



THE MESSENGER

OFFICIAL NEWSLETTER OF PENANG YMCA

OCTOBER 2025 TO MAY 2026

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President's

Message

Greetings to all our readers,

Time has flown by, and we already find ourselves at the end of May 2026. Looking back over the past few months, I am incredibly proud of the many successful events we have hosted. As President, I want to express my deepest appreciation to our valued partners, dedicated volunteers and staff. Your tireless efforts have been the driving force behind the success of all our programmes.

Here at Penang YMCA, we take pride in delivering a high standard of hospitality and programme services. Whether welcoming guests to our hostel or running our community programmes, our team is committed to creating meaningful experiences and quality service, particularly through our Global Alternative Tourism Network (GATN) programme, educational classes, and hostel and facility operations.

Over the last few months, we were privileged to host groups of volunteers from Hong Kong and Taiwan, as well as a vibrant student delegation from Thailand for the GATN programmes. It was an honor to help them experience and immerse themselves in the rich culture of Penang. This cross-cultural exchange truly embodies our core mission: to serve and not to be served. Moving forward, we remain committed to ensuring that everyone who steps through the doors of the Penang YMCA has an enriching and memorable experience. Thank you once again for your unwavering support. I wish all of our readers continued good health and great days ahead.

Peter Lee, PKT, PJK, PJM

President

The YMCA of Penang



General Secretary's

Message

Warm greetings from the Penang YMCA family!

It is our pleasure to present the latest edition of The Messenger, covering October 2025 to May 2026. This issue reflects our continued commitment to keeping our readers connected with the meaningful programmes and activities that shape our journey together.

Over the past months, we celebrated the 66th Penang YMCA Anniversary, hosted a Christmas Party for underprivileged children from welfare homes and refugee communities, strengthened global connections through our GATN programmes, and fostered fellowship through volunteer gatherings and the Easter Sunrise service. We also took time to appreciate our dedicated staff with a Year End Appreciation Party, recognizing them as the backbone of our YMCA family.

As we look ahead, we remain committed to serving the community and are excited for upcoming events, including the continuation of our GATN programmes and the upcoming Y's Men International Convention in Penang. While challenges may arise, we move forward with faith, trusting in God's guidance and strength. Finally, we extend our heartfelt appreciation to all our members, donors, volunteers, and friends for your continued loyalty and support. Thank you for being part of the Penang YMCA journey, and God bless.

Ong Sooi Gaik
General Secretary
The YMCA of Penang



GATN X Taichung

Serve, Learn & Grow Together

Penang YMCA and Taichung YMCA proudly marked our very first collaboration under the GATN program, hosting a meaningful 10-day journey with **26 youth participants** from Taiwan. Centred on the theme “Serve, Learn & Grow Together,” the program was designed to inspire young people through community service, cultural immersion, and environmental stewardship.

Our journey began with a **Beach Clean-Up** initiative at Tanjung Bungah. Together with Taichung YMCA, participants rolled up their sleeves to collect trash, sort waste and reflect on how everyday choices affect marine life and coastal ecosystems. What began as a simple clean-up turned into a powerful lesson in environmental responsibility and sustainable living. After two hours of cleaning, we collected **16 bags of rubbish**, including glass bottles, plastic bottles, canned drinks, wire mesh, fishing nets, ceramic fragments, dry leaves, cigarette butts, papers, food packaging and others. Step by step, bag by bag, we moved closer to a **cleaner coastline** and a **healthier planet**, while building a stronger community through environmental action.

In the afternoon, we continued our outreach efforts by distributing food to individuals in need at **Pusat Transit Harapan** and **KOMTAR Bus Station**. A total of 81 meal sets were delivered.



Through this action it is more than just providing meals, this initiative was about restoring **dignity**, spreading **kindness** and reminding each person that they are **valued** and supported. Together, we worked towards nurturing a more caring, compassionate, and food-secure community.

For the next few days, participants conducted **Science, Arts & Crafts** sessions for kindergarten and **primary school children** in the Prai area. Through engaging lessons and creative activities, children developed curiosity, creativity, critical thinking and confidence. On the fourth day, the youth organised a **Mini Game Fair** by preparing 24 interactive games for **over 100 children**. This initiative **empowered marginalized children** with knowledge for a brighter future.



After the days spent in Prai, we moved our activity to Balik Pulau to plant 30 trees with 18 types of plants under **Project M.A.R.S. (Mitigation, Adaptation, Resilience, Space)**. This meaningful effort supports regenerative agriculture, biodiversity, and food security. Participants experienced the full journey from digging soil, preparing seedlings to watering newly planted trees. Cultivating not only plants, but also responsibility and resilience. Together, we are nurturing a greener, healthier and more resilient future.

