinner was served.

It was all fun and excitement the whole night through! There were live band performances by Adele Khor and her band, puzzling competitions coupled with fantastic prizes and not to mention – delicious food of course.

The YMCA Penang is indeed blessed to have such passionate volunteers that are ready to serve community needs and also to empower the youth movement further.

*By Michael Cheong  
YMCA Staff*

## Upcoming Jamming Studio

The YMCA Penang would like to take this opportunity to thank Mr Thomas Chee for his kind donation of musical instruments to the YMCA Penang.

The YMCA is planning to build a jamming studio in the building and hopes to conduct musical classes for the benefit of our local community.

*By Michael Cheong  
YMCA Staff*



## Karaoke Night

Never in my life would I imagine myself standing on a stage singing to a big crowd and while doing some ridiculously weird dance moves but last night in the YMCA Penang Karaoke Competition I just did it. The competition was mainly targeting those who are in their senior age, but me together with some youth volunteers for YMCA decided to participated and have some fun, the fun part was almost all of us decided to sing the classics from "oh Carol" to "come and get your love". for me it was my first time entering a singing competition and to be honest I was mesmerized by how powerful some of the participants were, their powerful vocals and energy were just too amazing. Although I did not win any prizes but I had fun and that's the most important thing for me when I entered any competition.

Lastly, congratulation to those who won and as for me I may want to try again next year if I have the chance.

*By Randy  
Photography Comm*

### KARAOKE COMPETITION WINNER 2015

#### SENIOR PARTICIPANTS

**CHAMPION**  
Sherlyn Teh

**1st RUNNER UP**  
Lor Kim Seng

**2ND RUNNER UP**  
Tan Siew Kam

**CONSOLATION**  
1. Teoh Guat Keow  
2. Lee Shee Weng  
3. Chiang Ah Ean

#### YOUTH PARTICIPANTS

**CHAMPION**  
Lee Meng Choo

**1st RUNNER UP**  
Lim Wee Nie , Winnie

**2ND RUNNER UP**  
Janice Chong

**CONSOLATION**  
1. Asher Leo Sanm Yerng  
2. Michael Cheong



# YMCA Merchants List

Please show your YMCA Member Card when orders are made and enjoy discount privileges!



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(Excluding shuttlecock & promotional items)



**Gnosis Professional Hearing Services**  
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**Audiology**  
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Penang  
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5% discount on Studio Photo service



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**10% discount (Except discounted items)**  
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Restaurant (Non -Pork)  
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- 10% discount on all Skin Care, Cosmetics Products and tools, Personal make up Courses & services.
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1. The discount is applicable for all normal tour packages  
2. Payment must be made by cash, cheque or bank draft  
3. YMCA Penang membership card must be produced to be eligible for the discount

邁威德

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All YMCA members will receive 10% of their whole bill upon showing of YMCA membership card,  
\*A minimum of RM35 on bill to be eligible for discount.  
This discount does not apply to any corporate or private functions.



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10% discount on all beverages



Chocolate Passion  
3A-G-35, Straits Quay,  
Jalan Seri Tanjung Pinang,  
Tanjung Tokong  
Tel: 04-8906121  
H/P: 016-4445953/ 012-4761952

10% discount on all handmade chocolates, dine-in items and chocolates beverages takeaway except our merchandised items and costumed made items upon showing of YMCA membership card,  
Remark: T&C applied. This discount does not apply to any corporate or private functions.

# Discount Merchants for ALL YMCA Members

continue ...



**Tok-Tok Cuisine**  
2-G-5, Bangunan Lip Sin, Lebu  
Perkaka Satu, 11700 Sg. Dua, Penang  
Tel: 011-11100093  
016-4146797

10% discount on total bill for all food and drinks. Liquor included.  
Pre-booking of tables via telephone.

\* Please flash YMCA cards to staff when orders are made



**Blessing Beauty Training Centre**  
Level 4, YMCA Building, 211 Jalan  
Macalister  
10450, Penang  
Tel: 012-4992777

Special privileges and rebates for YMCA Members available



**Hike Enterprise**  
Folding Bike and Accessories  
No 362, Penang Road 1000 Penang,  
Malaysia  
Tel: 012-4825688  
04-2293710 (Tel + Fax)

Discount for YMCA Members available



**Milkshake Factory**  
170-06-08, Gurney Plaza, Persiaran  
Gurney, 10250, Penang  
Tel: 016-6994586

Discount for all Milkshake Factory outlets nationwide  
20% discount on total bill for YMCA Members

\* Please flash YMCA cards to staff when orders are made



**Maxim Cake House & Bakery**  
394, Penang Road, Penang  
10000 Penang  
Tel: 04-226 7020

Discount for all Maxim Cake House & Bakery outlets  
10% discount for birthday cakes only YMCA Members

\* Please flash YMCA cards to staff when orders are made



**Millennium AV Trading**  
49, Medan Sungkai  
10460, Penang

Discount for YMCA Members available

\* 20% discount for Penang YMCA members, other discounts  
for other YMCA Members (please call to enquire)

- Rental of LCD projectors, Sound System and AV equipment



**Spectrum Music**  
396B, Level 2  
Wayton Commercial Building  
Jalan Burma, 10350, Penang  
Tel: 016-4559780

15% discount on total bill for YMCA Members worldwide

\* Please flash YMCA cards to staff when orders are made



**Santorini Café**  
94, Burma Road  
Georgetown, 10050, Penang  
016-4416039

10% discount on total bill for YMCA Members worldwide

\* Please flash YMCA cards to staff when orders are made

\*\*Discounts are not valid for promotions, set meals and additional  
"add-on" items.