Trees planted included:

- **Big:** Egg fruit tree, Lychee, Xiang Chun
- **Medium:** Surinam cherry, Mulberry, Milkweed, Lime berry, Curry leaves, Chaya
- **Small:** Finger ginger, Ginger, Indigo, Mexican sunflower, Thai sweet basil, Mango ginger, Lengkuas, Job's tears, Manny tree



After our service activities, participants visited **Penang Hill** to enjoy the cool breeze, scenic views, and refreshing fruit juice. It was a well-deserved pause for a moment to reflect, recharge, and appreciate the beauty of nature.

Cultural exposure was an essential part of the program. At **Muzium & Galeri Tuanku Fauziah, USM**, participants experienced a Gamelan session and batik painting workshop.

Within two hours, they learned and performed four pieces: **Togok, Selatin, Dayung Sampan (Tian Mi Mi)**, and **Garong**. Beyond simply learning about the instruments, they had the opportunity to play and fully experience the richness of Malaysian traditional music. Batik painting further allowed them to express creativity while appreciating local artistic heritage.

The heritage exploration covered **Chew Jetty, Armenian Street**, and the **Streets of Harmony**. Participants also completed mini tasks, including locating the famous street art mural "A Young Boy on a Motorbike" at Ah Quee Street.

They supported local businesses by purchasing souvenirs and tasting iconic **Penang street food** such as char koay teow, curry mee, hokkien mee, tandoori chicken, naan, and kaya toast which embraced the flavours that reflect Malaysia's multicultural identity.



The youth joined the **Thaipusam 2026 celebrations** as part of their cultural immersion experience. Walking behind the **silver chariot** through the bustling streets of George Town gave them a profound sense of unity and devotion.

They observed devotees carrying heavy **Kavadis** and priests performing body piercings, witnessed rituals such as **coconut breaking** and **milk pot offerings**, visited the temple at the waterfall, and enjoyed vegetarian street food prepared for the festival.

This first collaboration between Penang YMCA and Taichung YMCA was **more than just a program**. It was a journey of service, cultural exchange, environmental stewardship, and personal growth. May we continue to serve, learn and grow together.

Last but not least, we would like to extend our heartfelt appreciation to our **dedicated volunteers** Aisyah, Basyirah, Mehran, and Safeer for their invaluable support in making this program a success.



Related Staff: Amanda

GATN X Thailand

English Bootcamp



The GATN Thailand: English Bootcamp x GATN was successfully conducted from 31 March to 5 April 2026 in Penang.

The program involved a total of 11 participants, consisting of 9 students and 2 teachers from **Marie Kaengkro School, Thailand**. The students were aged between 11 and 16 years old.

This bootcamp was designed to provide a supportive and engaging environment for participants to improve their **basic English communication skills**. By combining structured lessons with **interactive** activities and **real-life** exposure, the program aimed to deliver an effective and enjoyable learning experience.

Related Staff: Laura

Throughout the six-day program, participants took part in various English learning sessions focusing on their **speaking, listening** and **presentation** skills. The sessions were conducted using interactive teaching approaches to encourage active participation and engagement from the participants. Activities such as **group discussions, role-plays,** and **collaborative group work** were incorporated to help students practise using English in meaningful contexts.

In addition to classroom-based learning, participants were given the opportunity to explore several attractions in Penang. These **outdoor** and **experiential learning activities** enabled them to **interact** with others and practise English in **authentic settings**. Such exposure helped reinforce their learning and made the overall experience more dynamic and memorable.

After the morning English lessons, participants had the opportunity to play interactive **board games** that were new to them such as “Dix It”, “The Splendor”, and “Azul”. Through these activities, they were able to practise their English speaking skills in a fun and relaxed environment. Next, the group visited the **Royal Thailand Navy ships** at Swettenham Pier Cruise Terminal. They were given the opportunity to board the ships and listen to explanations about their functions and operations. After that, the participants proceeded to **Tech Dome**, a science exhibition centre in Penang, where they explored various interactive exhibits while learning about science.

Furthermore, the participants engaged in a two-hour cultural heritage exploration at **Chew Jetty** and **Armenian Street Art**. During this visit, they also supported the local community by purchasing souvenirs and local food items for their families, including local coffee products.



On the second last day, the participants were very excited to visit **ESCAPE Penang**, where they experienced both dryland and wetland activities. They enjoyed dryland attractions such as Monkey Business and Drift Scooter, as well as wetland activities including ESCAPE Club, Lazy River, Play House, Speed Racer, Tipping Bucket, AK Academy, and Uphill Scooter.

In addition, the participants joined the **Good Friday Service** at **Excel Point Community Church** and attended the **Easter Sunrise Service** at **Penang YMCA** together with the local community.

In conclusion, the program was both meaningful and impactful, offering valuable learning opportunities to all participants. It is hoped that similar initiatives will continue in the future to further enhance students’ communication skills and encourage cross-cultural collaboration.



Students from Marie Kaengkro School, Thailand, learning to make pancakes while using English to communicate throughout the process.



Teacher Alison guiding the students by introducing English vocabulary such as "pour" – demonstrating how to pour the milk into the mixture.



On their final day before departing for Thailand, the guardian teachers, Ms. Duan and Ms. Night, together with the students, joined the local community at Penang YMCA's Easter Sunrise Service before saying their goodbyes.



Students enjoying locally made mango dessert at Chew Jetty, beautifully presented with dry ice under the warm afternoon sun.



Cheeky faces spotted at ESCAPE Penang before beginning their adventure-filled day.



Ms. Ong and Ms. Alison presenting a Certificate of Participation to Ms. Duan, representing Marie Kaengkro School.

Children's Christmas Party 2025

Joy To The World



The Children's Christmas Party is **Penang YMCA's flagship community event**, rooted in our belief of extending the **joy of sharing and giving** during this blessed Yuletide season. At the heart of our mission is a commitment to bring hope, joy, and care to the community, especially to children from underprivileged backgrounds.

Each year, beyond the celebration, we ensure that every child receives **goodie bags**, while participating homes benefit from **educational aids** and **essential support**, helping to ease daily challenges and encourage learning beyond the festive season.

This Christmas Party is about **more than just a celebration**. It is about:

- Creating joyful memories for children who rarely get to experience festive moments like these
- Spreading love, dignity and kindness to those who need it most
- Strengthening community bonds through meaningful acts of giving
- Encouraging volunteerism and compassion among youths and adults alike



After a six-year hiatus, we're finally back...

Joy To The World



Children digging in after an eventful session, enjoying Chicken Burgers generously sponsored by McDonald's.

After a long wait since 2019, we at the Penang YMCA are filled with immense gratitude to witness the return of our Children's Christmas Party in 2025. Reviving this beloved tradition, **originally held from 1981 to 2019**, has truly been **a labour of love**. Our staff dedicated months to careful planning, while our Board of Directors and volunteers generously gave their time and energy to ensure a **meaningful** and successful comeback, where every child could truly feel the spirit of "Joy to the World."

One of the highlights of the year was welcoming the children and caregivers from **5 participating homes**, including Home of Love from Semeling, Good Start Learning Centre from Perai, ESDA Taiping, Caring Community Front Penang and Crystal Family Home Penang. The hall came alive with vibrant performances by the Heng Ee dance troupe, Koala Kids, and JoJo Entertainment, filling the hall with laughter, excitement, and wonder.

Related Staff:

Ms. Ong, Sabrina, Jess, Amanda,
Thiba, Laura, Alise, Rahela, Prema

Children's Christmas Party 2025

One child, one smile, and one meaningful moment at a time.

We are also deeply thankful to **McDonald's** for sponsoring 200 lunch packs, which kept everyone fuelled throughout the celebration. Seeing a sea of green and red shirts gathered together was a powerful reminder that our community is not defined by buildings or programmes, but by the **hearts of those who serve, give and care.**

Through this event, The YMCA of Penang continues to reaffirm its commitment to walking alongside the community, bringing **light, joy and hope.** One child, one smile, and one meaningful moment at a time.



About 300 participants, including children from five invited underprivileged homes and around 40 volunteers, came together to celebrate the Christmas festivities.



Aisyah, one of the emcees for the event, was seen test-running the games with volunteers before the children's arrival.

The Y Children's **2025** Christmas Party



The all-time favourite highlight of our Children's Christmas Party has always been the magical surprise balloon drop from the ceiling.



Volunteer Yi Quan helping to ensure the children were well taken care of by checking their grouping stickers.



Aisya and Advwon, both serving as emcees, brought great energy throughout the day and kept the entire floor lively.



Mr. Lim Seong Hoon, Chairman of the Programme & Coordinating Committee, delivering a thank-you address to all invited homes and volunteers.



Children filled with excitement as they interacted with our clowns during the entertainment session.



G-CARE X YMCA

Christmas Movie Treat



Related Staff: Alise

In the spirit of joy and giving, **G-Care from G-Hotel Penang**, led by Thomas Ch'ng, Director of Human Resources for G Hotel Gurney and G Hotel Kelawai, collaborated with Penang YMCA and **Golden Screen Cinemas (GSC)** at Gurney Plaza to successfully organize a movie treat for children from three NGO homes from **Penang - Children Protection Society, Rumah Kebajikan Seri Cahaya, and Crystal Family Home**.