**Touch Mobile Services**  
12, Jalan Mahsuri, Bayan  
Baru, 11900, Bayan Lepas,  
Penang  
Tel: 016-4160171

Web site design and developer specialist, Business Software design  
specialist. 10% discount for YMCA members worldwide



**UNICO Events Management**  
9, Solok Pierce, 10350, Georgetown,  
Penang  
Tel: 016-5550607 / 018-9898707

10% discount on total bill for YMCA Members worldwide

\* Please flash YMCA cards to staff when arrangements are made



**DS Control Systems**  
Ground Floor, No 1, Jalan Batu  
Uban, Gelugor, 11700, Penang  
Tel: 016-4160171

Alarm, CCTV specialist, door access, car park barrier system.  
Dedicated service and maintenance team.  
10% discount for YMCA members worldwide



**Team PowerHouse Fitness**  
4-02&4-03, 4th Floor, Island Plaza.  
No.118, Jalan Tanjong Tokong,  
10470 Penang.  
Off Tel: 04-8900370 / 04-8900390

Just show your YMCA membership card when joining and enjoy  
the benefits of our superb fitness centre for a great price


# Discount Merchants for ALL YMCA Members

continue ...



**Pro Eyecare**  
4K-1, Tingkat Kenari, Desaria, Sg Ara,  
11900, Bayan Lepas, Malaysia  
04-6462800  
22, Tingkat Tembaga, Island Park,  
11600, Penang  
04-6573800

Promotion on Frame+ additional 10% discount on top of promotion price



**Wawasan Open University**  
(700364-W)  
54 Jalan Sultan Ahmad Shah,  
10050 Penang, Malaysia.  
Tel: 04-2289323 Fax: 04-2269323  
Email: enquiry@wou.edu.my

the people's university

Rebates for tuition fees worth up to RM1, 100  
(To enroll with a minimum of 2 courses for 1st semester)  
Enjoy Monthly Study Allowance (COLA) and Fee Rebate up to 50% off tuition fee.



**EU CUISINE**  
86 Rangon Road,  
10400 Penang, Malaysia.  
Tel: 04-2285128

10% discount for all YMCA members

**SUPER STAR MOTOR**

**SUPER STAR MOTOR**  
225, Jalan Utara,  
Bukit Gelugor,  
11700 Gelugor, Penang.  
Tel/Fax: 04-6569917

-10% Discount for YMCA member



**JUMP STREET PENANG SDN BHD**  
1109163P  
The Atrium @ D'Piazza Mall  
70-1-80 Jalan Mahsuri,  
11900 Bayan Baru, Penang.  
Tel: 04-6119248

-20% Corporate Discount for YMCA member for jumping session  
-10% Discount on F&B (Jump Street Café)  
-5% Discount on Merchandise



**THE OWL MUSEUM**  
Level B3, Astaka Bukit Bendera,  
Jalan Tunku Yahaya Petra,  
Bukit Bendera, 10000 Penang Hill,  
Penang.  
Tel: 04-8265704  
Email: purrfectcatcafe@gmail.com

-10% discount off for every merchandise



**OSEL CLINIC**  
213, Macalister Road,  
10400 Penang.  
Tel: 04-2283005 Fax: 04-2283006  
Email: www.oselclinic.com

-10% Discount for YMCA member  
-Free personalize consultation  
-NO GST



**DOUBLE EXPOSURE CAFE**  
49, Muntri Street,  
10200 Penang.  
H/P: 012-3644661  
Email: doubleexposurecafe49@gmail.com

-10% discount off for every merchandise



**PURRFECT CAT CAFE**  
No.53, Lebuh Muntri,  
10200 Penang.  
Tel: 04-2611197  
Email: purrfectcatcafe@gmail.com

-With every purchase of RM20 and above in a single receipt are entitled to a glass of signature drink.  
-10% discount off for every merchandise



**PENANG CAMERA MUSEUM**  
49, Muntri Street,  
10200 Penang.  
Tel: 04-2613649  
Email: www.penangcameramuseum.com

-10% Discount for Ticket Entry



# “Come Stay With Us - Your Home Away From Home”

All our 70 air-conditioned guest rooms come with the following for added convenience and privacy.

- Wardrobe, dressing table
- Luggage room
- Hot and cold shower
- Safe deposit box
- Television
- Telephone
- Free wifi

#### Other Facilities:

- Tan Sri Lee Kong Chian Hall
- Upgraded Meeting & Conference Rooms
- YCafe
- Chinese Restaurant Hau Hau Yu
- Badminton Courts
- Sheltered Car Park with CCTV Surveillance



#### Penang YMCA International Hostel

211, Jalan Macalister, 10450 Pulau Pinang, Malaysia

Tel: 04-228 8211 Fax: 04-228 9094

Email: [hostel@ymcapg.com](mailto:hostel@ymcapg.com)

Website: [www.ymcapg.com](http://www.ymcapg.com)

**WiFi**  
connection

#### WiFi Upgrade

The YMCA Penang is pleased to announce that we have upgraded our WiFi system to better serve our guests. Usage of WiFi is FREE for all YMCA Penang guests only. Password slips can be obtained from our friendly receptionists at our front desk.