The event was held on 17 December 2025 at 3.00 p.m. in GSC lobby and Hall 11, with a total of 80 guests (50 children and 30 adults), including 5 programme staff, 6 volunteers from YMCA Penang, and 9 G-Care staff members. Before the show began, Thomas delivered an opening speech welcoming all the homes and volunteers for supporting the event. A few minutes before the **"Zootopia 2"** movie started, the children took turns collecting their popcorn and drinks sponsored by both G Hotel and Penang YMCA, making the **cinema experience** even more enjoyable.



The team from Penang YMCA ensured that the children entered the cinema hall in an orderly manner and were seated according to the arranged seating plan. Soon, laughter and excitement filled the hall as the children enjoyed the movie, creating a truly **joyful** and **memorable** experience.



The event concluded with a group photo session, followed by the distribution of Christmas goodie bags by the G-Care team as a gesture of goodwill before the children departed.

As **Penang YMCA staff** and **young adult volunteers** involved in this initiative, we are truly grateful for the opportunity to be part of this meaningful **G-Care CSR initiative** and to serve the children from the homes. One of the most memorable moments for us was seeing our team come together to ensure that **children with disabilities** were safely and comfortably escorted from the cinema hall all the way to their van, this was an act that truly reflected the spirit of care, compassion and teamwork.



Board & Staff

Year End Party

The end of **December** is always an **especially meaningful time** for our team, as we come together to appreciate the staff who have **faithfully served** at Penang YMCA throughout the year. Truly, teamwork makes the dream work.

It has been a fruitful and fulfilling year, with many diverse events and programmes successfully carried out to **strengthen and serve** our community. We were also delighted to welcome new staff members who joined us this year:

Programme Team: Thiba, Laura, and Alise

Finance Department: Maureen

Maintenance Department: Vicky

We are equally grateful for the **new tenants** who joined our YMCA family this year: Baan Lumi and Kind Space Pilates Studio.



In this year end party, we took the opportunity to **gather and celebrate** together as one family. It was a wonderful evening filled with games, lucky draws, karaoke, and delicious food, shared among the directors and staff of Penang YMCA.

As we step into the new year, we look forward with hope and anticipation. May the year ahead bring **new opportunities, stronger teamwork, and greater impact** in the communities we serve. Together, let us continue to grow, support one another and **make a difference** in 2026.

Related Staff: Alise, Amanda & Thiba



Volunteers Fellowship & Food Distribution Day

On Saturday, March 28, the Love Room transformed into a high-energy launchpad for **community action** as 24 passionate volunteers, including YMCA directors and our program team, gathered from 3:00 PM to 7:30 PM. We didn't waste any time. The room quickly erupted into laughter during our interactive icebreaker games. With the ice thoroughly melted, the team rolled up their sleeves and formed a seamless assembly line to pack hygiene kits with masterclass efficiency.

The real magic happened when we arrived at **Pusat Transit Harapan Pulau Pinang (PTH)**. As we walked in, the residents didn't just welcome us. They greeted us with beaming smiles and a spontaneous round of applause that

moved every heart present. Our volunteers didn't just hand over the food and hygiene kits; they made **real connections**. In one moment that stood out, William and Jonice were seen sharing a heartfelt laugh with an elderly resident. There was also an elderly man who shared that he collects empty oil bottles and refills them with water for drinking. This was shared with our Director, Jolene. After the distribution, our volunteers left PTH with a renewed sense of purpose and felt the **quiet joy** that comes from truly **serving others**.

Back at the YMCA, the energy was still buzzing as the program team shared the **inspiring mission** of Penang YMCA and discussed some highly anticipated upcoming programs for the year.



You could see the spark in the eyes of our **newest volunteers** as the bigger picture clicked into place. One of the best moments was when our directors, Michael and Daniel, led some fun activities that made us laugh even more and helped every **volunteer bond** with one another. The volunteers sat together while waiting for food to discuss **future programs** and which **communities** to target. To top off an incredible day, some of the volunteers were rewarded with their **official volunteer T-shirts**. Seeing everyone proudly put them on felt like the perfect symbol of our **growing family**. We are endlessly grateful to every single person who showed up and gave their all, and we can't wait for the next chapter.



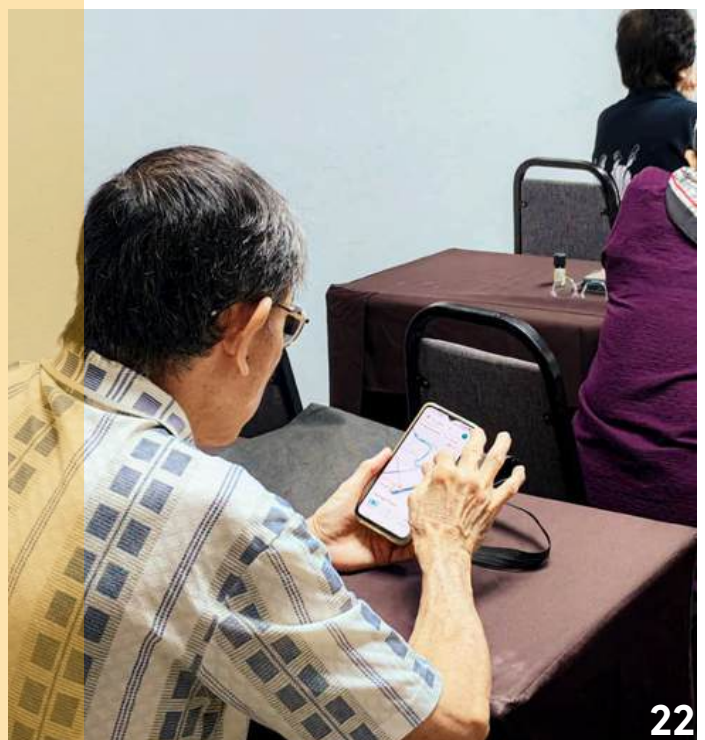
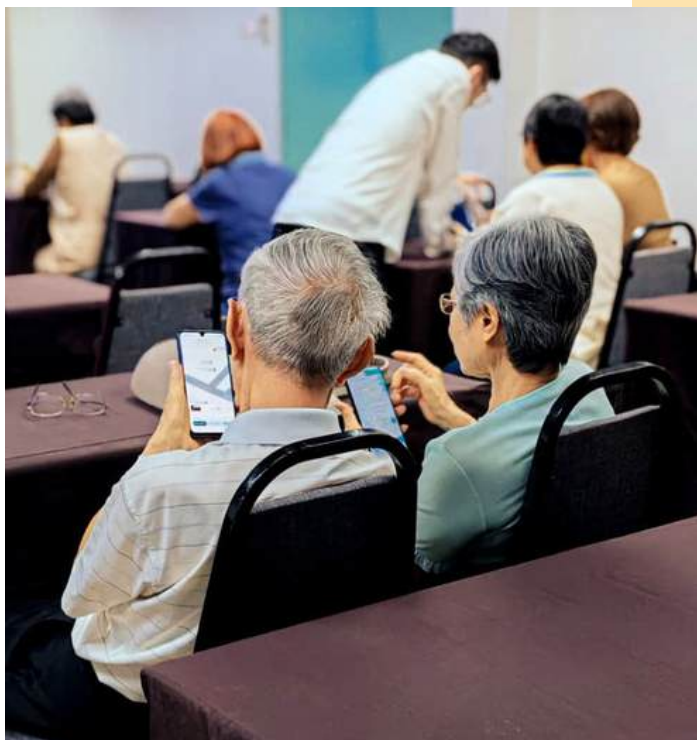
Dah Digital

November to April 2026

Dah Digital, an initiative under the Penang YMCA's **Community Education Committee**, continues to empower individuals, especially seniors by equipping them with **practical digital skills** for everyday life. Through a series of hands-on and engaging sessions, the programme focuses on making technology **accessible, relevant** and **easy to use**, helping participants build confidence and independence in an increasingly digital world.



Across the November to December 2025 sessions, participants explored tools that support daily mobility and communication. In the **Google Maps** session, many seniors who once felt uncertain about travelling began confidently navigating routes, locating nearby amenities, and even sharing their live location with others. Features such as Live View, saved locations, and route planning opened up new possibilities for independence. Similarly, the introduction to **Rapid On Demand** and **Respons Rakyat** sparked curiosity and lively discussions, as participants explored how digital platforms can improve access to transport services and public feedback channels. These sessions were marked by active participation, hands-on practice, and a supportive learning environment.



From February to April 2026, the programme expanded to include digital services and creative tools. Participants were introduced to **MyGov**, where they learned how to access various government services through a single platform, making everyday processes more convenient and efficient. The sessions became increasingly interactive as participants explored the platform using their own devices. Creativity also took centre stage with classes on **CapCut** and **Canva**. Many first-time users discovered how to edit videos, add music and effects, and design simple visuals using templates and elements. With step-by-step guidance, participants were able to produce their own creative content, building both technical skills and confidence.

Through Dah Digital, what once seemed complex and intimidating is gradually transformed into something **approachable** and **empowering**. Each session not only introduces new tools but also fosters curiosity, connection, and a sense of achievement among participants, proving that **learning truly has no age limit**.



Related Staff: Laura

Program Partner:



Thai

Language Class

The **Thai basic class** was attended by 15 students who showed interest in learning a new language. The session started with basic introductions, where participants were introduced to simple Thai words and phrases.

Throughout the class, students actively participated by **repeating pronunciations** and practising **short conversations** with one another. They were also not shy to **ask questions** to better understand the correct pronunciation and meanings.

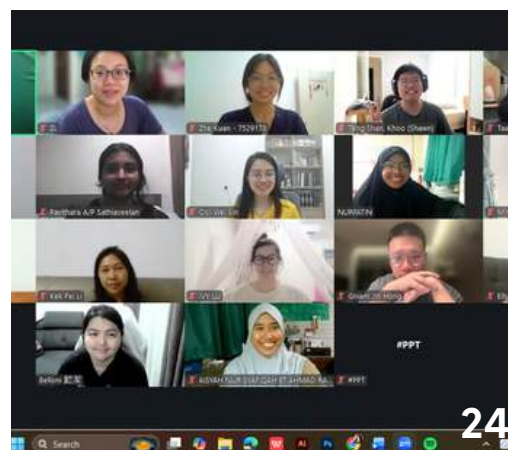
The session was **interactive** and **enjoyable**, with students engaging in simple class exercises that helped them remember what they had learned. The **native Thai instructor** guided the class in a clear and easy-to-follow manner, making the learning process smooth and fun.



Malaysian

Sign Language Class

The class focused on **basic signs**, allowing students to learn how messages can be conveyed without **spoken words**. The topics covered in the class included basic greetings and daily expressions, alphabet (fingerspelling), numbers, common words and simple basic conversations. They also learned how to sign their own names by using **hand movements** and learn about **facial expressions** demonstrated by the instructor. They practised along throughout the session and really enjoyed the session and **had fun learning together**. Even though there were a few mistakes, they stayed excited and enjoyed the learning process together.



Senior Citizen Club



The **Senior Citizen Club (SCC)** under Penang YMCA continues to bring members together through meaningful celebrations that foster connection and a strong sense of community. From festive gatherings to monthly birthday celebrations, each event provides an chance for members to **socialise, express** themselves and **create lasting memories**.

The year-end celebration in December 2025 was a lively highlight, combining both **Christmas festivities** and **birthday celebrations**. Held on 14th December, the event welcomed 144 participants, including members and guests, for an evening filled with **karaoke, line dancing, Christmas carols, and social dancing**. A special Christmas-themed line dance, guided by Ms. Jene Yuen, added to the festive spirit as members performed together. The celebration was complemented by a buffet dinner at Baan Lumi Restaurant, creating a joyful and memorable atmosphere filled with laughter and camaraderie.

In February 2026, the celebrations continued with a **Chinese New Year** and birthday potluck gathering, where members shared a variety of **homemade dishes**. The event created a **warm and lively** environment, encouraging interaction and togetherness as members celebrated both the festive season and February birthdays. This was followed by the March celebration, which was held alongside **International Women's Day**. The occasion was marked with a simple yet meaningful gesture—roses were presented to all female members, adding a thoughtful touch and bringing smiles to everyone present.

The April birthday celebration carried on this spirit of togetherness, beginning with a **waltz performance** by the birthday celebrants, setting a joyful tone for the gathering. Members then enjoyed a shared meal, exchanged well wishes, and spent time reconnecting with one another. Through these consistent and heartfelt celebrations, the SCC continues to **strengthen bonds** among its members, creating a **supportive and vibrant community** within Penang YMCA.

Ballroom Dance Club

WEDNESDAY DANCE CLASS & PRACTICE NIGHTS

Midweek comes alive at Penang YMCA's **Ballroom Dance Club (BDC)** every Wednesday evening! From 8:45 pm to 9:45 pm, members enjoy energetic Latin and Ballroom dance classes led by **experienced** and **engaging** instructors. Each module cover a 8-week class, thoughtfully designed to guide participants from **basic steps** to confidently completing a **full dance routine**. And the fun doesn't stop there. After class, the floor opens up for a practice session from 9:45 pm to 10:45 pm—a perfect time to polish their moves, try out new steps, and simply enjoy dancing with fellow members.

SUNDAY DANCE & KARAOKE FUN

Sunday nights continue to be a highlight of the week! From 8:30 pm to 10:30 pm, members gather for a delightful mix of **dancing** and **karaoke** in a warm and friendly setting. Whether you're gliding across the dance floor or taking the mic for your **favourite tunes**, these sessions offer the perfect way to unwind, socialise, and share plenty of laughter.

ANNUAL GENERAL MEETING

The club held its **Annual General Meeting** on 29 March 2026. Before the meeting, members were treated to a sumptuous thai food dinner at Baan Lumi Thai Restaurant.

While no social events have been held since October 2025, we look forward to planning more memorable gatherings in the near future.



Easter

Sunrise Service 2026

On Easter Sunday morning, Penang YMCA community gathered to **celebrate the resurrection of Christ** through a meaningful and uplifting Easter Sunrise Service.

The service commenced with a warm welcome and opening prayer by **Dr. Mallise**, setting a reverent tone for the morning. This was followed by worship, scripture reading, and a sermon delivered by **Pastor Steven Chin**. Centered on the theme **"The Promise of Easter,"** the message highlighted the hope and assurance found in the empty tomb, reminding attendees of the enduring significance of the resurrection.

The service concluded with a closing prayer and benediction, followed by a time of fellowship among **members** and **guests**. Attendees included the Penang YMCA community, GATN participants from **Marie Kaengkro School, Thailand**, and friends from **The Salvation Army**.

We extend our sincere appreciation to all who attended and contributed to this meaningful celebration. The occasion served as a reminder to continue living in the **light and hope** of the risen Christ.

Related Staff: Amanda



Home Visitation

2026

On 15 May 2026, some directors and program staff of Penang YMCA conducted a meaningful home visitation to **reconnect** with several of our respected former directors. From 10:00 AM to 12:00 PM, the visits were filled with **warm fellowship**, sincere conversations and the joyful sharing of cherished memories spanning many years.

During both visits, our director, Mr. Lim Seong Hoon, invited everyone to sing the **YMCA Song** together, adding a joyful and nostalgic moment that brought laughter and a strong sense of unity.

Related Staff: Amanda



We would like to extend our heartfelt gratitude to **Ir. Dato' Tan Swan Teck, Mr. Tan Chooi Lye**, and their wives for their warm hospitality and continued support to the **vision and mission** of the Penang YMCA community.

The former directors also expressed their encouragement and delight in seeing the new program team bringing **fresh energy** and **new ideas** to Penang YMCA, while continuing to uphold its long-standing values and traditions. Their **affirming words** were deeply appreciated and served as a meaningful motivation for the team as we continue to serve the community with **purpose** and **dedication**.

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Administering Christian cemeteries and columbarium in Penang.



**Koala Kids
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Sdn. Bhd.**
Level 2, YMCA Buidling
211, Jalan Macalister,
10450 Penang
Tel: +604-227 3489

Corporate training,
consulting & SCM
solutions provider.



**City Tabernacle
International**
Level 3, YMCA Buidling
211, Jalan Macalister, 10450
Penang
Tel: +604-282 6595

Christian church offering
worship, outreach, and
discipleship.



Somnotec
Level 2, YMCA Buidling
211, Jalan Macalister, 10450
Penang
Tel: +603-7883 0123

Medical equipment supplier,
specialising in sleep care.

Let's Partner

YMCA Penang is expanding our Membership Perks Program and we are on the lookout for merchant partners who want to add value to our growing community!

Whether you are in F&B, retail, health & wellness, education, travel & lifestyle, arts and craft or other service-based industries, we would love to collaborate with you to offer special perks to our members. You can offer exclusive discounts or provide vouchers, either way works.

Partner with us to benefit your business and our members.

Get in touch with our team at
progexec@ymcapg.com / ags@ymcapg.com

YMCA

Membership

Full Member

 Open to all Christians.

➡ Annual Subscription Fee

RM **64.80** Per Annum
(inc. 8% SST)

➡ Entrance Fee

RM **108.00** 1-Time Fee
*Charges apply after the renewal grace period.

Associate Member

 Everyone is eligible to apply!


➡ Annual Subscription Fee

RM **64.80** Per Annum
(inc. 8% SST)

➡ Entrance Fee

RM **108.00** 1-Time Fee
*Charges apply after the renewal grace period.

Junior Member

 Everyone is eligible to apply!


➡ Annual Subscription Fee

RM **32.40** Per Annum
(inc. 8% SST)


➡ Entrance Fee


RM **54.00** 1-Time Fee
*Charges apply after the renewal grace period.

Life Member

 Everyone is eligible to apply!

➡ Lifetime Subscription Fee

54 years old and below  RM **2,160** 1-Time Fee
(inc. 8% SST)

55 years old and above  RM **1,620** 1-Time Fee
(inc. 8% SST)

➡ Entrance Fee

RM **108.00** 1-Time Fee

JOIN TODAY & ENJOY EXCLUSIVE BENEFITS!

- 10% Discounts on Hostel Room Rates
- Reduced Rates for Badminton Court Usage
- Special Parking Rate Discounts
- Discounts on YMCA Classes & Courses Fees
- Exclusive Merchant Discounts through YMCA Partnerships

CONTACT US

For more information, kindly contact our Programme Department:

- +6012-483 8411 (Counter)
- +6012-499 3411 (Office)

New Arrivals Quick-Dry T-Shirt

EARLY BIRD

ONLY RM **17.00**

inc. SST

STANDARD PRICE

RM **20.00**
inc. SST

valid until
30 June 2026

Available Sizes

XS - S - M - L - XL - 2XL - 3XL - 5XL

Place your order at our front desk.
While stock last. T&Cs apply.



Experience

Penang YMCA

*Prime location,
Peace of mind*

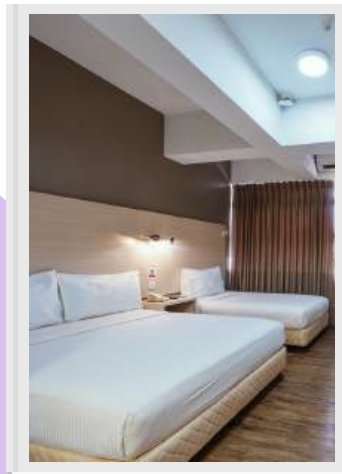
YMCA Accommodation (En-suite)

Minutes away from Penang's leading hospitals

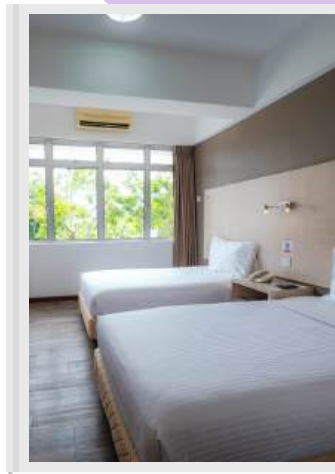
Convenient, affordable & comfortable

Stay at the heart of George Town with easy access to **medical facilities, attractions, and public transport.**

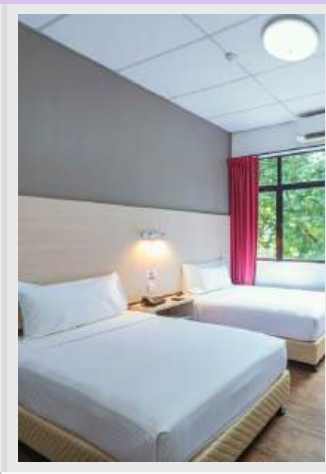
Our rooms are clean, comfortable, and budget-friendly.



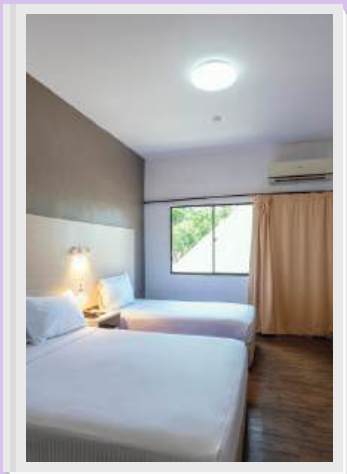
Deluxe Room | Twin



Deluxe Room | Triple



Premium Room | Twin



Premium Room | Triple

YMCA Badminton Courts

Central Penang's best value for badminton rentals

YMCA Penang offers clean, well-maintained courts at unbeatable rates.

YMCA Badminton Court Rental Hourly Rates

| DAY / TIME | MEMBER | NON - MEMBER |
|--|----------|--------------|
| Mon-Fri, 9:00AM - 5:00PM (Off Peak) | RM14 /hr | RM19 /hr |
| Mon-Fri, 5:00PM - 11:00PM (Peak) | RM19 /hr | RM21 /hr |
| Sat, Sun & Public Holidays, 9:00AM - 11:00PM (Peak) | RM19 /hr | RM21 /hr |

YMCA Event Space

Your one-stop space for meetings & gatherings

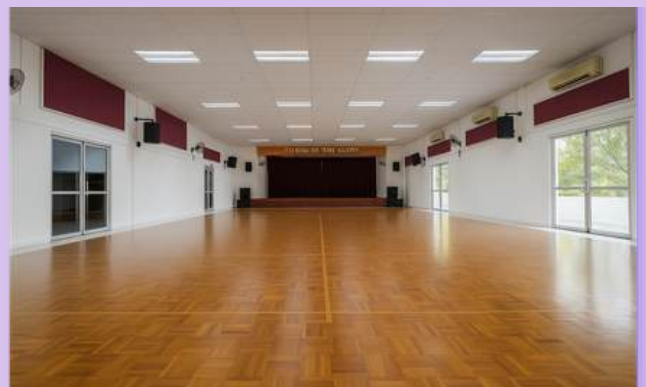
From workshops to weddings, Penang YMCA offers affordable, flexible event spaces for up to 200 guests.

Facilities:

- ✓ 6 Meeting Rooms (2 convertible spaces)
- ✓ Multipurpose Hall for large events (Dewan Tan Sri Lee Kong Chian)
- ✓ Convenient location in George Town
- ✓ Full support from our friendly team

ALL IN ONE PLACE

**Workshops • Seminars • Trainings • Team Building
Meetings • Conferences • Talks • Launch Events
Weddings • Birthdays • Banquets • Family Reunions**



Stay • Play • Celebrate

To Serve,
Not to be Served.



THE **YMCA** OF PENANG

211, JALAN MACALISTER 10450
PULAU PINANG

@ymcapenang

